

PROVIDER ALERT

Alert #: PA-2015-08
ISSUED: September 1, 2015
TO: (SFIT) Congregate Care Providers
SUBJECT: Transition of SFIT (Short Term Family Integrated Treatment Program) to CT BHP

Dear Provider,

On September 1, 2015, the CT BHP will begin managing the Short-term Family Integrated Treatment (SFIT) beds. The S-FIT service is a brief, 1-15 day residential treatment option providing stabilization and assessment for DCF involved youth experiencing an immediate behavioral health crisis that precludes them from remaining in their existing placement. Rapid crisis resolution and transition back into the home environment is the focus of this service. As such, the primary goals of the program are to: stabilize the youth and family (adoptive, biological, foster, kin, relative) and their extended social system; assess strengths and needs; identify/mobilize community resources; and coordinate services to ensure rapid reintegration into the home. S-FIT serves as an alternative to *unnecessary* emergency department visits, psychiatric hospitalization and higher levels of care and is designed to prevent placement disruptions. The focus of the intervention is on addressing the immediate source of the youth's behavioral dyscontrol while providing targeted assistance to caregivers that will allow them to resume caring for the child safely in the home environment.

S-FIT may also serve as a brief, temporary structured respite placement ranging from one to several hours on a daily basis for youth with behavioral health challenges who are in immediate need of a safe, therapeutically informed placement while alternative plans are made for a more permanent living arrangement.

The workflow for the SFIT process **effective September 1st, 2015** is as follows:

1. User (DCF Area Office) enters the ClientConnect system application via logon and password and completes a SWETP CANS.

- When a SFIT referral is needed, the DCF Area Office User will select YES for “Is this a SWETP referral?” from the Registration tab of the CANS. This will trigger the required fields that need to be completed on the Registration form.

The screenshot shows a web interface for the CANS (Connecticut Assessment and Needs System) Registration form. At the top, there is a navigation bar with several tabs: REGISTRATION (selected), CANS:MEMBER DEMOGRAPHICS, CANS:LIFE DOMAIN FUNCTIONING, CANS:SCHOOL, CANS:STRENGTHS AND NEEDS, and CANS:BEHAVIORAL/EMOTIONAL NEEDS AND RISKS. Below the navigation bar, there is a section titled "Registration" with a blue header. Under this header, there are two dropdown menus: "*Referring Party" (set to "DCF AREA OFFICE") and "*Geographic Area" (set to "SELECT..."). Below these are two radio button questions: "Is this a SWETP referral?" (with "Yes" selected and "No" unselected) and "Are supplemental clinicals expected?" (with "Yes" unselected and "No" selected). The "Is this a SWETP referral?" question is highlighted with a red rectangular box.

- The CT BHP Clinical Liaison retrieves the on-line SWETP Referral. The information is processed by the CT BHP Residential staff utilizing LOC criteria developed by DCF.
- The CT BHP will notify the SFIT Provider of the referral and match via email.
- Admissions should be called in immediately to the CT BHP (877-552-8247) after placement unless it occurs afterhours or on weekends. (In those instances, the next business day is adequate). Initial authorizations for SFIT will be 5 days.
- At this time concurrent reviews will be called into the CT BHP (877-552-8247) and continued authorization will be based on the clinical need at that time. Eventually these reviews will be moved to the web via ProviderConnect. This will be determined at a later date.
- Discharges need to be called into the CT BHP within 24 hours.

If you have any questions or comments, please feel free to contact the CT BHP Provider Relations Department at 1-877-552-8247.

Thank you,

Provider Relations Department
Connecticut Behavioral Health Partnership