

## **HUSKY Health Families Seeking Solutions!**



“I attend the monthly Consumer and Family meetings as a parent because I am able to share my concerns, or those of families in my community. I can then work with the committee to find the resolution to move forward. Families, consumers, and youth are shown respect, understanding, and consideration here.

Everyone is a full partner working to find solutions to behavioral health care problems. Everyone is welcome. “

- A family member

## **Adult Consumers Embracing Recovery**

“As an adult person in recovery to find a table where I am welcome and encouraged to speak about recovery is a wonderful feeling. This table allows me to hear about new treatment and recovery programs that might help me or someone I know. Also if the discussion happens to be on what happens to a person in recovery, and what struggles do they face, I feel comfortable sharing my personal story. I would have no problem inviting others to speak if I was asked to bring someone else to talk about their recovery. I do know people in recovery are not always willing to share their story because they do not know how they will be received. I find this table to be non-judgmental toward people in recovery. I have 35 years clean and sober. We cannot change the stigma attached to recovery by being silent. You are needed to spread the word of hope. Please join us!”

- Adult Consumer



**Welcome!**

**Consumer & Family Advisory  
Council (Beacon)**

**ENGAGEMENT**

**INTEGRITY**

**INNOVATION**

**A place where your voice is  
heard**

**and**

**YOUR IDEAS ARE RESPECTED!**

**Consumer & Family Advisory Council  
(Beacon) meetings are every 2nd  
Thursday of the month, 10AM-12PM, at  
the CT BHP office  
500 Enterprise Drive , Suite 3D, Rocky  
Hill, CT 06067**

**For more information please visit the  
website at [www.ctbhp.com](http://www.ctbhp.com)**

## Consumer and Family Partners in Innovation



The Consumer and Family Advisory Council (CFAC) is consumer and family driven. We advise Beacon Health Options' Senior Management Team about:

- ◆ Concerns and needs related to HUSKY Health covered (behavioral health) mental health and addiction services.
- Input on program and quality initiatives of the CT Behavioral Health Partnership.

## Consumer and Family Advisory Council (CFAC)



The Consumer and Family Advisory Council works to improve communication between providers, individuals, families, agencies and communities regarding the service delivery that will result in more positive and meaningful outcomes for families. This can only be accomplished when people from the community like you and me, come to the table and voice our concerns and needs. CFAC meetings are open to Connecticut Medicaid HUSKY Health consumers, family members, and community members who are willing to support the mission and vision by attending these monthly meetings.

## Consumer and Family Youth & Young Adults



“I attend these meetings because I would like to obtain information about mental health services and become more enlightened on how I can use these services. Through these meetings I think I can better help myself provide information to other adults about (community) providers and services. I also feel that others my age should know about the things I learn at these meetings.”

- CFAC Youth