



## Questions to Ask Your Doctor

Tell the doctor about your pain. Tell your doctor how the pain affects your life and activities. Don't be shy. Don't wait for the doctor to ask. Take notes or ask if you can record the doctor talking.

If you don't understand something, ask the doctor to say it again or to draw a picture. Ask your doctor to write down anything you need to do so you don't forget.

### Ask About Treatments

- ♦ What can I do to help with the pain?
- ♦ How often can I do this treatment?
- ♦ What other treatments can I try?
- ♦ How much will it cost? Will my insurance cover it?
- ♦ Are there any risks?
- ♦ How will this help me?
- ♦ Are there support groups that might help me?

### Ask About Medicine

- ♦ What are the side effects? What should I watch out for?
- ♦ Is there a form of this medicine that costs less?
- ♦ What should I do if I miss a dose?
- ♦ Are there foods or medicines I should not have while taking this medicine?

### Ask About Tests

- ♦ How is the test done? What should I do before the test?
- ♦ What will the test tell you?
- ♦ How will I find out the results? How long will it take to get the results?
- ♦ If I don't hear anything about my tests, what should I do?
- ♦ Are there any risks or side effects?

