

Below are links to external resources for additional information on COVID-19.

### Global Resources

- WHO: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019>
- Johns Hopkins (CSSE):  
<https://gisanddata.maps.arcgis.com/apps/opsdashboard/index.html#/bda7594740fd40299423467b48e9ecf6>

### National Resources

- CDC: [www.cdc.gov/coronavirus/2019-ncov/index.html](http://www.cdc.gov/coronavirus/2019-ncov/index.html)
- SAMHSA: [www.samhsa.gov/coronavirus](http://www.samhsa.gov/coronavirus)
- 211: [211.org](http://211.org)
- LitCOVID: [www.ncbi.nlm.nih.gov/research/coronavirus/](http://www.ncbi.nlm.nih.gov/research/coronavirus/)

### State Specific Resources

#### Links to state specific departments of health

- [www.usnews.com/news/best-states/articles/state-coronavirus-resources](http://www.usnews.com/news/best-states/articles/state-coronavirus-resources)

### For Providers

- University of Washington: [www.covid-19.uwmedicine.org/Pages/default.aspx](http://www.covid-19.uwmedicine.org/Pages/default.aspx)
- American Psychiatry Association (APA): [www.psychiatry.org/psychiatrists/covid-19-coronavirus](http://www.psychiatry.org/psychiatrists/covid-19-coronavirus)

### Mental Health and Support Resources

- [NAMI](#): Raises awareness and provides support and education to those affected by mental illness
- [Support Groups Central](#): Group video meetings led by trained facilitators
- [Support Groups](#): A social support network with more than 220 condition-specific groups
- [Mental Health America](#): Specialized support group resources and tips for finding the right group for you
- [For Like Minds](#): Connect with others who are living with or supporting someone who lives with mental illness, substance use, or a stressful life event

### For Caregivers of Children

- [childmind.org](http://childmind.org): Talking to Kids About the Coronavirus (Tips from the Child Mind Institute on talking to kids about coronavirus in a reassuring way)
- [nesca-newton.com](http://nesca-newton.com): Making the Most of COVID-19 School Closures (Tips on creating normalcy and routine for students at home due to school closures)
- [Kahnacademy.org](http://Kahnacademy.org): A free resource for parents/kids for ongoing education

### Hotlines

- The Disaster Distress Helpline: 1-800-985-5990
- National Suicide Prevention Lifeline: 1-800-273-8255