

APPENDIX B

Resources and Services

**Enhanced Care Clinics
Local Mental Health Authorities
CT'S Community Collaboratives for Children & Families**

ENHANCED CARE CLINICS

OVERVIEW

Enhanced Care Clinics (ECC's) are specially designated Connecticut based mental health and substance use clinics that serve adults and/or children. They provide routine outpatient services such as individual therapy, group therapy, family therapy, medication management and other special services for CT BHP members.

ECC's must also be able to meet special requirements starting with access and the ability to see clients in a timely fashion depending on their level of urgency.

Some examples are as follows:

- The capability to see clients with emergent needs within two hours.
- The capability to see clients with urgent needs within two days.
- The capability to see clients with routine needs within two weeks.
- Extended coverage outside of normal business hours.

ECC's also meet other special requirements that include:

- Coordination of Care with PCPs
- Member Services and Support
- Quality of Care
- Cultural Competence

The overall goal of the Enhanced Care Clinics initiative is to provide adults and children who are seeking behavioral health services and supports with improved timeliness of access to behavioral health care as well as improved quality of care.

A complete listing of Enhanced Care Clinics is available under the "For Members" section of the CT BHP website www.ctbhp.com. If you would like a complete list sent to you, feel free to call us toll free at 877-552-8247.

Local Mental Health Authorities

The Department of Mental Health and Addiction Services (DMHAS) operates and/or funds Local Mental Health Authorities (LMHAs) throughout Connecticut. They manage the mental health services within specific geographic regions.

The LMHAs offer a wide range of therapeutic recovery-oriented programs, including employment and supportive housing programs, social clubs, as well as crisis intervention services.

A complete listing of Local Mental Health Authorities is available under the "For Members" section of the CT BHP website www.ctbhp.com. If you would like a complete list sent to you, feel free to call us toll free at 877-552-8247.

CT Community Collaboratives

A local group of health care providers, parents and/or guardians of children with behavioral health needs, and agencies that have organized to develop resources for children or youth with complex behavioral health service needs and their families.

A complete listing of Community Collaboratives is available under the "For Members" section of the CT BHP website www.ctbhp.com or visit www.wrapct.org

If you would like a current complete list sent to you, feel free to call us toll free at 877-552-8247.