



The Connecticut Behavioral Health Partnership offers a helpful service for HUSKY Health members whose lives have been touched by mental health or substance use issues. Due to their real life experience, Peer and Family Peer Support Services staff can offer help to members in moving through the behavioral health system.

Peer and Family Peer Specialists offer a helping hand.....

And most of all, we offer hope.



WHAT IS THE CONNECTICUT BEHAVIORAL HEALTH PARTNERSHIP?

Formed by the Department of Children and Families, the Department of Mental Health and Addiction Services, and the Department of Social Services, and administered through BeaconHealthOptions CT, The Connecticut Behavioral Health Partnership is a behavioral health service system formed to improve behavioral health care for children, families and individuals who are eligible in the HUSKY Health Plan, as well as children with special behavioral health needs.

You can find a behavioral health provider by reaching out to us at the Connecticut Behavioral Health Partnership, 1-877-552-8247, TDD/TTY: 1-866-218-0525 or visit our website at www.ctbhp.com



Peer and Family Peer Support Services

Help from someone who's been there...



What is a Peer, Family Peer or Community Peer Support Specialist?

Peer and Family Peer Support Specialists have been there. They are people who have been able to move through the mental health and substance use system for themselves or someone in their lives. It is because of this understanding that they are able to relate to others. Peer and Family Peer Support Specialists work with families, children, and individuals to give support and information when needed. Peer and Family Peer Support Specialists are also here to help HUSKY Health members through hard times, as they work toward recovery and wellness.



CTBHP strives to make sure that all Peer Support staff get the most up to date training and supports, including Certifications as Recovery Support Specialists through Advocacy Unlimited, Recovery Coach Academy through the CT Community for Addiction Recovery (CCAR), and supports through the Connecticut based National Alliance on Mental Illness (CT NAMI).



To find out more about the Connecticut Behavioral Health Partnership, please call us at 1-877-552-8247, TDD/TTY: 1-866-218-0525, or visit our website at www.ctbhp.com

Would you or your family benefit from Peer Support Services?



- **Do you have questions about you or your child's behavioral health or substance use care?**
- **Are you or your child getting the care that you need?**
- **Do you need help with getting your point across when it comes to your needs or the needs of your family?**
- **Do you need help finding services?**
- **Do you feel that no one could possibly know what you are going through?**

If you have any questions regarding Peer and Family Peer Support Services, we are here to help you.

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