
PROVIDER ALERT

Alert#: PA 2010-07
Issued: March 2010
TO: CT BHP Adult/Child/Adolescent Intensive Outpatient Providers
SUBJECT: CT BHP Bypass Program

Dear Provider,

The CT BHP is pleased to announce that we are in the final stages of developing a Bypass Program for Child/Adolescent/Adult Intensive Outpatient Programs (IOP). The benefit of a Bypass Program is that it will provide administrative relief to providers by authorizing care for longer periods of time, thus decreasing the number of concurrent reviews required for a stay. Initially, the Bypass Program will be used for those IOP programs where there is little variation in average length of stay (ALOS) and/or units used with no concerns relative to quality of care or corrective action. The following describes an abridged listing of criteria and methodology being proposed for this program.

Eligibility for the Bypass Program for Adult/Child/Adolescent Intensive Outpatient Program services would be based upon:

- Demonstrated willingness and ability to work with the CT BHP to manage program length of stay;
- An average length of stay (ALOS) and/or units used that is no greater than the annually determined number of standard deviations from the statewide average;
- Treatment of an annually determined minimum volume of members during the previous calendar year;
- Verification that the provider has no current quality improvement or corrective action plans related to quality of care involving the targeted program/s.

Proposed eligibility criteria and length of initial authorization for adult/child/adolescent IOP participants in 2010 program:

All decisions regarding participation in the adult/child/adolescent IOP services Bypass Program will be based upon authorization data for calendar year 2009 (Q1 '09 through Q4 '09). Programs with:

1. An ALOS that falls within 1.0 Standard Deviations (SD) of the state-wide ALOS and/or units used for the Child/Adolescent programs and .25 Standard Deviations for the Adult and Substance Abuse Programs
2. Have treated a minimum of 20 members during calendar year 2009, and
3. Have no current quality improvement or corrective action plan related to quality of care associated with the targeted child/adolescent inpatient units treating CT BHP members, and
4. Agreement from facility to call CT BHP with discharge information.

IOP programs that meet these qualifications would receive an initial authorization of 30 units within an eight (8) week time frame.

The programs will be outreached directly by the CT BHP in the coming weeks and will be given additional information and a complete listing of the criteria and determination of participation for this Bypass program. The anticipated start date for this program is 4/5/10.

Sincerely,

Provider Relations
Connecticut Behavioral Health Partnership