Section I: Overview of the Connecticut Behavioral Health Partnership (CT BHP)

The Connecticut Behavioral Health Partnership (CT BHP) is composed of the Connecticut Departments of Social Services (DSS), Mental Health and Addiction Services (DMHAS), and Children and Families (DCF). CT BHP contracted with Beacon Health Options, the Administrative Services Organization (ASO), to authorize and coordinate behavioral health services (mental health and substance use disorder services) for HUSKY Health members in Connecticut.

To reach CT BHP:

- Call the Customer Service Department toll free at 877-552-8247.
- Hearing impaired, call 711 Relay Service to be connected to CT BHP.
- Call center is open Monday through Friday from 9 am to 7 pm.
- Clinical Care Managers are available 24 hours a day, 365 days a year for members.
- If you do not speak English, a Customer Service Representative will connect you to a person who is able to speak your language.

Section II: Covered Benefits and Services Administered/Authorized

MENTAL HEALTH AND SUBSTANCE USE DISORDER (BEHAVIORAL HEALTH) SERVICES

Covered benefits and services administered by the Connecticut Behavioral Health Partnership are available to members who are enrolled in HUSKY A, HUSKY B, HUSKY C, HUSKY D, and the Limited Benefit Services program through the Department of Children and Families (DCF). To find out if you or someone you know is eligible for any of these programs:

Call 855-805-4325, 711 Relay Service, or

Visit online: www.accesshealthct.com (quickest way to get a decision).

The following is a sample of covered behavioral health benefits and services. Full descriptions are available in the Appendix at the end of this handbook:

- Psychiatric hospitalization
- Observation
- Inpatient Withdrawal Management (formally known as detoxification)
- Partial Hospitalization Program (PHP)
- Extended Day Treatment (EDT)
- Psychiatric Residential Treatment Facility (PRTF)
- Residential Treatment Center for Children through DCF
- Adult Group Homes through DMHAS
- Child Group Homes through DCF
- Home-based Services for Ages 21 and under
- Case Management for Ages 21 and under
- Outpatient Services
- Intensive Outpatient Services (IOP)
- Electro Convulsive Therapy (ECT)
- Methadone Maintenance

- Medication for Addiction Treatment (MAT)
- Ambulatory Withdrawal Management (formerly known as detoxification)
- Autism Spectrum Disorder Services (ASD)
- Psychological Testing, and
- Home Health Services for Behavioral Health Issues

You do not need a referral to get mental health or substance use disorder services. Here are ways you can find a doctor or clinician:

- Visit our website, http://www.ctbhp.com
- Call the Connecticut Behavioral Health Partnership (CT BHP) at 877-552-8247. Someone will help you find a provider.
- If you are hearing impaired, you can call TTY at 711.

If you have HUSKY A, C or D, you do not have a copay. For HUSKY B, there are copays for non-preventive services. If your child is part of HUSKY B, Band 2, there is a monthly premium.

HUSKY B MENTAL HEALTH AND SUBSTANCE USE DISORDER SERVICES

Services	HUSKY B Pays	Member Pays
Mental Health Inpatient	100%	No сорау
Mental Health Outpatient	100%	No сорау
Inpatient Withdrawal Management (formerly known as detoxification)	100%	No сорау
Substance Use Disorder Outpatient	100%	No copay
Short- and Long-Term Rehabilitation	Covered services include home based and community-based rehabilitation and emergency mobile rehabilitation services.	No copay
Home Health Care	100% Medication administration	No copay

	Excludes: Custodial care, homemaker care or care that may be provided in a medical office, hospital or skilled nursing facility and offered to the member in such setting.	
Residential Services	100% Department of Children & Families (DCF) residential treatment, crisis stabilization, group home, shelter, safe home, foster care, community housing assistance, and transitional living.	No сорау

IMPORTANT CON	TACT INFORMATION FOR HUSKY HEALTH MEMBERS
Mental Health and Substance Use Treatment Services	Connecticut Behavioral Health Partnership. For information, covered services, and finding providers: 877-552-8247 Hearing Impaired: 711 Regular business hours: Mon-Fri 9:00 am to 7:00 pm, Crisis and Inpatient Admissions: 24/7 Website: www.ctbhp.com
	Behavioral Health Recovery Program: HUSKY D Residential and Recovery Support Substance Use Treatment Services
	Advanced Behavioral Health:
	Residential Clinical Services 800-606-3677
	Recovery Support Program: 800-658-4472
Medical Services	Community Health Network of CT. For information, covered services and finding providers: 800-859-9889. Hearing Impaired: 711 Mon-Fri 8:00 am to 6:00 pm Website: www.chnct.org
Dental Services	Dental Health Partnership/BeneCare. For information, covered services and finding dentists: 855-283-3682. Hearing Impaired: 711 Mon-Fri 8:00 am to 5:00 pm Website: www.ctdhp.com
Pharmacy Services	Client Assistance Center. For information: 866-409-8430 or 860-269-2031 Hearing Impaired: 711 Mon-Fri 8:00 am to 5:00 pm Website: www.ctdssmap.com
Transportation to Health Care Appointments	For HUSKY A, HUSKY C & HUSKY D Members, Contact Veyo 855-478-7350 Mon-Fri 7:00 am to 6:00 pm Website: www.ct.ridewithveyo.com
Claims Member Assistance/Bills	Gainwell Technologies – Client Assistance Member Claims/Billing Services: 866-409-8430 Hearing Impaired: 711 Mon-Fri 8:30 am to 5:00 pm Website: www.ctdssmap.com
Vision Services	Community Health Network of CT. For information: 800-859-9889 Hearing Impaired: 711 Mon-Fri 8:00 am to 6:00 pm Website: www.chnct.org
DSS Benefit Center/ConneCT	DSS Benefits Center. For information: 855-626-6632 Hearing Impaired: 800-842-4524 or 711 to apply for HUSKY D and for all DSS benefits including SNAP, TFA, Cash, State Supplement, Medicare Savings, Refugee Assistance, HUSKY C application, renew & report changes to personal information and interviews. Mon-Fri 7:30 am to 4:00 pm Website: www.connect.ct.gov
DMHAS	Department of Mental Health and Addiction Services: 860-418-7000 Hearing Impaired: 711 Website: www.ct.gov/dmhas

Department of Developmental Services Information: 866-737-0330 Hearing Impaired: 711 Mon-Fri 8:00 am to 5:00 pm Website: www.ct.gov/dds
State Department of Education: 860-713-6910: https://portal.ct.gov/SDE Bureau of Special Education: https://portal.ct.gov/SDE/Services/Special- Education
Customer Assistance: 800-633-4227 Hearing Impaired: 711 Website: www.medicare.com
Social Security Administration Customer Assistance: 800-772-1213 Hearing Impaired: 711 Website: www.socialsecurity.gov
Spend-down amount, expenses, expenses received & applied: 877-858-7012 Hearing Impaired: 711 Mon-Fri 8:30 am to 5:00 pm
Department of Children & Families Careline: 800-842-2288 Hearing Impaired: 711 Website: www.ct.gov/DCF
Access Health CT for eligibility questions, apply, renew or report changes for HUSKY A, B, and D: 855-805-4325. Hearing Impaired: 711 Mon-Fri 8:00 am to 4:00 pm (Hours extended during open enrollment) Website: www.accesshealthct.com
ConneCT MyAccount Password resets Mon-Fri 8:30 am to 5:00 pm 877-874-1612 Hearing Impaired: 711 Website: www.ct.gov/dss
For SNAP, Temporary Family Assistance and other cash assistance 24 hours/day, 7 days a week: 888-838-2666 Hearing Impaired: 711 Website: www.ct.gov/dss/ebt
Information Center: 844-503-6871 Hearing Impaired: 711 Mon-Fri 8:00 am to 5:00 pm Website: www.ct.gov/dss
For HUSKY B and Med-ConneCT premium billing related questions Mon-Fri 8:30 am to 5:00 pm: 1-800-656-6684 Hearing Impaired: 711
Online www.ct.gov/dss/myaccountlogin when you have an on-line account or completing the form and mailing or going to DSS regional offices.

To learn more about the CT BHP, go to: www.ctbhp.com.

HUSKY A, C & D Covered	HUSKY A, C & D	*Is Prior	HUSKY
Service	Limitations	Authorization	Providers
		Required?	Who Offer This
			Care
			care
Behavioral Health (Mental He	alth and Substance Use Disord	ler Treatment)	
For more information: Contact 1.877.552.8247	Connecticut Behavioral Health	Partnership at www.c	tbhp.com or
• Emergency	In-state: Covered at a	No	Hospital
Services	Hospital or Urgent Care		emergency
	Provider.		department within the US or US
	Out-of-state: Not covered		territories
	unless visit is medically		
	necessary AND the provider enrolls in HUSKY.		
	Out-of-country: Emergency services are not covered		
	when received outside of		
	the U.S. or U.S. territories.		
Outpatient Services	Covered when medically	No	Outpatient
for Mental Health	necessary		hospital, clinic, or
and/or Substance Use Disorder			independent practitioner
Treatment		PA Required for	practitioner
		Initial Evaluation Only	
		•	
Intensive Outpatient	Covered when medically necessary	Yes	Outpatient hospital, or clinic
Program, Partial	necessary		Hospital, of clinic
Hospitalization Programs, and			
Extended Day			
Treatment Case Management	Covered when medically	Yes, for more than	Outpatient
• Case Management	necessary for individuals 18	12 sessions in a	hospital, clinic or
	and under	year	independent

	HUSKY(A) 21 and under		practitioner
Pharmacy • Spravato	Covered when medically necessary	Yes	Outpatient hospital or clinic
Electroconvulsive Therapy	Covered when medically necessary	No – effective 1/1/21	Medical Doctor or Hospital/Facility who performs Electroconvulsive Therapy
Transcranial magnetic stimulation (TMS)	Covered when medically necessary for the treatment of depression	No	Medical Doctor or Hospital/Facility that performs TMS
Methadone Maintenance	Covered when medically necessary	Yes	Methadone Maintenance Clinic
HUSKY A, C & D Covered Service	HUSKY A, C & D Limitations	*Is Prior Authorization Required?	HUSKY Providers Who Offer This Care
	•	Authorization Required? Yes,	Providers Who Offer This
Ambulatory Withdrawal Management (formerly known as	Covered when medically necessary, limit of 90 sessions per episode of	Authorization Required?	Providers Who Offer This Care Alcohol & Drug
Ambulatory Withdrawal Management (formerly known as detoxification) Psychological and Neuropsychological	Covered when medically necessary, limit of 90 sessions per episode of care Covered when medically	Authorization Required? Yes,	Providers Who Offer This Care Alcohol & Drug Treatment Center Outpatient hospital, clinic or independent

Use Disorder	64 years old for State		Psychiatric
Treatment (Includes	Inpatient		Hospital
State Inpatient			
Hospital, Inpatient Hospital, Inpatient -			
Withdrawal	Crisis stabilization up to age		
Management	21		
(formerly known as	21		
detoxification)			
Hospital, Crisis			
Stabilization Bed) Inpatient	Covered when medically	Yes	Alcohol & Drug
Inpatient Withdrawal	necessary in state,	162	Treatment Center
Management	exception out of state in a		Treatment Center
(formerly known as	facility with more than 16		
detoxification)	beds for 21-64 years olds		
Freestanding	beds for 21-04 years olds		
Residential	Covered when medically		Alcohol & Drug
Rehabilitation	necessary for HUSKY		Treatment Center
	A/Family Single only		
	HUSKY D must contact		
	Advanced Behavioral Health		
	(800-606-3677) for approval		
Intermediate	Covered when medically	Yes – St Vincent's	General Hospital
Duration Acute	necessary for those over 18	Medical Center	 Psychiatric Unit
Psychiatric	years old. Requires	only	or Psychiatric
Inpatient	DMHAS prior approval		Hospital
PRTF-Psychiatric	Covered when medically	Yes	Psychiatric
Residential	necessary for those up to 21	100	Residential
Treatment			Treatment Facility
			, and the second
Residential	DCF or Voluntary	Yes	Child Residential
Treatment (Includes	Involvement Only – up to		Treatment
Residential and Group Homes)	age 21 only		Facilities and
Group nomes)			Group Homes
HUSKY A, C & D Covered	HUSKY A, C & D	*Is Prior	HUSKY
Service	Limitations	Authorization	Providers
		Required?	Who Offer This
			Care
			Jaie
Home Based Services	Home based behavioral	Yes	Outpatient Clinics
HOADO MOT	health services covered for		
IICAPS, MST, MDET EET	those up to age 21		
MDFT, FFT			

Autism Spectrum Disorder Services Diagnostic Evaluation Behavioral Assessment Service Delivery (ABA in home) ASD Groups	Covered when medically necessary for those up to age 21	Yes	Outpatient hospital, clinic, or independent practitioner
Home Health Care			
 Skilled Nursing Visits 	Covered when medically necessary	Yes for more than two nursing visits per calendar weeks	Home Health Care Agency
Home Health Aide services	Covered when medically necessary. Custodial or homemaker/companion services are not covered.	Yes for more than 14 hours/week	
 Early and Periodic Screening, Diagnostic and Treatment (EPSDT) 	All EPSDT services require a single case agreement for those up to age 21	Yes	Outpatient hospital, clinic, or independent practitioner

HUSKY B Covered Services	HUSKY B Limitations	*Is Prior Authorization Required?	HUSKY Providers Who Offer This Care
Behavioral Health (Mental Health a	and Substance Use Disorder	Treatment)	
For more information: Contact Conr 1.877.552.8247			
 Emergency Services 	In-state: Covered at a	No	Hospital
	Hospital or Urgent		emergency
	Care		department
			within the U.S. or
	Provider.		U.S. territories
	Out-of-state: Not		
	covered unless visit is		

	medically necessary AND the provider enrolls in HUSKY. Out-of-country: Emergency services are not covered when received outside of the U.S. or U.S. territories.		
Outpatient Services for Mental Health and/or Substance Use Disorder Treatment	Covered when medically necessary .	PA Required for Initial Evaluation only	Outpatient hospital, clinic, or independent practitioner
 Intensive Outpatient Program, Partial Hospitalization Programs, and Extended Day Treatment 	Covered when medically necessary	Yes	Outpatient hospital, or clinic
Case Management	Covered when medically necessary for individuals 18 and under	Yes for more than 12 sessions in a year	Outpatient hospital, clinic or independent practitioner
Pharmacy • Spravato	Covered when medically necessary	Yes	Outpatient hospital or clinic
Electroconvulsive Therapy	Covered when medically necessary	No – effective 1/1/21	Medical Doctor or Hospital/Facility who performs Electroconvulsive Therapy
Transcranial magnetic stimulation (TMS)	Covered when medically necessary for the treatment of depression	No	Medical Doctor or Hospital/Facility who performs TMS
Methadone Maintenance	Covered when medically necessary	Yes	Methadone Maintenance Clinic

•	Ambulatory Withdrawal Management (formerly known as detoxification)	Covered when medically necessary, limit of 90 sessions per episode of care	Yes	Alcohol & Drug Treatment Center
•	Psychological and Neuropsychological Testing	Covered when medically necessary	Yes	Outpatient hospital, clinic or independent practitioner
•	Observation Services		No	General Hospital- Psychiatric Unit or Psychiatric Hospital
•	Inpatient Services for Mental Health and/or Substance Use Disorder Treatment (Includes State Inpatient Hospital, Inpatient Hospital, Inpatient Withdrawal Management (formerly known as detoxification) -Hospital, Crisis Stabilization Bed)	Covered when medically necessary	Yes	General Hospital- Psychiatric Unit or Psychiatric Hospital
	HUSKY B Covered Services	HUSKY B Limitations	*Is Prior Authorization Required?	HUSKY Providers Who Offer This Care
•	Inpatient Services for Substance Use Disorder Treatment (Includes Inpatient Withdrawal Management (formerly known as detoxification)-Freestanding and Residential Rehabilitation)	HUSKY B Limitations Covered when medically necessary	Authorization	Providers Who Offer This
•	Inpatient Services for Substance Use Disorder Treatment (Includes Inpatient Withdrawal Management (formerly known as detoxification)- Freestanding and	Covered when	Authorization Required?	Providers Who Offer This Care Alcohol & Drug Treatment

Home Based Services • IICAPS, MST, MDFT, FFT	Home based behavioral health services covered for those up to age 21	Yes	Outpatient Clinics
Home Health Care			
Skilled Nursing Visits	Covered when medically necessary	Yes for more than two nursing visits per calendar weeks	Home Health Care Agency
Home Health Aide services	Covered when medically necessary. Custodial or homemaker/companion services are not covered.	Yes for more than 14 hours/week	
Early and Periodic Screening, Diagnostic and Treatment (EPSDT)	All EPSDT services require a single case agreement for those up to age 21	Yes	Outpatient hospital, clinic, or independent practitioner

PEER BASED SERVICES

Peer Specialists are an important part of the care continuum. They provide hope that recovery is possible. Studies show talking to a person who has had similar experiences can be helpful to individuals on their path to recovery. Peer Specialists are highly trained and certified adults with lived experience from a behavioral health (mental health and/or substance use disorder) who provides education, outreach, and other types of services to HUSKY enrolled individuals. They support engagement in treatment, help navigate the service system, and assist individuals with identifying natural supports. Peer Specialists may also be parents of children who have experience with the children's behavioral health system and provide supports to parents or guardians with connecting their children with resources. Beacon Health Options maintains an extensive training program in coordination with advocacy agencies to build additional leadership and mentoring skills among the Peer Specialist staff.

GOALS OF THE PEER SPECIALIST TEAM

- Provide training and assistance for behavioral health (mental health and/or substance use disorder)
- Improve treatment outcomes by empowering individuals with improving treatment engagement
- Normalize the recovery process for individuals and families

- Provide support navigating the treatment and community support systems
- Support a community of non-traditional services
- Lend their voice to the recovery network in Connecticut
- Reduce stigma of experiencing behavioral health (mental health and/or substance use disorder)

THE ROLE OF THE PEER SPECIALIST

- Provide support and encouragement from the perspective of someone who has lived with a similar experience
- Encourage individuals to focus on their strengths and abilities for long range health and wellness
- Promote skill development and support individuals in achieving their recovery goals
- Support active participation in the treatment process
- Support members by sharing their recovery journey and acting as a mentor
- Provide a safe environment for the individual to practice behaviors that will support their recovery
- Support the individual's goals and their self-directed recovery journey
- Support families with maintaining children in their homes
- Promote recovery and resiliency by providing outreach services while serving as a role model/mentor
- Support children and families who need assistance in accessing services or engaging in treatment
- Coordinate educational efforts for families, schools, faith-based communities, social and medical health care providers and
- Work with community collaborative groups and advocacy agencies to support family and community-based resources that are culturally competent, and which embrace and promote the principles of recovery and resiliency

RECOVERY AND RESILIENCY

The ASO includes Peer Specialists in an array of services offered directly to, or on behalf of, HUSKY Health members. They are embedded within the CT BHP and ensure recovery and resiliency are not only supported, but encouraged, from outreach to outcomes. Peer Specialists understand that there are multiple pathways to recovery.

PHYSICAL HEALTH

HUSKY Health members receive general medical care through Community Health Network of Connecticut (CHN CT). CHN CT is the Administrative Services Organization (ASO) responsible for physical health services, primary care & preventive services, hospital medical emergency services, as well as supplemental services such as laboratory, radiology, and durable medical equipment as needed for all HUSKY Health members. For more information, contact CHN CT Customer Service at 855-805-4325 or visit www.accesshealthct.com

NON-EMERGENCY MEDICAL TRANSPORTATION

 HUSKY A, HUSKY C, and HUSKY D members may contact Veyo at: 855-478-7350 to learn how to schedule non-emergency transportation rides to and from medical, dental, and mental health

- appointments. Appointments need to be scheduled two days ahead. Members can also make a reservation on-line at www.ct.ridewithveyo.
- HUSKY B members are not covered for non-emergency transportation.

If you are having a problem getting a ride to your appointment after calling the transportation company, please call the CT BHP Member Service line at 877-552-8247.

Visit their website at https://ct.ridewithveyo.com/

DENTAL HEALTH

The Connecticut Dental Health Partnership (CTDHP) is part of the HUSKY Health program. Specifically, the CTDHP provides management and customer service for the dental benefits portion of HUSKY Health. Orthodontic services are provided only to members under age 21.

The CTDHP will help eligible members locate a participating network dentist or dental specialist, provide appointment scheduling assistance for families, offer translation assistance, and help with the coordination of transportation to and from dental appointments, including locating a dental office that will work with individuals with special healthcare needs or require Americans with Disabilities Act accommodations. For more information, contact the CTDHP Customer Service Representatives at 1-866-420-2924 or visit www.ctdhp.com.

TRAVELING OUT OF STATE

If you are traveling out of state and you and/or your child need mental health or substance use services, call the CT BHP at 877-552-8247 for help in finding the right provider. However, in an emergency, call 911 or go to the nearest hospital.

WHAT IF YOU GET A BILL?

If you get a bill for services, call the Connecticut Medical Assistance Program's Client Assistance Center at 866-409-8430 for someone to help research it for you. Gainwell Technologies processes the claims for health care visits for HUSKY Health. You can also remind your provider that they will need to bill Gainwell Technologies.

Note: If you are a Limited Benefit Program recipient and you get a bill for the service provided under the Limited Benefit Program after January 1, 2006, you can remind your provider to bill your primary insurance company first. If the insurance company denies payment and you receive a bill, you can remind the Provider to bill Gainwell Technologies. You can also contact us at 877-552-8247 and we will be happy to assist you in resolving the matter.

WHAT IF YOU WANT A SECOND OPINION?

You can get a second opinion about your care or diagnosis from a different CT BHP provider. You can see another provider when:

- You don't agree with your doctor or therapist, or
- You want to get a second opinion about a treatment your doctor or therapist has prescribed.

You can ask your current provider for a referral to another CT BHP provider, or you can call the Customer Service Line at 877-552-8247 to obtain one.

PHARMACY AND MEDICATIONS

If your behavioral health provider prescribes medications for you, the medications should be covered if you are part of HUSKY A, C or D. For HUSKY B medications please see below:

Services	HUSKY B pays	Member pays
Medication	Balance after \$5 copay on generics and prescribed over-the-counter (OTC)	\$5 copay on generics and prescribed OTC
	Balance after \$10 copay on brand-name and prescribed OTC	\$10 copay on brand- name and prescribed OTC

Prescribers must be enrolled in the CT Medical Assistance Program (CMAP). If you have any questions about pharmacy coverage or you need help with medication refills while out of state, please call Pharmacy Services at 866-409-8430.