

## APPENDIX A

# Member Basic Information Fact Sheet

For your personal use. Feel free to make copies.

### Member Basic Information Fact Sheet

*One Sheet for Every Member in the Household\*\*\*Keep Accessible for Caregivers*

Names of Members in Household	Social Security Number	Date of Birth	Age

Address: \_\_\_\_\_

Phone Number(s): \_\_\_\_\_

**In Case of Emergency Call**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Emergency Mobile Crisis Phone#: \_\_\_\_\_

Police Department Phone#: \_\_\_\_\_

Fire Department Phone#: \_\_\_\_\_

Rescue Ambulance Phone#: \_\_\_\_\_

Poison Control Phone#: \_\_\_\_\_

Physician's Name & Phone #: \_\_\_\_\_

Physician's Name & Phone #: \_\_\_\_\_

Therapist's Name & Phone #: \_\_\_\_\_

Health Insurance/Medicaid Information: \_\_\_\_\_

Behavioral Health Diagnosis: \_\_\_\_\_

Medical Diagnosis: \_\_\_\_\_

Allergies: \_\_\_\_\_

Medications: \_\_\_\_\_

Special Instructions: \_\_\_\_\_

## Wellness and Recovery Crisis Plan:

Crisis Plan	
Provider Name:	
Member ID#:	
Member's Current Phone #:	
Plan Developed By (Include all parties involved in developing crisis/safety plan and contact information):	
Select all applicable options:	
<input type="checkbox"/> Case Manager	<input type="checkbox"/> LHMA
<input type="checkbox"/> CMP	<input type="checkbox"/> Medical Providers
<input type="checkbox"/> Current Inpatient Treater	<input type="checkbox"/> Member
<input type="checkbox"/> Current Outpatient Treater	<input type="checkbox"/> Mobile Crisis Team
<input type="checkbox"/> DDS	<input type="checkbox"/> Partnership/Peer Support
<input type="checkbox"/> ED	<input type="checkbox"/> PRTF
<input type="checkbox"/> EMPS	<input type="checkbox"/> RTC
<input type="checkbox"/> Family	<input type="checkbox"/> School
<input type="checkbox"/> Group Home	<input type="checkbox"/> State Agency
<input type="checkbox"/> ICM/CCM	<input type="checkbox"/> Other
Additional Information: Include formal and informal supports, include contact names/phone #:	
Specify current living arrangement (Document support network, including names, addresses and phone numbers):	
<input type="checkbox"/> Family Home	<input type="checkbox"/> Safe Home
<input type="checkbox"/> Foster Family Home	<input type="checkbox"/> Shelter
<input type="checkbox"/> Group Home	<input type="checkbox"/> Sober Housing
<input type="checkbox"/> Homeless	<input type="checkbox"/> Short-Term Assessment & Respite (STAR)
<input type="checkbox"/> Independent Living	<input type="checkbox"/> Supervised Housing
<input type="checkbox"/> Residential Treatment Center	<input type="checkbox"/> Supportive Housing
<input type="checkbox"/>	<input type="checkbox"/> Other
Additional Information:	
Current Strengths and Functioning (Describe key strengths and needs related to behavioral health, vocational, school, social relationships, daily living skills, natural supports):	

Signs and symptoms of de-compensation:	
Safety Concerns: (Any information either about the member, family or living situation, which should be known when member is in crisis.):	
Select all applicable options	
<input type="checkbox"/> Access to Weapons	<input type="checkbox"/> History of Arrests
<input type="checkbox"/> Current Charges Pending	<input type="checkbox"/> History of Police Interventions
<input type="checkbox"/> Current Parole	<input type="checkbox"/> History of Suicide Attempt(s)
<input type="checkbox"/> History/Current JJ Involvement	<input type="checkbox"/> Substance use
<input type="checkbox"/> History of Homicide Attempt(s)	<input type="checkbox"/> Volatile Home Environment
<input type="checkbox"/>	<input type="checkbox"/> Other
Please Specify:	
Substance use (Past or present substance use issues):	
<input type="checkbox"/> Current Alcohol	<input type="checkbox"/> Past Alcohol
<input type="checkbox"/> Current Marijuana	<input type="checkbox"/> Past Marijuana
<input type="checkbox"/> Current Other Illicit	<input type="checkbox"/> Past Other Illicit
<input type="checkbox"/> Current Prescription Drugs	<input type="checkbox"/> Past Prescription Drugs
<input type="checkbox"/> Family Members with Substance Abuse	<input type="checkbox"/> Other
Please Specify:	
Medical/Special Needs (Any health issue or special needs which should be taken into consideration when intervening with the client. Include medical diagnosis that impact behavioral health/access to treatment/services.)	
Select all applicable options:	
<input type="checkbox"/> Asthma	<input type="checkbox"/> Eating Disorder
<input type="checkbox"/> Autism/PDD Spectrum	<input type="checkbox"/> Hepatitis
<input type="checkbox"/> Brain Injury	<input type="checkbox"/> Hypertension
<input type="checkbox"/> Cirrhosis	<input type="checkbox"/> Obesity
<input type="checkbox"/> Chronic Obstructive Pulmonary Disease COPD	<input type="checkbox"/> Physical Disabilities
<input type="checkbox"/> Congestive Heart Failure (CHF)	<input type="checkbox"/> Post-Partum Depression
<input type="checkbox"/> Coronary Artery Disease (CAD)	<input type="checkbox"/> Pregnancy/High Risk Pregnancy
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Seizure Disorder
<input type="checkbox"/>	<input type="checkbox"/> Other
Please Specify:	

Triggers/Risk Factors ("Red Flags"/Stressors that may trigger a crisis):			
Select all applicable options:			
<input type="checkbox"/>	Change in Schedule	<input type="checkbox"/>	Police/Legal Involvement
<input type="checkbox"/>	Change in Treatment Providers	<input type="checkbox"/>	Recent Loss/Trauma
<input type="checkbox"/>	Criticizing/Scolding	<input type="checkbox"/>	Rejection
<input type="checkbox"/>	Family Interaction	<input type="checkbox"/>	School/Work Difficulty
<input type="checkbox"/>	Over-stimulating Environment	<input type="checkbox"/>	Substance use
<input type="checkbox"/>	Peer Conflict	<input type="checkbox"/>	Other
Additional Information:			
Reactive Crisis Planning (Interventions/steps successfully utilized in the past to resolve crisis; using member's strengths and support systems)			
Additional Information (list specific steps/interventions successful in the past):			
Proactive Crisis Plan of Action (Steps/Interventions to prevent Crisis; inclusive of member's strengths and natural supports to avert crisis):			
Please specify specific steps to take to prevent crisis (i.e. call EMPS, Mobile Crisis, 211, contact current provider, provider timeout, etc.):			
Is this Wellness Recovery Crisis Plan form used by provider and/or member?			
Provider Name (print) and Signature:		Date:	
Member Name (print) and Signature:		Date:	

**Current Medical Contact Information**

Member Name: \_\_\_\_\_

Current Diagnosis(es) if known \_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_

Current Goals and Priorities \_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_

**Primary Physician's Office: Contact Information**

Address:		Phone:	
PCP Name:		Nurse's Name:	

**Specialist Provider's Office: Contact Information**

Address:		Phone:	
Name:		Specialty	

Address:		Phone:	
Name:		Specialty	

Address:		Phone:	
Name:		Specialty	

**Others (Recreational, Educational, Employment, Mentoring, DCF, DSS, etc.)**

Address:		Phone:	
Name:		Specialty	

Address:		Phone:	
Name:		Specialty	

Address:		Phone:	
Name:		Specialty	

### Allergies

Allergy to: \_\_\_\_\_ Reaction: \_\_\_\_\_  
Allergy to: \_\_\_\_\_ Reaction: \_\_\_\_\_  
Allergy to: \_\_\_\_\_ Reaction: \_\_\_\_\_  
Allergy to: \_\_\_\_\_ Reaction: \_\_\_\_\_

### Medication Records

#### Current

Medication Name	Date Started	Dosage	How Often	Purpose	Any Side Effects

#### History

Medication Name	Date Started	Dosage	How Often	Purpose	Any Side Effects

#### Pharmacy Contact Information:

Name:		Phone	
Address:		Town/City	