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The Passing of the Baton

It is with very mixed emotions that we announce Lori Szczygiel will be transitioning from Chief Executive Officer of ValueOptions, Connecticut to Senior Vice President of ValueOptions' Public Sector Sales and Development. Lori has worked tirelessly for the past eight years and under her leadership, we have achieved so many positive outcomes, such as significantly reducing the psychiatric inpatient length of stay for children statewide, while increasing access to appropriate behavioral health services. The difficult decision to transition to her new role has been tempered by some wonderful realities.



The Partnership will continue to excel in the very capable hands of Knute Rotto as the new ValueOptions, Connecticut CEO. Knute brings years of experience in the behavioral health field as a provider, an administrator, an advocate and an executive. He has an impressive resume, including many years running and growing a large non-profit operation supporting the Medicaid population.

Our leadership team remains strong and accomplished, representing literally decades of expertise working with providers, individuals and many stakeholders to shape the state's behavioral health system. Change has served us well in the past and we are confident that it will serve us in the future. Please join us in congratulating Lori on her new position and welcoming Knute to ValueOptions, who will join our team in May.

Five and Ten

DSM V: At their annual meeting in May 2013, the American Psychiatric Association (APA) released the new DSM-5. This was the first update in almost 20 years since DSM-IV was released. On January 1, 2014 the ProviderConnect application allowed providers to begin utilizing the new DSM-5 by entering any behavioral diagnosis under the existing Axis I field.

ValueOptions intends to move toward the complete redesign of the ProviderConnect diagnosis screens in the second quarter of 2014. At that time screens will be modified to more closely mirror the new DSM-5 and additional information & training will be provided to users of the Connect systems.

ICD-10: ValueOptions, along with numerous other health plans, facilities and practices across the country, were in the process of making changes to comply with the 10th modification to (ICD) codes.

On April 1, 2014, the President signed into law, legislation passed by the House and Senate delaying ICD-10 until 2015. Centers for Medicare and Medicaid Services (CMS) has not made an official announcement as to the new 2015 compliance date. Once an official ruling is announced by CMS, ValueOptions will update providers on the ICD-10 timeline to reflect the new compliance date.

Additionally, we will continue to update providers on this initiative through our provider newsletter, website and email communications.



Achieve Solutions

Achieve Solutions is an award winning, online library of information about behavioral health care. This site offers behavioral health information in a convenient, confidential manner with interactive tools and other resources to help individuals and family members resolve personal concerns. The site features materials in both English and Spanish.

Achieve Solutions includes more than 3,000 feature articles across more than 200 topics and it partners with experts to develop articles, quizzes and trainings. Our partners include Harvard University, McLean Hospital, the University of Kansas School of Medicine, and Boston College Center for Work & Family. Content is reviewed and refreshed on a regular basis. A link to Achieve Solutions can be found on the CT BHP website: www.ctbhp.com.

Providers have found the Achieve Solutions online library to be a valuable source of material to share with their members and families. Members can also access the web site themselves.

ProviderConnect Webinar Training Series

Are you new to the Medicaid network? Do you or someone at your office need training on how to obtain online authorizations? The CT BHP has developed a monthly webinar training program to help you get all the answers you need. Each 90-minute webinar will teach you how to:

- Obtain a Login ID
- Navigate through the basic functions on the ProviderConnect homepage
- Complete an Outpatient Registration
- Save and Open Authorization Requests as Drafts
- Locate and Review Authorization Letters

Select one of the links below to register for one of our webinar trainings.

| | | |
|--------|---------------|---|
| May 8 | 12:00- 1:30pm | https://www2.gotomeeting.com/register/319916818 |
| Jun 5 | 3:00- 4:30pm | https://www2.gotomeeting.com/register/416207282 |
| Jul 10 | 9:00- 10:30am | https://www2.gotomeeting.com/register/479797370 |

Stamp Out Stigma

Stamp Out Stigma is an initiative to ensure we remove stigma as a barrier to people seeking the care they need to recover. This initiative commits us all to recognize the high prevalence of mental illness and to reeducate ourselves, friends and family on the truths of mental illness. When we do this, we reduce the stigma. This campaign reminds each of us that we can help transform the dialog on mental health from a whisper to a conversation. These diagnoses are more prevalent than heart disease, diabetes, arthritis, migraines, osteoporosis, and asthma, yet misconception and misinformation have left many ashamed to talk about their experiences and many others afraid to seek help.



As ValueOptions continues in its mission to remove the stigma surrounding mental illness, we urge our providers to join us in developing their own **Stamp Out Stigma (S.O.S.)** campaign within their office or facility. To assist in this endeavor, we encourage providers to refer to our provider toolkit available on the national website.

Get more information by visiting: <http://valueoptions.com/providers/stampoutstigma/>



Remembering Mental Health Advocate Robert E. Davidson

The man who served for 14 years as the voice for the agency that calls itself, "the citizen's voice in mental health policy" in eastern Connecticut died Monday March 17th after a months-long battle with brain cancer.

Davidson served as executive director of the Eastern Regional Mental Health Board Inc. from 1999 to his retirement in December due to his illness. With a doctorate in sociology from the University of Chicago in 1980, Davidson had a lifelong career advocating equally for services and respect for people with mental illness both in the Midwest and in Connecticut. He was past president of the Connecticut chapter of the National Alliance on Mental Illness, was a board member of the Disabilities Network of Eastern Connecticut, Bethsaida Inc., and served for a time as chairman of the Norwich Community Care Team and the Mental Health Action Team. He served on several other advocacy organizations throughout the region. **Credit: Published Article on 3/19/2014 from The Day Connecticut**



<http://www.theday.com/article/20140319/NWS01/303199936/-1/nws>

The CT BHP Walks to Support NAMI

The NAMIWalks for the Mind of America is an annual nationwide mental health awareness program to fund the National Alliance on Mental Illness' education, support and advocacy programs.

ValueOptions CT has actively participated in the CT NAMIWalks since 2006. This year on Saturday, May 17th, in Bushnell Park in Harford, our walking team will include family, friends and even dogs under the moniker "CT BHP Cares."

Every year, there are nearly 80 NAMIWalks held nationwide in order to improve awareness of mental illness and the severity of issues associated with it, assist with educating the community and raise money to continue to support NAMI affiliates and community members in need. To find out more about how to get involved with your local NAMI chapter, visit the NAMI website: www.nami.org click on the *Find Your Local NAMI* link.

NAMI is proud to be the largest and most successful mental health awareness and fundraising event in America! Through NAMIWalks' public, active display of support for people affected by mental illness, they are changing how Americans view persons with a mental illness.



Find a Provider, On-line!

CT BHP's online provider directory, Referral-Connect, offers help in finding participating behavioral health providers in the CT BHP network. The directory can narrow your search to select providers with a specific expertise, service, or program. The directory is updated regularly to provide the most up to date information on the CT BHP provider network. The online directory can be accessed on the CT BHP website: www.ctbhp.com by clicking on 'Find A Provider' on the Provider or Member homepages. If providers or members are unable to find a provider that matches their needs or are looking for resources that cover specialized needs, they can contact the CT BHP directly by calling 1-877-552-8247 and speak with a Customer Service Representative.

NOTE: Providers can update their profile by contacting the Provider Relations Department at the number above or via the Provider Relations email: ctbhp@valueoptions.com.



500 Enterprise Dr. \ Suite 4D
Rocky Hill, CT 06067

Place Proper
Postage
Here

TO: _____

CT BEHAVIORAL PARTNERSHIP - PROVIDER NEWSLETTER



YOU'VE GOT MAIL!

The Provider Relations Department of The CT Behavioral Health Partnership maintains a CT BHP Provider email distribution list for rapid notification of policy changes, procedures, Provider Alerts, HP Provider Bulletins, news, upcoming trainings and events. If you or a member of your staff is currently not a part of this distribution list, please email us at ctbhp@valueoptions.com.



Website: www.ctbhp.com

Phone: 1-877-552-8247 or 1-877-55 CTBHP

Bulletin Rewind

The CT BHP wants to take this opportunity to keep providers informed of recent communications, which include: alerts, bulletins and policy changes. With such a varied and robust network of providers, it is always a challenge to ensure that each provider is made aware of any and all updates.

Bulletin Rewind is a continuing feature of Partnership in Print and highlights recent provider alerts and notices. You may view each document by clicking on the appropriate header. All other Alerts and Notices can also be found on the CT BHP website at www.ctbhp.com.

Provider Bulletin 2014-10 (February)

To: Hospitals and Psychiatric Hospitals
Subj: Prior Authorization for Alcohol Withdrawal Delirium

Provider Notice 2014-01 (February)

To: CMAP Hospital and Detoxification Providers
Subj: Reminder of Detox Precertification Requirements

Provider Bulletin 2014-06 (January)

To: Outpatient Hospital Providers
Subj: Revenue Center Codes (RCC) Requiring a Valid CPT or HCPCS Procedure Code on Outpatient Claims

Provider Bulletin 2014-01 (January)

To: CT BHP Providers
Subj: Newly Eligible Clients under the Affordable Care Act

A full listing of all CT BHP Bulletins and Provider Alerts can be located on the CT BHP website: www.ctbhp.com

