

# **Resource Guide**

## **Middletown, Willimantic, Norwich**

**Revised 7/13/16**



The CT BHP is a Partnership that consists of the Department of Children and Families (DCF), the Department of Social Services (DSS), the Department of Mental Health and Addiction Services (DMHAS), Beacon Health Options® and a legislatively mandated Oversight Council. Expanded in 2011 to include DMHAS, the contract is designed to create an integrated behavioral health service system for our members; Connecticut’s Medicaid populations, including children and families who are enrolled in HUSKY Health and DCF Limited Benefit programs. The primary goals of the Partnership are to provide access to and coordination of a more complete and effective system of behavioral health services and supports, and to improve overall member outcomes.

For more information on CT BHP member services, please view our Member Handbook by clicking on the following link: [http://www.ctbhp.com/members/mbr\\_info.htm](http://www.ctbhp.com/members/mbr_info.htm).

Links to State partners: DCF: [www.ct.gov/DCF](http://www.ct.gov/DCF) DMHAS: [www.ct.gov/dmhas](http://www.ct.gov/dmhas) DSS: [www.ct.gov/dss](http://www.ct.gov/dss)

Suggestions regarding this guide are welcome to be emailed to [ctbhp@beaconhealthoptions.com](mailto:ctbhp@beaconhealthoptions.com).

**Important Phone Numbers for Medicaid Members in Connecticut**

<b>Claims Address</b>	Hewlett Packard Enterprise Systems (HP ES) Members - 1-866-409-8430 If you get a bill for services call the Connecticut Medical Assistance Program’s Client Assistance Center at (866) 409-8430 for someone to help research it for you. You can also remind your Provider that he or she will need to bill (HP ES).
<b>Medical (Member)</b>	Community Health Network - CT Husky Health (Medical Medicaid)1-800-859-9889, for Hearing Impaired: 711 Website: <a href="http://www.chnct.org">http://www.chnct.org</a>
<b>Medical (Provider)</b>	Community Health Network - CT Husky Health (Medical Medicaid)1-800-440-5071 Website: <a href="http://www.chnct.org">http://www.chnct.org</a>
<b>Behavioral Health</b>	Connecticut Behavioral Health Partnership (Behavioral Health Medicaid)1-877-552-8247Hearing Impaired: TDD/TTY - 1-866-218-0525 or 711Website: <a href="http://www.ctbhp.com">www.ctbhp.com</a> (HUSKY D - Residential SA Treatment, & Behavioral Health Recovery Program - Advanced Behavioral Health) (ABH 1-800-606-3677 Website: <a href="http://www.abhct.com">www.abhct.com</a> )
<b>Non-Emergency Transportation(Not covered for HUSKY B members)</b>	HUSKY A, HUSKY C, and HUSKY D = Logisticare: 1-888-248-9895, for Hearing Impaired: 711Website: <a href="https://www.logisticare.com">https://www.logisticare.com</a>
<b>Pharmacy Services</b>	Client Assistance Center: 1-866-409-8430 or 1-860-269-2031; Hearing Impaired TDD/TTY 1-866-604-3470 or 711
	Prior Authorization Assistance Center: 1-866-409-8386 or 1-860-269-2030; DSS Website: <a href="http://www.ctdssmap.com">www.ctdssmap.com</a>
<b>Dental Services</b>	Dental Health Partnership/BeneCare: Mon - Fri 8:00 am to 5:00 pm. 1-855-283-3682; Hearing Impaired: 711; Website: <a href="http://www.ctdhp.com">www.ctdhp.com</a>
<b>Vision Services</b>	Community Health Network - CHN1-800-859-9889
<b>CONNECT CARD</b>	HUSKY A, contact DSS Eligibility Worker
	HUSKY B, contact HUSKY Enrollment Center: 1-800-656-6684; Hearing Impaired: 711
<b>DSS</b>	CT Department of Social Services Benefits Center: 1 (855) 626-6632 / DSS Information Line: 1 (855) 578-4515
<b>DDS</b>	CT Department of Developmental Services: 1 (866) 737-0330
<b>Medicare</b>	Medicare: 1 (800) 633-4227
<b>Social Security</b>	Social Security Administration: 1 (800) 772-1213
<b>Xerox Spenddown</b>	Xerox - CT Medicaid Spenddown Line: 1 (877) 858-7012

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## **RESOURCES FOR CHILDREN & ADOLSCENTS in the MIDDLETOWN/WILLIMANTIC/NORWICH AREA**

(\*Medicaid Covered Service)

### **24-HOUR CRISIS HOTLINE**

Emergency Mobile Crisis Services

Phone: 211

### **OUTPATIENT PSYCHIATRIC CLINICS FOR CHILDREN (DCF Licensed) \***

[http://www.dir.ct.gov/dcf/Licensed\\_Facilities/listing\\_OPCC.asp](http://www.dir.ct.gov/dcf/Licensed_Facilities/listing_OPCC.asp)

### **Middlesex**

Community Health Center

635 Main Street

Middletown, CT 06457

860-347-6971

Middlesex Hospital Family Advocacy Program

28 Crescent Street

Middletown, CT 06457

860-358-3401

[www.middlesexhospital.org](http://www.middlesexhospital.org)

Adelbrook Community Services - Family Center

60 Hicksville Road

Cromwell, CT 06416

860-635-6010 x 338

[www.adelbrook.org](http://www.adelbrook.org)

Child and Family Agency of Southeastern Connecticut

190 Westbrook Road

Essex, CT 06426

860-767-0147

### **Northeast**

Generations Family Health Center

40 Mansfield Avenue

Willimantic, CT 06226

860-456-6294

United Services Inc.

1007 North Main Street

P.O. Box 839

Dayville, CT 06241

860-774-2020

Catholic Charities

88 Jackson Street

Willimantic, CT 06226  
860-423-7065

Community Health Resources  
7B Ledgebrook Drive  
Mansfield, CT 06250  
860-456-0038

## **Southeast**

Catholic Charities of Norwich  
331 Main Street  
Norwich, CT 06360  
860-889-8346

Child and Family Agency of SE CT  
255 Hempstead Street  
New London, CT 06320  
860-443-2896

United Community & Family Services, Inc.  
34 East Town Street  
Norwich, CT 06360  
203-889-2375

Waterford Country School, Inc.  
78 Hunts Brook Road  
P.O. Box 408  
Quaker Hill, CT 06375  
860-442-9454

Catholic Charities  
331 Main Street  
Norwich, CT 06360  
860-889-8346

Connection Counseling Center  
542 Long Hill Road  
Groton, CT 06340  
203-448-4993

## **OUTPATIENT TREATMENT PROGRAMS**

**Trauma Focused Cognitive Behavioral Therapy (TF-CBT)** - clinic-based, short-term treatment (16 to 20 sessions) for children ages 4 to 18 who have significant behavioral and emotional problems that are related to traumatic life events, even if they do not meet full diagnostic criteria for post-traumatic stress disorder (PTSD).

## **Middlesex**

Middletown Youth Services Bureau  
372 Hunting Hill Avenue  
Middletown, CT 06457  
860-854-6030  
[www.cityofmiddletown.com/content/117/123/187/default.aspx](http://www.cityofmiddletown.com/content/117/123/187/default.aspx)

Community Health Center  
675 Main Street  
Middletown, CT 06457  
860-347-6971  
[www.chc1.com](http://www.chc1.com)

Tri-Town Youth Services Bureau, Inc.  
P.O. Box 897  
56 High Street  
Deep River, CT 06417  
860-526-3600

## **Northeast**

United Services, Inc.  
233 Route 6  
P.O. Box 200  
Columbia, CT 06237  
860-228-4480

United Services, Inc.  
1007 North Main Street  
P.O. Box 839  
Dayville, CT 06241  
860-317-7366

Windham Youth Services  
860-423-4534

UCONN Psychological Clinic  
406 Babbage Road, U-1020  
Storrs, CT 06269  
860-486-2642

## **Southeast**

Child and Family Agency of Southeastern Connecticut  
255 Hempstead Street  
New London, CT 06320  
860-443-2896

United Community and Family Services  
47 Town Street  
Norwich, CT 06360  
860-892-7042

Montville Youth Service Bureau  
289 Route 32  
Uncasville, CT 06382  
860-848-7724  
[www.montvilleyouth.org](http://www.montvilleyouth.org)

Norwich Youth and Family Services  
80 Broadway  
Norwich, CT 06360  
860-823-3782  
<http://www.norwichct.org/index.aspx?NID=214>

Waterford Youth Services Bureau  
200 Boston Post Road  
Waterford, CT 06385  
860-442-0553  
[www.waterfordct.org/about-us](http://www.waterfordct.org/about-us)

Lyme's' Youth Service Bureau  
59 Lyme Street  
P.O. Box 589  
Old Lyme, CT 06371  
860-434-7208  
<http://lysb.org>

Community Health Center of New London, Inc.  
1 Shaw's Cove  
New London, CT 06320  
860-447-8304  
<http://chc1.com/Locations/NewLondon.html>

Community Health Center of Groton, Inc.  
481 Goldstar Hwy Suite #100  
Groton, CT 06340  
860-446-8858  
<http://chc1.com/Locations/Groton.html>

**Dialectical Behavioral Therapy (DBT)** - designed to improve an individual's capacity to effectively manage his/her emotions and eliminate self-injurious/suicidal behavior

Lawrence and Memorial Hospital  
365 Montauk Avenue  
New London, CT 06320  
860-442-0711  
<http://www.lmhospital.org>

River Valley Services  
P.O. Box 351  
Silver Street  
Middletown, CT 06457  
860-262-5239  
<http://www.ct.gov/dmhas/cwp/view.asp?q=335354>

Southeastern Mental Health Authority  
401 West Thames Street, Bldg. 301  
Norwich, CT 06360  
860-859-4625

**Community Based Life Skills (CBLS)** Program is conducted for young people, ages 15 – 21 with DCF involvement. The program is designed to provide youth with educational and experiential opportunities that have a positive impact on their growing independence and transition to adulthood, assist them in establishing a workable knowledge of community resources and supports available to them, and instill in them the positive values of confidence, competence, and self-sufficiency.

Children's Home Community Services  
55 Missionary Road  
Cromwell, CT 06416  
860-635-6010

Access Agency (Willimantic & Norwich)  
1315 Main Street  
Willimantic, CT 06226  
860-450-7400

**Focus on K.I.D.S Program-** A program specially designed for parents in high-conflict separations and divorces. K.I.D.S stands for the knowledge and insight parents' gain that allows them to make good decisions that lead to real solutions that will be in the best interest of their child. KIDS CLUB is an eight week therapeutic group for children ages 7-11 which uses fun projects and games to reinforce weekly topics including expressing feelings, self-esteem, self-control, problem solving and practicing social skills.

Catholic Charities Diocese of Norwich  
331 Main Street  
Norwich, CT 06360  
860-889-8346

United Community and Family Services  
47 Town Street  
Norwich, CT 06360  
860-892-7042

United Services, Inc.  
1007 North Main Street  
P.O. Box 839  
Dayville, CT 06241  
860-774-2020

**Family Violence Education Services-** The Family Violence Education Program is a psych educational ten-week program for Court Ordered first-time domestic violence offenders. The sessions are held in Dayville and Willimantic.

United Services  
1007 N. Main Street  
Dayville, CT 06241  
860-774-2020

## **COMMUNITY & PREVENTION PROGRAMS**

**Child First (CF)** - an innovative program that provides home-based therapeutic intervention and hands on connection to community resources for children ages birth to 6 years of age and their families.

Children First Norwich/Leadership Programs



80 Broadway  
Norwich, CT 06360  
860-823-3782

Children First Groton  
Contact Kimberly Dole at 860-445-8151  
[kimberlydole@comcast.net](mailto:kimberlydole@comcast.net)

UCFS  
Heather Bonitz-Moore, LPC, ATR  
Supervisor of Early Childhood Programs  
77 East Town Street  
Norwich, CT 06360  
860-822-4166  
hbonitz@ucfs.org

**Parent/Child Playgroup A Happy Home** - Twice weekly playgroups for parents with children from birth to age 5 are an education-based, social opportunity for families in the community. Facilitated by a parent educator, playgroup is a place for parents to let their children socialize with peers, for adults to make new friends, and for all who participate to enrich their family lives. Through Parent/Child Playgroups developmental skills such as social/emotional, motor, cognitive and visual/spatial are enhanced through a variety of activities and environments. Parents are encouraged to engage their children in activities that promote early literacy skills as well as sensory integration and gross motor development. Parent/Child Playgroups provide both parents and children with a support network of peers, which enables them to grow and develop in all of the skills mentioned previously.

Thompson Ecumenical Empowerment Group (TEEG)  
P.O. Box 664  
15 Thatcher Road  
North Grosvenordale, CT 06255  
860-923-3458  
<http://www.teegonline.org>

**Early Childhood Consultation Partnership** - a mental health consultation program designed to meet the social and emotional needs of children birth to five by offering support, education and consultation to those who care for them. The program serves as prevention and early intervention which is aimed at promoting enduring and optimal outcomes for young children and their families.

United Community and Family Services (UCFS)  
77 East Town Street  
Norwich, CT 06360  
860-822-4166

**Connecticut Birth to Three** - The mission of the Birth to Three System is to strengthen the capacity of families to meet the developmental and health-related needs of their infants and toddlers who have delays or disabilities. Do you have concerns about how a child sees, talks, hears, moves, eats, or plays?  
800-505-7000 (TDD accessible)  
Families in Birth to Three may call the Family Support Line toll-free 866-888-4188

**Nurturing Families Network (NFN)** - offers a continuum of preventative services for prenatal and first-time parents. NFN is funded by the Children's Trust Fund and is designed to reduce parental risk factors for child abuse and neglect.

Madonna Place  
240 Main Street  
Norwich, CT 06360  
860-886-6600

Day Kimball Hospital  
320 Pomfret Street  
Putnam, CT 06260  
860-928-6541

## **INTENSIVE OUTPATIENT PROGRAMS \***

### **Middlesex**

The Connection  
196 Court Street  
Middletown, CT 06457  
877-205-6359 Intake - Substance Abuse/Outpatient Programs  
860-343-5510  
<http://www.theconnectioninc.org>

Rushford Center  
1250 Silver Street  
Middletown, CT 06457  
800-832-1022  
<https://www.rushford.org/Default.asp>

### **Northeast**

Joshua Center - Northeast  
934 North Main Street  
Danielson, CT 06239  
860-779-2101  
<http://www.natchaug.org/programs.htm#jc>

Joshua Center - Mansfield Center  
189 Storrs Road  
Mansfield Center, CT 06250  
860-456-1311  
<http://www.natchaug.org/programs.htm#jc>

Right Turn Adolescent Program  
232 Broad Street  
Danielson, CT 06239  
860-446-8858

Right Turn Adolescent Program  
54 North Street  
Willimantic, CT 06226

Perception Programs  
113 Water Street  
Danielson, CT 06239  
860-779-5852

## **Southeast**

Natchaug Hospital  
1353 Gold Star Highway  
Groton, CT 06340  
860-449-9947  
<http://www.natchaug.org/programs.htm#jc>

Stonington Institute  
75 Swantown Hill Road  
North Stonington, CT 06359  
800-832-1022  
<http://stoningtoninstitute.com>

Stonington Institute  
618 Poquonnock Road  
Groton, CT 06340  
860-535-1010

Natchaug Hospital  
Thames Valley Day Treatment Program  
1 Ohio Avenue  
Norwich, CT 06360  
860-886 6567  
<http://www.natchaug.org/programs.htm#jc>

Natchaug Hospital - Joshua Center  
20 Maple Avenue  
Uncasville (Montville), CT 06353  
860-848-3098  
<http://www.natchaug.org/programs.htm#jc>

Natchaug Hospital  
Joshua Center Shoreline  
5 Research Parkway  
Old Saybrook, CT 06475  
860-510-0163  
<http://www.natchaug.org/programs.htm#jc>

## **EXTENDED DAY TREATMENT PROGRAMS \***

### **Middlesex**

Gilead Community Services  
222 Main Street Ext. PO Box 1000  
Middletown, CT 06457  
860-343-5300

Gilead Community Services  
89 High Street  
Clinton, CT 06413  
860-343-5303

Wheeler Clinic  
20 Tuttle Place, Suite 6A  
Middletown, CT 06457  
860-632-3231

## **Northeast**

Natchaug Hospital  
934 Main Street  
Danielson, CT 06239  
860-779-2101

Joshua Center- Mansfield Center  
189 Storrs Road  
Mansfield Center, CT 06250  
860-456-1311

## **Southeast**

Natchaug Hospital Thames Valley  
1 Ohio Avenue  
Norwich, CT 06360  
860-886-4850

Natchaug Care Plus  
1353 Gold Star Highway  
Groton, CT 06340  
860-449 -9947

## **HOME BASED MENTAL HEALTH SERVICES**

**Intensive In-Home Child and Adolescent Psychiatric Services (IICAPS)** - IICAPS is an intensive, home-based service designed to address specific psychiatric disorders in the identified child, while remediating problematic parenting practices and/or addressing other family challenges that effect the child and family's ability to function. Efforts are also made within the service to improve the child's educational programming and to ameliorate any environmental factors that may contribute to the child's psychosocial adversity. IICAPS teams typically spend five hours per week working directly with children and their families and managing their care. Some flexibility in the number of hours of service per week is permitted but typically, for most weeks of service, no fewer than 4, or no more than 6 hours of direct care are provided.

Middlesex Hospital  
28 Crescent Street  
Middletown, CT 06457  
860-358-3426  
[www.middlesexhospital.org](http://www.middlesexhospital.org)

Community Health Resources  
7B Ledgebrook Drive  
Mansfield, CT 06250  
860-456-0038

Natchaug Hospital  
One Ohio Avenue  
Norwich, CT 06360  
860-886-4850  
[www.natchaug.org](http://www.natchaug.org)

Child and Family Agency of Southeastern Connecticut  
7 Vauxhall Street  
New London, CT 06320  
860-442-2797

Child and Family Agency of Southeastern Connecticut  
190 Westbrook Road  
Essex, CT 06426  
860-767-0147

**Functional Family Therapy (FFT)** Functional Family Therapy (FFT) is a treatment model designed to prevent children and adolescents ages 11-17, from requiring psychiatric hospitalization or residential placement or to support discharge from these out-of-home levels of care. The FFT model is a home-based service designed to address both symptoms of serious emotional disturbance in the identified child as well as parenting practices and/or other family challenges that affect the child and family's ability to function.

Middlesex Hospital  
28 Crescent Street  
Middletown, CT 06457  
860-358-3426  
<http://middlesexhospital.org>

Community Health Resources (CHR)  
7B Ledgebrook Drive  
Mansfield, CT 06250  
860-456-0038

Child & Family Agency  
190 Westbrook Road  
Essex, CT 06426  
860-767-0147  
<http://www.cfapress.org>

**Multidimensional Family Therapy (MDFT)** - Family-focused, ecologically oriented evidence-based model effective in the treatment of children/adolescents between the ages of 9 – 18 with substance abuse and/or dependence issues, or children/adolescents with disruptive behavior and/or co-morbid psychiatric issues who are at risk for substance abuse. MDFT is designed to reduce the influence of factors that place a child/adolescent at risk for substance abuse while strengthening the presence of protective factors, such as supporting a positive parent-child relationship. Eligibility for MDFT services does not require DCF-involvement.

Child and Family Agency of Southeastern Connecticut

190 Westbrook Road  
Essex, CT 06426  
860-767-0147

Child and Family Agency of Southeastern Connecticut  
7 Vauxhall Street  
New London, CT 06320  
860-442-2797

UCFS  
77 East Town Street  
Norwich, CT 06360  
860-822-4272

**Multi-Systemic Therapy (MST)** - MST is an evidence based treatment model designed to divert children and adolescents ages 11 to 17 from residential substance abuse and juvenile justice treatment systems or to support discharge from inpatient levels of care. While children/adolescents with disruptive behavioral and/or substance abuse symptoms are the focus of intervention, the model relies on ecological, family and systemic interventions to assist in the reduction of symptoms.

North American Family Institute  
322 Main Street  
Willimantic, CT 06370  
860-450-7400  
[www.nafi.com](http://www.nafi.com)

North American Family Institute  
1496 Route 85  
Oakdale CT 06370  
860-440-0855  
[www.nafi.com](http://www.nafi.com)

**Child First (CF)** - innovative program that provides home-based therapeutic intervention and hands on connection to community resources for children ages birth to 6 years of age and their families.

Children First Norwich/Leadership Programs  
80 Broadway  
Norwich, CT 06360  
860-823-3782  
[www.norwichcfi.org](http://www.norwichcfi.org)

Children First Groton  
860-445-8151

UCFS  
77 East Town Street  
Norwich, CT 06360  
860-822-4166

**Family Enrichment Services (FES)** - provides a range of in-home teaching, modeling, support, advocacy and assistance with obtaining services from the community in order to enhance parenting competencies and improve the parents'/caregivers' overall functioning and ability to care for their children.

Middlesex Hospital  
28 Crescent Street  
Middletown, CT 06457  
860-358-6000

United Services  
303 Putnam Road  
P.O. Box 378  
Wauregan, CT 06387  
860-564-6100

Madonna Place  
240 Main Street  
Norwich, CT 06360  
860-886-6600

UCFS  
77 East Town Street  
Norwich, CT  
860-822-4301

**Integrated Family Violence Program** - primarily an in-home service for families where domestic violence has been identified. It focuses on all family members including the child, the parent who is the survivor of domestic violence and the batterer. All referrals are made by the Department of Children and Families (DCF).

Child & Family Agency  
255 Hempstead Street  
New London, CT 06320  
860-442 2797

**Care Coordination (CC)** - Care Coordination is a family-focused, child-centered model that assists in managing multiple community services. Emphasis is placed on the current strengths and needs of the family.

Community Health Resources  
7B Ledgebrook Drive  
Mansfield, CT 06250  
860-456-0038

United Community and Family Services  
77 East Town Street  
Norwich, CT 06360  
860-892-7042

Middlesex Hospital Family Advocacy Program  
28 Crescent Street  
Middletown, CT 06457  
860-358-6000

Thames Valley Day Treatment Program  
1 Ohio Avenue  
Norwich CT 06360  
860-886-6567

Child & Family Agency  
255 Hempstead Street  
New London, CT 06320  
860-442-2797

**Family School Connection Program** - provides home based case management support services to (non DCF involved) families with children that attend Sweeney Elementary School in Willimantic, CT. Caseworkers provide case management services to address immediate and concrete needs of the family to assist in managing problems and make referrals to appropriate agencies to assist the families as needed. Caseworkers assume the broad role of teacher, supporter, advocate and liaison to the larger community on behalf of the family and act as an empowering agent of change within the family system. Parent school involvement is an essential piece of this program and is encouraged and promoted.

United Services  
303 Putnam Road  
P.O. Box 378  
Wauregan, CT 06387  
860-564-6100

**Reconnecting Families Program (RCFP)** - engage, support and intervene with family members through a short-term, intensive, in-home service model following the removal of a child/ren due to abuse and neglect in order to promote and effect successful reunification and reduce the risk for further abuse and neglect.

UCFS  
77 East Town Street  
Norwich, CT 06360  
860-822-4268

**Respite Care** - temporary care in the home or community for children and adolescents aged 4017 with emotional or behavioral special needs to provide relief to their caregivers. Each child is allotted 40 hrs of respite service which is usually spread over 10 weeks

United Community & Family Services (UCFS)  
77 East Town Street  
Norwich, CT 06360  
860-822-4282

**Family Based Recovery** - an intensive and comprehensive in-home program for families who have co-occurring caregiver substance abuse and an infant (birth to two) who is at risk of removal or poor developmental outcomes. The FBR team is composed of a supervisor, two clinicians, and a family support counselor. The team works with up to twelve families to provide parent-child related interventions and sobriety-related interventions, to ensure that children develop optimally in drug-free, safe and stable homes with their parents, siblings and other family members.

UCFS  
77 East Town Street  
Norwich, CT 06360  
860-822-4166

**Youth Equipped for Success (YES!)** - serves boys and girls referred by the Courts through the provision of intensive family-focused, in-home services and group counseling. The goal of this program is to meet the individualized needs of referred young people, and to increase positive behaviors, academic performance and structure within the family unit.



NAFI- YES  
322 Main Street  
Willimantic, CT 06226  
860-450-9199

NAFI- YES  
21 Montauk Avenue  
New London, CT 06320  
203-443-0530

**School to Employment-** operates in the Plainfield and Killingly High Schools so that special education students have the opportunity to learn and practice employment related skills. With help from the program, students are employed for part of the school week. Job opportunities are developed with area business specifically for each individual. The goal is to be able to secure permanent employment after high school.

United Services  
303 Putnam Road  
P.O. Box 378  
Wauregan, CT 06387  
860-564-6100

**Intensive Family Preservation** - intensive, short-term crisis intervention and family education program designed to prevent unnecessary out of home placements for families. Families whose children are at risk of placement receive services in their home by trained staff who is available 24 hours a day, seven days a week for support and crisis intervention. The program works with families to identify their strengths and empower individuals to accomplish their identified goals.

United Services  
303 Putnam Road  
P.O. Box 378  
Wauregan, CT 06387  
860-564-6100

Child & Family Agency  
255 Hempstead Street  
New London, CT 06320  
860-442-2797

UCFS  
77 East Town Street  
Norwich, CT 06360  
860-822-4268

**Foster and Support Team (FAST)** - home-based program designed to stabilize foster and adoptive families so that children can live in safe, stable homes with minimal disruption.

Child & Family Agency  
255 Hempstead Street  
New London, CT 06320  
860-442-2797  
[www.cfapress.org](http://www.cfapress.org)

UCFS  
77 East Town Street

Norwich, CT 06360  
860-822-4285

**SUBSTANCE ABUSE TREATMENT \***

The Connection  
196 Court Street  
Middletown, CT 06457  
877-205-6359 Intake - Substance Abuse/Outpatient Programs  
860-343-5510  
[www.theconnectioninc.org](http://www.theconnectioninc.org)

Rushford Center  
1250 Silver Street  
Middletown, CT 06457  
800-832-1022

Right Turn Adolescent Program  
232 Broad Street  
Danielson, CT 06239  
860-446-8858

Right Turn Adolescent Program  
54 North Street  
Willimantic, CT 06226

Perception Programs  
113 Water Street  
Danielson, CT 06239  
860-779-5852

Natchaug Hospital  
1353 Gold Star Highway  
Groton, CT 06340  
860-449-9947  
<http://www.natchaug.org>

Stonington Institute  
75 Swantown Hill Road  
North Stonington, CT 06359  
800-832-1022

**PSYCHIATRIC RESIDENTIAL TREATMENT FACILITIES (PRTF)\*** - community based inpatient facilities that provides psychiatric and other therapeutic and clinically informed services to individuals under age 21, whose immediate treatment needs require a structured 24-hour inpatient residential setting that provides all required services (including schooling) on site while simultaneously preparing the child/adolescent and family for ongoing treatment in the community. There are currently four in the state.  
[www.ctbhp.com/providers/forms/PRTF\\_Referral\\_Form.pdf](http://www.ctbhp.com/providers/forms/PRTF_Referral_Form.pdf)

Boys & Girls Village  
528 Wheelers Farms Road  
Milford, CT 06461

203-877-0300

The Children's Center of Hamden  
1400 Whitney Avenue  
Hamden, CT 06517  
203-248-2116

Solnit South Campus PRTF  
915 River Road  
Middletown, CT 06457  
860-704-4015

The Village for Families & Children  
1680 Albany Avenue  
Hartford CT 06105  
860-297-0585

## **RESIDENTIAL TREATMENT & THERAPEUTIC GROUP HOMES \***

### **Middlesex**

Adelbrook – The Children's Home, Potters House, Isaiah House\*  
60 Hicksville Road  
Cromwell, CT 06416  
860-635-6010

Children's Home of Cromwell  
60 Hicksville Road  
Cromwell, CT 06416  
860-635-6010

Children's Home of Cromwell  
Isaiah House  
58 Flynn Street  
Middletown, CT 06457  
860-632-8703

Mount Saint John  
135 Kirtland Street  
Deep River, CT 06417  
860-343-1332

Rushford Center  
459 Wallingford Road  
Durham, CT 06422  
860 -349-1989

Gilead Community Services – Baldwin House for adolescent males  
222 Main Street Ext., PO Box 1000  
Middletown, CT 06457

860-343-5300

New England Residential Service  
282 Main Street  
Middletown, CT 06457  
860-347-9633

## **Northeast**

NAFI CT - Thomaston House  
273 Prospect Street  
Thomaston, CT 06787  
860-283-0243

Justice Resource Institute  
9 Barrett Hill Road  
Brooklyn, CT 06234  
860-490-1103

Justice Resource Institute  
299 Pane Road  
Pomfret Center, CT 06259  
860-490-1103

Justice Resource Institute - Susan B Wayne Center for Excellence  
75 Church Street  
Thompson, CT 06277  
860-928-5900

New Hope Manor – Donovan House  
82 River View Drive  
Coventry, CT 06238  
860-643-2701

Northeast Center for Youth and Families – Chaplin House  
249 Parish Hill Road  
Chaplin, CT 06235  
860-786-7043

Northeast Center for Youth and Families – Hampton House  
1566 Storrs Road  
Mansfield, CT 06268  
860-487-4548

The Learning Clinic  
476 Pomfret Road  
Brooklyn, CT 06234  
860-774-1036

Natchaug Hospital - Journey House  
189 Storrs Road  
Mansfield Center, CT 06250  
860-423-1016

Waterford Country Day School  
78 Hunts Brook Road  
P. O. Box 408  
Quaker Hill, CT 06375  
860-442-9454  
<http://waterfordcs.org/index.html>

## **Southeast**

Gilead Community Services  
7 Anchorage Lane  
Old Saybrook, CT 06475

Justice Resource Institute  
245 Chesterfield Road  
Oakdale, CT 06730  
860-848-9518

Noank Baptist Group Home- Gray Farm House  
10 Gray Farm Road  
Ledyard, CT 06339  
860-536-2154

Noank Baptist Group Home –High Street House  
193 High Street  
Mystic, CT 06355  
860-536-7173

Noank Baptist Group Home Main Street House  
36 Main Street  
Groton, CT 06340  
860-536-2154

Northeast Center for Youth and Families- Horizon House  
48 Williams Crossing Road  
Lebanon, CT 06249  
860-450-0290

REM Community Services  
180 Filley Road  
Haddam, CT 06438  
860-529-3733

## **SUPPORT GROUPS FOR CHILDREN & PARENTS**

**Child and Adolescent Network (NAMI CAN)** for parents of children under 21 years of age.

**Dayville**  
United Services  
1007 North Main Street  
1st Wednesday – 6:30-8:00pm  
Lorna: 860-456-0038 x 350  
Grivois620@comcast.net

**Mansfield**

Community Health Resources  
7B Ledgebrook Drive  
4th Monday – 6:30 to 8:00pm  
Lorna: 860-456-0038 ext. 350

**NAMI Friends & Family Support Group****NAMI Windham County**

Brooklyn, CT 06234  
860-928-5947

**NAMI Southeastern Connecticut**

Norwich, CT 06360  
860-887-1937  
[www.namisect.com](http://www.namisect.com)

**NAMI Newington (for Middletown)**

Friends & Family Support Group  
Joseph Doyle Senior Center  
20 Cedar Street  
Newington, CT 06111  
2nd Tuesday – 7:00 – 9:30pm  
Michelle: 860-205-9542

**Other NAMI Support Groups****East Lyme** (A program of NAMI S.E. CT)

St. Agnes Church Hall  
2nd Monday - 7:00-8:30pm  
Joan: 860-739-8822  
Mary: 860-434-0737

**Mansfield** (program of NAMI Windham County)

Natchaug Hospital  
189 Storrs Road (Rt. 195)  
Mansfield Center, CT 06250  
2nd Monday – 6:30 – 8:30pm  
Dexter: 860-429-9844  
Carol: 860-423-7601

**Middletown** (program of NAMI Newington)

CT Valley Hospital  
351 Silver Street  
Middletown, CT 06457  
3rd Wednesday - 7:00 – 8:30pm  
Jackie: 860-342-2786

**Children of Divorce/COPE** - a weekly divorce support group for children ages of 5-8 of divorced families.

Town of Mansfield Youth Service Bureau  
4 S. Eagleville Road

Mansfield, CT 06268  
860-429-3317

**Parents Education - Giving Parents the Tools They Need** - this series gives parents the tools they need to help them be the most effective they can be. TEEG provides parents with resources, education, activities to share with their child, and a larger supportive community for parents to be a part of, striving to meet the diverse set of needs of local families. Classes are offered on a variety of topics that focus on an understanding of child development and positive parenting techniques. Some areas of focus are nutrition, health, safety, fatherhood, behavior and education. A FREE family dinner and childcare are also provided each session.

Contact Diane Farquharson at 860-923-3458 or [dianefteeg@yahoo.com](mailto:dianefteeg@yahoo.com)

**The Parent Project** - a 10 to 16-week parent training program designed specifically for parents of strong-willed or out-of-control adolescent children. The curriculum teaches concrete identification, prevention, and intervention strategies for the most destructive of adolescent behaviors (poor school attendance and performance, alcohol and other drug use, gangs, runaways, and violent teens).

United Services  
303 Putnam Road  
P.O. Box 378  
Wauregan, CT 06387  
860-564-6100

**Parent/Child Playgroup** - A Happy Home - Twice weekly playgroups for parents with children from birth to age 5 are an education-based, social opportunity for families in the community. Facilitated by a parent educator, this is a place for parents to let their children socialize with peers, for adults to make new friends, and for all who participate to enrich their family lives.

TEEG  
P.O. Box 664  
15 Thatcher Road  
North Grosvenordale, CT 06255

**D.A.R.T. - Dad's Autism Spectrum Resource Team** - provided by the Autism Collaborative of Southeastern CT to offer fathers an opportunity to meet and discover the variety of tools to assist in supporting their child with autism (including PDD-NOS, Asperger's disorder, and "Classic" autism), as well as the family. Call/email for dates and times.

Eastern CT Chamber of Commerce— Waterford Hotel Group Building  
914 Hartford Turnpike  
Waterford, CT 06385  
860-437-7567  
[rclein@sbcglobal.net](mailto:rclein@sbcglobal.net) or [barmstrong@synergycentercorp.com](mailto:barmstrong@synergycentercorp.com)

**Support Group for Parents of Children who Struggle with Behavioral Challenges** (Killingworth) - For parents of children who struggle with behavioral challenges, frustration, and inflexibility. The group meets once a month on Wednesday evenings at the Killingworth Library, 301 Route 81. The group is led by a former teacher skilled in the Collaborative Problem Solving Model articulated in the book *The Explosive Child* by Dr. Ross Greene. All who could benefit from the support and encouragement of others experiencing similar challenges are welcome. For more information, call Divinna at 860-663-3394.

**Family Support Network – Southeastern, CT (New London)** - meets on the first Wednesday of the month at L&M Hospital in New London, CT beginning at 6:00 pm in conference room 3 (e-mail or call to confirm). They are a group of parents and professionals, who are concerned about children and adults with disabilities. They have refreshments, share frustrations, solutions and leave feeling just a little stronger, offering Workshops and Trainings and providing a constant up date of information for people with disabilities. There

is no fee to attend and some stipends available for child care. For more information please contact April Dipollina at 860-271-4371 or email [adipollina@lmhosp.org](mailto:adipollina@lmhosp.org).

**Connecticut Parent Advocacy Center** - statewide nonprofit organization offering information and support to families of children birth-26 with any disability or chronic illness.

338 Main Street  
Niantic, CT 06357  
860-739-3089 or toll-Free: 800-445-2722  
Fax: 860-739-7460  
Email: [cpac@cpacinc.org](mailto:cpac@cpacinc.org)

**New London Support Group** - for parents and caregivers of children with developmental disabilities, autism, Asperger's, ADHD, PDD-NOS and other spectrum disorders. Meetings are held at Bennie Dover Jackson Middle School in the library from 6:30-8:00PM on the last Wednesday of every month. Refreshments are provided and all are welcome. Please contact Regina 860-271-3649 or Kathleen 860-444-3199 for more information.

**Southeastern CT Special Education PTA (SETPA) - New London** - focus on students who are receiving support through an Individualized Education Program (IEP) or Section 504 Plan. The group is just starting up in the New London area. For more information about meeting times, dates and locations, contact Maureen Shea at [moshea867@ct.metrocast.net](mailto:moshea867@ct.metrocast.net).

**Young Parents Program** - Assists pregnant and parenting teens to access the community resources necessary to ensure a healthy birth outcome, teach positive parenting skills, and encourage avoidance of a subsequent unintended pregnancy. This work is made possible through a grant from the Department of Public Health, the United Way of SE CT and auxiliary fundraising.

Child and Family Agency  
75 Granite Street  
New London, CT 06320  
860-437-4555

Middlesex Young Parents Program, Family Advocacy Program  
Middlesex Hospital  
8 Crescent Street  
Middletown, CT 06457  
860-344-6717

Northeast Young Parents Program, Quinebaug Valley Youth and Family Services  
303 Putnam Road, P.O. Box 378  
Wauregan, CT 06387  
860-564-6100 x 218

Norwich Young Parents Program, Youth and Family Services  
23 Union Street  
Norwich, CT 06360  
860-823-3782

Windham Area Young Parents Program  
United Services, Inc.  
233 Route 6  
Columbia, CT 06237  
860-228-4480



**Grandparents Raising Grandchildren** - opportunity for grandparents to meet others in the same situation. Facilitated by a staff member, the group provides a peer environment and the opportunity to share experiences and learn new parenting skills. The grandparents have shared questions, concerns and information. Held in Willimantic and Danielson.

United Services  
303 Putnam Road  
Wauregan, CT 06387  
860-564-6100

**Grandparent Caregiver Support Group**

Rose City Senior Center  
8 Mahan Drive  
Norwich, CT 06360  
860-887-3561

**MENTORING**

**Intensive Adolescent Mentoring (IAM) Program** - provides therapeutic mentors who work one-on-one with children and youth in our community who can benefit by having an extra advocate in their corner. Partnerships are built to create a team for each child we work with by engaging parents, teachers, school administrators, staff from the Connecticut Department of Children & Families, therapists, Boy Scout leaders, clergy, coaches – anyone and everyone who can provide meaningful guidance. Adolescents are assigned a mentor who works closely with them in the community. Mentors collaborate with community providers in an effort to maintain consistent treatment goals in all aspects of the adolescent’s care and assist families in identifying community resources that will be available to them after the conclusion of the mentor’s involvement. Mentors provide crisis intervention and support to the parents/guardian or foster parent and guide families in navigating the various systems of care in which the youth is involved and interact with caretakers on developing strategies for balancing nurturance and structure within the home environment. A Clinical Psychologist and a LCSW provide clinical supervision on a regular basis to each mentor.

Thompson Ecumenical Empowerment Group (TEEG)  
P.O. Box 664  
15 Thatcher Road  
North Grosvenordale, CT 06255  
860-923-3458

**Families in Crisis- Family Ties** - assists children who have a parent in prison (and other members of the family) who live in Hartford. The program offers a comprehensive range of services to children, their community caregivers and their imprisoned parents.

21 Montauk Ave, suite 303  
New London, CT 06320  
860-629-7940

Big Brothers/Big Sisters of Southeastern Connecticut  
1595 Hartford Turnpike Route 85  
Oakdale, CT 06370  
860-437-3227

Nutmeg Big Brothers/Big Sisters, Inc. (Middletown Connection)  
30 Laurel Street, Suite 3  
Hartford, CT 06106-1377  
Email: [nutmeg@bbbsnutmeg.org](mailto:nutmeg@bbbsnutmeg.org)  
860-525-5437

## **AFTER SCHOOL PROGRAMS (non-therapeutic)**

**School Readiness at TEEG** - Thompson receives a grant from the Department of Education and Social Services to ensure that all children are able to attend a quality preschool program. A sliding fee scale is offered to income eligible families in Thompson for part day preschool at Mary R. Fisher Elementary or full school day program at St. Joseph's School. There are limited School Readiness slots available. Families with children age 4 are received first on a needs basis. Remaining slots, if available, will be offered to 3 year olds ensuring all children receive a quality preschool experience. Recent proof of income will be required from all working household members.

Contact Diane Farquharson, School Readiness Coordinator at 860-923-3458 to obtain an application. Applications can also be obtained at Mary R. Fisher and St. Joseph's schools.

Homeroom after School Program  
635 Main Street  
Middletown, CT 06457  
860-347-6971

After School Training and Consultation Services - Middlesex YMCA  
99 Union Street  
Middletown, CT 06457  
860-343-6217

Mansfield after School Program  
4321 Hunting Lodge Rd  
Storrs Mansfield, CT 06250  
860-429-8476

## **AUTISM SERVICES**

**Connecticut Birth to Three** - The mission of the Birth to Three System is to strengthen the capacity of families to meet the developmental and health-related needs of their infants and toddlers who have delays or disabilities. Also has a range of Autism Spectrum programs.

Toll free 800-505-7000 (TDD accessible)

Families in Birth to Three may call the Family Support Line toll-free 866-888-4188

### **Middlesex**

**Ryan Woods Autism Foundation**  
100 Riverview Center Suite 102  
Riverview Center (Behind Police Station)  
Middletown, CT 06457  
860-346-8777

**Ädelbrook Inc.** - is a multi-service agency dedicated to helping people of all ages who need specialized mental health treatment and/or developmental services. We specialize in working with individuals with autism and their family members/caregivers.

58 Missionary Road  
Cromwell, CT 06416  
860-635-6010 x338  
[www.adelbrook.org](http://www.adelbrook.org)

## Northeast

**Camp Horizons** - The mission of Camp Horizons is to provide high quality residential, recreational, support and work programs for people who are developmentally disabled or who have other challenging social and emotional needs.

South Windham, CT  
860- 456-1032

**Eden CT WaWa Education and Retreat Center** - provides a comprehensive continuum of lifespan services designed to enable children and adults with autism to lead fulfilling, productive and independent lives in their communities, to the full extent of their abilities.

Chaplin, CT  
860-455-9231

## Southeast

**LEARN ABA Program** - This program is part of LEARN, a regional educational service center (RESC) serving Southeastern Connecticut. LEARN offers both a center-based program for students with autism and school district based programs, founded in Applied Behavior Analysis. The center-based program includes one-to-one discrete trial instruction, small group instruction and structured incidental learning. Opportunities for generalizing learning in integrated settings with typically developing peers are provided as appropriate.

44 Hatchett's Hill Road  
East Lyme, CT 06371  
<http://www.learn.k12.ct.us/Departments/SpecialEd/ABA/>  
860-434-4800

**Groton Autism Support Group Groton** - made up of parents, friends and caregivers of children on the spectrum. Meetings are very informal so that people are given a chance to network, gain support from others and receive information regarding services in the area which have been found to be beneficial. The group meets on the third Tuesday of the month at the Groton Public Library. For more information or directions, please contact Danielle at 860-739-2410.

**Connecticut College Children's Program** - This program is based on a carefully designed inclusion model (range of cultures, ages, and abilities). Emergent curriculum based on play as a way children learn. Year-round Birth to Three Program offered to children and their families in home and in school. A multidisciplinary team consisting of a physical therapist, occupational therapist, speech therapist, social worker, teacher and an administrator supports this program as one aspect of the larger, inclusive program.

75 Nameaug Avenue, Holmes Hall  
New London, CT 06320  
860-439-2920  
[www.conncoll.edu/offices/childrensprogram/index.htm](http://www.conncoll.edu/offices/childrensprogram/index.htm)

**Alternative Services Inc. of CT (ASI)** - currently provides community living arrangements, in-home support (behavioral services, functional behavioral assessments and Positive Behavior Support Plans) and individualized day service options in the North and South Regions of the state. We operate a central administration office in Colchester for the purpose of overall administrative and fiscal supervision. A SI has one satellite office located in the South Region in Norwich. This office provides 24 hour back up support to some people receiving In-Home supports.

84 Linwood Avenue  
Colchester, CT 06415  
860-823-7155  
[www.asi-ct.org](http://www.asi-ct.org)

**Continuum, LLC.** - provides speech language pathology services in the natural environment (your home or community) for children with developmental disabilities.

360-2 Meridian Street  
Groton, CT 06340  
860-326-9308

**Interim Health of Eastern Connecticut, Inc.** - provides speech/language, occupational therapy, physical therapy, social worker, respite, home health care to individuals and organizations in New London, Tolland, Middlesex, and Windham counties.

12 Case St., Suite 215  
Norwich, CT 06060  
860-889-3388  
[www.interimhealthcare.com/norwichct](http://www.interimhealthcare.com/norwichct)

**Lawrence Memorial Pediatric Rehabilitation** - experienced therapists treat a variety of diagnoses such as autism and Down syndrome as well as balance and speech/language disorders. Services are available for children from birth - 12 years of age. The interdisciplinary approach includes Occupational Therapy, Physical Therapy, Speech Language Pathology and Audiology as well as specialty programs for feeding, sensory processing and physical therapy needs. Services provided in Groton, Old Saybrook, East Lyme and New London.

860-446-8265 x7034  
[www.lmhospital.org/content/OutpatientRehabilitation.htm](http://www.lmhospital.org/content/OutpatientRehabilitation.htm)

**Shoreline Physical Therapy, LLC** - Outpatient physical therapy, aquatic therapy, occupational therapy & sensory integration provided for children from birth to 21 via collaboration with schools, medical providers and equipment vendors. Partners with LEARN Birth to Three.

131 Boston Post Road  
East Lyme, CT 06333  
860-739-4497  
[www.shoreline-pt.com](http://www.shoreline-pt.com)

**Southeastern Connecticut Therapy and Wellness Center, P.C.** - Occupational therapy; Physical therapy; Continuing therapy; Groups; Craniosacral therapy; Sensory integration, school-based and birth-to-three services available on a contractual basis.

303 Norwich N.L. Turnpike  
Uncasville, CT 06382  
860-848-9157  
[www.therapywellness.com](http://www.therapywellness.com)

**SuperKids Pediatric Occupational Therapy Services** - provides private occupational therapy services to kids in their natural environments (their home). Occupational therapy services include carryover from school or other programs, fine and visual motor skills, handwriting, sensory Integration and ADL's. [www.superkidsot.com](http://www.superkidsot.com)

47 Obed Heights  
Old Saybrook, CT 06475  
860-339-5302  
[superkidsot@yahoo.com](mailto:superkidsot@yahoo.com)

**TherapyWorks Pediatrics, LLC** - Occupational therapy; Physical therapy; Registered dietician; Evaluations; Continuing therapy; Groups; Play; Sensory integration; School observation.

Debra Dickson  
19 Halls Rd., Suite 204  
Old Lyme, CT 06420  
860-434-5524  
[www.therapyworksct.com](http://www.therapyworksct.com)

**Schaperow Psychology Center of CT, & Associates** - A multi-disciplinary practice offering child, family, couple, and group (when available) therapy for children and adults with autistic spectrum disorders, providing psychiatric assessments for those suspected of having a diagnosis on the autistic spectrum, as well as assessments for other disorders.

567 Vauxhall Street Ext., #207  
Waterford, CT 06385  
860-501-9445  
[www.schaperowpsychologycenter.com](http://www.schaperowpsychologycenter.com)

### **Additional Resources**

**Thomas J. Sullivan Employment Transition to Life Program ARC of New London County** – employment/vocational program at the Arc of New London County provides services for individuals with intellectual and other related disabilities sixteen and older. Featuring a state-of-the art commercial kitchen, computer lab, life-skills room, and resource library, The Arc's Employment Transitional Center is designed to enhance the employment skills of the individuals we serve. Adults and high school students with special needs from throughout Southeastern Connecticut are served in this Center.

52 Sacred Heart Drive, Building 2  
Groton, CT 06340  
860-449-1529  
[www.thearcnlc.org](http://www.thearcnlc.org)

**Lighthouse Voc-Ed Center** - special needs day, residential and transition-to-life programs, including Vocational assessments for children ages 7-21.

46 Plaza Ct, P.O. Box 271  
Old Mystic, CT 06372-0271  
860-445-7626

**Easter Seals Connecticut** - Family support, education, job coaching, independent living, recreation and mentoring.

24 Stott Avenue  
Norwich, CT 06360  
860-859-4148  
[www.ct.easterseals.com](http://www.ct.easterseals.com)

**Connecticut Legal Services**- Connecticut Legal Services provides special education representation to low income clients. Community education materials can be found at: [www.larcc.org](http://www.larcc.org) under publications of children with disabilities.

800-233-7619  
[www.connlegalservices.org](http://www.connlegalservices.org)

**FAVOR - Family Advocacy** - Services include direct family advocacy, system advocacy, education and training, support, technical assistance and consultation

2138 Silas Deane Highway  
Rocky Hill, CT 06067  
860-563-3232

**Infoline (211)** is Connecticut's free information and referral service. Simply by dialing 2-1-1, a toll-free number throughout Connecticut, callers can reach knowledgeable, multilingual staff and get information, referrals or seek help in a crisis. 2-1-1 operates 24 hours a day, every day of the year.

**Hearts, Hands and Homes** - Community Collaborative for Foster Care and Adoption  
Norwich, CT 06360

860-710-1593  
[www.heartshandsandhomes.org](http://www.heartshandsandhomes.org)

**Senior Resources Agency on Aging**

19 Ohio Avenue Suite 2  
Norwich, CT 06360  
860-887-3561  
[www.seniorresourcesec.org](http://www.seniorresourcesec.org)

**More than Grandparents**

P.O. BOX 89  
Danielson, CT 06239  
860-763-5789

**GRACE Inc. - Grandparents & Children Embrace**

75 Fenwood Drive  
Old Saybrook, CT 06475-3031  
860-388-0500  
[GRACEgrandparent@aol.com](mailto:GRACEgrandparent@aol.com)

**Community Health Center - Family Wellness Center**

635 Main Street  
Middletown, CT 06457  
860-347-6971

**Northeast**

Town of Mansfield  
4 South Eagleville Road  
Storrs, CT 06268  
860-429-3317

John Dempsey Regional Center  
376 Pomfret Street  
Putnam, CT. 06260  
860-928-6514

Family Support Council Northeast Network – Willimantic Area Group  
Generations Family Healthcare Center  
1315 Main Street  
Willimantic, CT 06226  
860-928-6514

Killingly Community Center  
185 Broad Street, 2nd floor  
Danielson, CT 06239  
860-564-6100 x8672

**Southeast**

Groton Human Resources  
Two Fort Hill Road

Groton, CT. 06340  
860-441-6790

L&M Hospital - CT Family Support Council Southeast Network  
365 Montauk Avenue  
New London, CT 06320  
860-271-4371

Grandparent Caregiver Support Group  
Rose City Senior Center  
8 Mahan Drive  
Norwich, CT 06360  
860-887-3561

Town of Groton Dept. of Human Services  
52 Litton Avenue  
Groton, CT 06340  
860-441-6790

Montville Youth Services Bureau  
289 Route 32  
Uncasville, CT 06382  
860-848-7724

## **Hotlines**

Al-Anon/Al-A-Teen	1-888-425-2666	
Alcohol/Drug Abuse Hotline	1-800-662-HELP	
Eating Disorders Hotline	1-888-236-1188	
Gay, Lesbian, Bisexual and Transgender Youth Hotline		1-800-850-8078
National AIDS Hotline	1-800-342-2437	
National Child Abuse Hotline	1-800-422-4453	
National Domestic Violence Hotline		1-800-799-SAFE (7233)
National Runaway Switchboard	1-800-621-4000	
National Youth Crisis Hotline	1-800-448-4663	
Nine Line (Teens in Crisis)	1-800-999-9999	
Planned Parenthood	1-800-230-PLAN	
Teen AIDS Hotline	1-800-440-TEEN	

## **RESOURCES FOR ADULTS in the MIDDLETOWN/WILLIMANTIC/NORWICH AREA**

### **24-HOUR CRISIS LINES**

**Southeastern Mental Health Authority**                      860-886-9302  
**United Services**                      860-774-2020 (Dayville), 860-456-2261 (Willimantic), 860-228-4480 (Columbia)  
**River Valley Services**                      860-344-2100 or 860-388-0668 Shoreline towns

### **LOCAL MENTAL HEALTH AUTHORITIES (LMHAs)**

Southeastern Mental Health Authority (State Operated)  
401 West Thames Street Building 401  
Norwich, CT 06360  
860-859-4500  
<http://www.ct.gov/dmhas/cwp/view.asp?a=2917&q=335372>

United Services (private non-profit)  
1007 North Main Street  
P.O. Box 839  
Dayville, CT 06241  
860-774-2020  
<http://www.unitedservicesct.org/>

River Valley Services (state operated)  
Leak Hall, P.O. Box 351  
Middletown, CT 06457  
860-262-5200  
<http://www.ct.gov/dmhas/cwp/view.asp?a=2916&q=335354>

### **OUTPATIENT CLINICS \***

#### **Middlesex**

Gilead Community Services  
681 Saybrook Road  
Middletown, CT 06457  
860-343-5303  
<http://www.gileadcs.org>

Community Health Center  
675 Main Street  
Middletown, CT 06457  
860-347-6971 x 3670  
<http://www.chc1.com>

Middlesex Hospital  
103 South Main Street  
Middletown, CT 06457  
860-358-8825



<http://middlesexhospital.org>

Middlesex MISA Project (Military)  
C/o Rushford Center  
1250 Silver Street  
Middletown, CT 06457  
860-346-0300 x 115  
<http://www.rushford.org>

## Northeast

### **United Services -**

The Adult Mental Health Outpatient Services provides office-based treatment for a wide range of emotional disorders. These services are directed toward helping people function more productively in their daily lives. The program provides high quality psychiatric treatment services to individuals and family members. The program provides an integrated and comprehensive network of services that ensures continuity of care.

[www.unitedservices.org](http://www.unitedservices.org)

1007 North Main Street  
PO Box 839  
Dayville, CT 06241  
860-774-2020  
Fax 860-774-0826

303 Putnam Road  
Wauregan, CT 06387  
860-564-6100  
Fax 860-564-6110

132 Manfield Avenue  
Willimantic, CT 06226  
860-456-2261  
Fax 860-450-1357

233 Route 6  
Columbia, CT 06237  
860-228-4480  
Fax 860-228-6921

Natchaug Hospital  
189 Storrs Road, P.O. Box 260  
Mansfield Center, CT 06250  
860-456-1311  
[www.natchaug.org](http://www.natchaug.org)

Town of Mansfield  
4 South Eagleville Road  
Mansfield, CT 06268  
860-429-3315  
<http://www.mansfieldct.org>  
[HumanServ@mansfieldct.org](mailto:HumanServ@mansfieldct.org)

UConn Psychological Services  
406 Babbidge Road, 2nd Floor  
W.A. Bousfield Building  
Storrs, CT 06269-1020  
860-486-2642  
[http://www.csd.uconn.edu/handbook\\_8k.html](http://www.csd.uconn.edu/handbook_8k.html)

UConn Humphrey Clinic  
843 Bolton Road, Unit 1117  
Human Development Center  
Storrs, CT 06269  
860-486-3692  
<http://www.familystudies.uconn.edu/centers/humphrey/>

Generations Family Center  
40 Mansfield Avenue  
Willimantic, CT 06226  
860-450-0585  
<http://www.genhealth.org>

United Services  
132 Mansfield Avenue  
Willimantic, CT 06226  
860-456-2261  
<http://www.unitedservicesct.org>

United Services  
233 Route 6  
Columbia, CT 06237  
860-228-4480  
<http://www.unitedservicesct.org>

## **Southeast**

Backus Hospital  
Center for Mental Health Services  
326 Washington Street  
Norwich, CT 06360  
860-823-6321  
[www.backushospital.org](http://www.backushospital.org)

Lawrence & Memorial Hospital  
365 Montauk Avenue  
New London, CT 06320  
860-442-0711  
[www.lmhospital.org](http://www.lmhospital.org)

Sound Community Services, Inc.  
165 State Street, Suite 200  
New London, CT 06320  
860-443-0036  
[www.soundcommunityservices.org](http://www.soundcommunityservices.org)

Women's Center of Southeastern CT, Inc.  
16 Jay Street  
New London, CT 06320  
860-447-0366  
[www.womenscenterofsect.org](http://www.womenscenterofsect.org)

Norwich Veteran Center  
2 Cliff Street, 3<sup>rd</sup> floor  
Norwich, CT 06360  
860-887-1755

Catholic Charities Diocese of Norwich  
331 Main Street  
Norwich, CT 06360  
860-889-8346  
<http://www.ccfns.org>

United Community and Family Services  
47 Town Street  
The Meadows Center  
Norwich, CT 06360-5430  
860-892-7042 x733  
<http://www.ucfs.org>

Interfaith Counseling Services  
P.O. Box 517  
Jewett City, CT 06351  
866-659-6051  
<http://www.interfaithcounseling.net/>

Navy Fleet and Support Center  
Naval Submarine Base Box 93, Building 83  
Groton, CT 06349  
860-694-3383

## **INTENSIVE OUTPATIENT PROGRAMS/PARITAL HOSPITALIZATION PROGRAMS \***

### **Middlesex**

Rushford Center  
1250 Silver Street  
Middletown, CT 06457  
800-542-4791 or 860-346-0300  
<http://www.rushford.org>

Middlesex Hospital  
33 Pleasant Street  
Middletown, CT 06457  
860-358-8805  
<http://middlesexhospital.org>

Wheeler Clinic - The Academy  
20 Tuttle Place

Middletown, CT 06457-1827  
860-632-4100  
<http://www.wheelerclinic.org>

## **Northeast**

Perception Programs  
54 North Street, P.O. Box 407  
Willimantic, CT 06226  
860-450-7122  
[www.perceptionprograms.org](http://www.perceptionprograms.org)

Natchaug Hospital Care Plus  
1353 Gold Star Highway  
Groton, CT 06340  
860-449-9947  
[www.natchaug.org](http://www.natchaug.org)

Natchaug Hospital Sachem House  
189 Storrs Road  
Mansfield Center, CT 06250-0260  
860-456-1311  
[www.natchaug.org](http://www.natchaug.org)

Natchaug Hospital Quinnebaug Day Treatment Center  
11 Dog Hill Road  
Dayville, CT 06241  
860-779-0321  
[www.natchaug.org](http://www.natchaug.org)

Natchaug Hospital River East Treatment Center  
428 Hartford Turnpike.  
Vernon, CT 06066  
860-870-0119  
[www.natchaug.org](http://www.natchaug.org)

## **Southeast**

Backus Hospital  
Center for Mental Health Services  
326 Washington Street  
Norwich, CT 06360  
860-823-6321  
[www.backushospital.org](http://www.backushospital.org)

United Services  
1007 North Main Street  
P.O. Box 839  
Dayville, CT 06241  
860-774-2020  
<http://www.unitedservicesct.org>

Lawrence & Memorial Hospital  
365 Montauk Avenue  
New London, CT 06320  
860-442-0711  
[www.lmhospital.org](http://www.lmhospital.org)

## **SUBSTANCE ABUSE TREATMENT \***

### **Middlesex**

Gilead Community Services  
681 Saybrook Road  
Middletown, CT 06457  
860-343-5303  
<http://www.gileadcs.org>

Rushford Center  
1250 Silver Street  
Middletown, CT 06457  
800-542-4791 or 860-346-0300  
<http://www.rushford.org>

The Connection  
196 Court Street  
Middletown, CT 06457  
877-205-6359 or 860-343-5510  
<http://www.theconnectioninc.org>

Community Health Center  
675 Main Street  
Middletown, CT 06457  
860-347-6971  
[www.chc1.com](http://www.chc1.com)

### **Northeast**

Perception Programs  
54 North Street, P.O. Box 407  
Willimantic, CT 06226  
860-450-7122

Natchaug Hospital  
189 Storrs Road, P.O. Box 260  
Mansfield Center, CT 06250  
860-456-1311  
[www.natchaug.org](http://www.natchaug.org)

United Services  
1007 North Main Street, P.O. Box 839  
Dayville, CT 06241  
860-774-2020  
<http://www.unitedservicesct.org>

## **Southeast**

Backus Hospital - Center for Mental Health Services  
326 Washington Street  
Norwich, CT 06360  
860-823-6321  
[www.backushospital.org](http://www.backushospital.org)

The Connection  
81 Franklin Street  
Norwich, CT 06360  
860-425-5258  
877-205-6359 Intake - Substance Abuse/Outpatient Programs  
<http://www.theconnectioninc.org>

Stonington Institute  
75 Swantown Hill Road  
North Stonington, CT 06359  
860-535-1010  
800-832-1022 24 hours/7 days  
<http://www.stoningtoninstitute.com>

Lawrence & Memorial Hospital  
365 Montauk Avenue  
New London, CT 06320  
860-442-0711  
[www.lmhospital.org](http://www.lmhospital.org)

Sound Community Services, Inc.  
165 State Street, Suite 200  
New London, CT 06320  
860-443-0036  
[www.soundcommunityservices.org](http://www.soundcommunityservices.org)

Substance Abuse Rehabilitation Program  
Department of the Navy - SARP Code 32 NBHC Groton Box 600  
Groton, CT 06349  
860-694-4837  
<https://cnic.navy.mil/newlondon/>

## **METHADONE MAINTENANCE\***

Connecticut Valley Hospital Addiction Services Division  
P.O. Box 351  
Middletown, CT 06457  
800-828-3396

Hartford Dispensary Willimantic Clinic  
54-56 Boston Post Road  
Willimantic, CT 06226  
860-456-7990

Community Health Resources/CPAS  
391 Pomfret Street  
Putnam, CT 06260  
860-963-4971  
[www.chrhealth.org](http://www.chrhealth.org)

Hartford Dispensary New London Clinic  
931 Bank Street  
New London, CT 06320  
860-447-2233

Hartford Dispensary Norwich Clinic  
772 West Thames Street  
Norwich, CT 06360  
860-886-0446

### **AMBULATORY DETOX**

Rushford Center Inc. - Non Hospital Medical Unit  
1250 Silver Street  
Middletown, CT 06457  
860-346-0300

Connecticut Valley Hospital  
P.O. Box 351  
Middletown, CT 06457  
800-828-3396

Hartford Dispensary Willimantic Clinic  
54-56 Boston Post Road  
Willimantic, CT 06226  
860-456-7990

Community Prevention Addiction Services Inc., Pathways Detox  
Pomfret Street  
Putnam, CT 06260  
Intake: 860-963-4972  
860-963-4971

Hartford Dispensary New London Clinic  
931 Bank Street  
New London, CT 06320  
860-447-2233

SE Council on Alcohol and Drug Dependency Inc. (SCADD)/Detox  
New London, CT 06320  
860-447-1717

Hartford Dispensary Norwich Clinic  
772 West Thames Street  
Norwich, CT 06360  
860-886-0446

Stonington Institute  
75 Swantown Hill Road  
North Stonington, CT 06359  
860-535-1010  
800-832-1022 24 hours/7 days  
[www.stoningtoninstitute.com](http://www.stoningtoninstitute.com)

## **RESIDENTIAL TREATMENT FACILITIES**

Rushford Treatment Center  
1250 Silver Street  
Middletown, CT 06457  
860-828-3396

Connection Inc., Groton - Mother's Retreat  
100 Roscommon Drive Suite 203  
Middletown, CT 06457  
203-405-2107

Connection Inc., Middletown - Halle House  
167 Liberty Street  
Middletown CT 06457  
860-343-5513

CPAS, Willimantic - T. Murphy Center  
Thomas Murphy Center  
1493 West Main Street  
Willimantic CT 06226  
860-456-1769

Perceptions, Willimantic - Perception House  
134 Church Street  
Willimantic CT 06226  
860-450-7130

CPAS - Milestone  
391 Pomfret Street  
Putnam CT 06260  
860-928-1860

CPAS, Putnam - New Life Residences  
New Life Center Intermediate Residential Treatment Program  
391 Pomfret Street  
Putnam CT 06260  
860-963-6763 or 860-928-1860

SCADD, Lebanon - Lebanon Pines  
37 Moween Road  
Lebanon, CT 06249  
860-447-1717



## **PROBLEM GAMBLING SERVICES**

### **Hotlines**

CT Council on Problem Gambling Toll Free Help Line: 1-888-789-7777 or 1-800-346-6238  
National Problem Gambling Helpline: 800-522-4700

**Better Choice Programs** - gambling-specific treatment programs funded by the State of Connecticut. Services are offered at more than 16 locations in Connecticut through community agencies. Most programs offer a variety of outpatient services including: individual, group, and budget counseling for both problem gamblers and family members, psychiatric evaluation for both gamblers and family members, and couples and family counseling.

United Community and Family Services  
47 Town Street, Meadows Plaza  
Norwich, CT 06360  
860-823-3094

The Connection Inc. - Better Choice Program  
CVH, P.O. Box 351, Russell Hall  
Middletown, CT 06457  
860-344-2244 or toll free 866-440-4375

**Gamblers Anonymous** - fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from a gambling problem.

[www.gamblersanonymous.org](http://www.gamblersanonymous.org)

### **Middletown GA**

Open Meeting  
Thursday, 7:00-9:30 PM  
Connecticut Valley Hospital  
1000 Silver Street  
Middletown, CT 06457

### **Norwich GA**

Closed Meeting  
Monday, 7:30 PM  
Lee Memorial Methodist Church  
294 Washington Street  
Norwich, CT 06360

### **Quaker Hill GA**

Closed Meeting  
Wednesday, 7:30 PM  
Quaker Hill Baptist Church  
144 Old Norwich Road  
Quaker Hill, CT 06353

### **Waterford GA**

Closed Meeting  
Saturday, 11:00 AM - 1:00 PM

### **Waterford Library**

49 Rope Ferry Road  
Waterford, CT 06385

## **CASE MANAGEMENT SERVICES**

### **Middlesex**

Gilead Community Services  
86 Middlesex Turnpike Route 154  
Chester, CT 06412  
860-526-2624  
<http://www.gileadcs.org>

Middlesex MISA Program  
1250 Silver Street  
C/o Rushford Center  
Middletown, CT 06457  
860-346-0300 x115  
<http://www.rushford.org>

River Valley Services  
Silver Street  
Middletown, CT 06457  
860-262-5200  
<http://www.ct.gov/dmhas/rvs>

### **Acquired Brain Injury Case Management**

Futures  
158 Broad Street  
Middletown, CT 06457  
888-891-9319

Marrakech  
98 Washington Street  
Middletown, CT 06457  
860-346-0342

### **Northeast**

United Services, Inc.  
Case Management staff helps individuals who have severe and prolonged mental illness to live independently in the community. Family and friends are integral to a person's well-being and with a client's invitation may become significant contributors to the service planning process.  
[www.unitedservices.org](http://www.unitedservices.org)

1007 North Main Street  
PO Box 839  
Dayville, CT 06241  
860-774-2020  
Fax 860-774-0826

132 Mansfield Avenue  
Willimantic, CT 06237  
860-456-2261  
Fax 860-450-1357

Access Agency  
1315 Main Street, Suite 2  
Willimantic, CT 06226  
860-450-7400  
[www.accessagency.org](http://www.accessagency.org)

United Services  
1007 North Main Street, P.O. Box 839  
Dayville, CT 06241  
860-774-2020  
[www.unitedservicesct.org](http://www.unitedservicesct.org)

## **Southeast**

Sound Community Services  
21 Montauk Avenue  
New London, CT 06320  
860-439-6458  
[www.soundcommunityservices.org](http://www.soundcommunityservices.org)

Backus Hospital- Deaf Hearing Impaired  
326 Washington Street  
Norwich, CT 06360  
860-823-6321  
[www.backushospital.org](http://www.backushospital.org)

Reliance House  
40 Broadway  
Norwich, CT 06360  
860-887-6536  
[www.reliancehouse.org](http://www.reliancehouse.org)

SMHA  
401 West Thames Street, Building 301  
Norwich, CT 06360  
860-859-4500 or 860-859-4558  
[www.ct.gov/dmhas/cwp/view.asp?a=2917&q=335372](http://www.ct.gov/dmhas/cwp/view.asp?a=2917&q=335372)

**Transitional Case Management (TCM)** - helps ensure a successful transition back into the community after incarceration. This is accomplished through comprehensive case management and substance abuse treatment that supports inmates 3 months prior and up to 4 months after release from prison.

Southeastern Council on Alcoholism and Drug Dependence (SCADD)  
47 Coit Street  
New London, CT 06320  
860-447-1717

Community Renewal Team (Greater Hartford)  
675 Tower Avenue  
Hartford, CT 06112  
860-714-2718

## **DOMESTIC VIOLENCE SERVICES**

New Horizons Domestic Violence Shelter  
P.O. Box 1036  
Middletown, CT 06457  
860-347-3044

Non Violence Alliance  
386 Main Street  
Middletown, CT 06457  
860-347-8220  
[www.nonviolencealliance.org](http://www.nonviolencealliance.org)

United Services - provides support, advocacy, referral and counseling for victims of domestic violence and their children. The confidential hotlines are available for crisis intervention 24 hours a day, seven days a week. Emergency shelter and referrals are also available for families who need a safe place in a crisis. All calls are confidential. Support groups are available to the community and shelter residents. Certified, trained domestic violence advocates provide all services. Other Services Include: Safety planning, Counseling and support groups, Court advocacy, Information and referral, Spanish speaking staff, Emergency shelter, Educational programs and trainings are offered in schools, the workplace and the community.

HOTLINES: 860 456- 9476 and 860 774-8648

Support Group Meeting Times (for victims of Domestic Violence without regard to income):

Killingly Area  
Thursdays, 10:00 - 11:30 am  
860-774-8648  
AND  
Willimantic Area  
Wednesdays, 10:30am - Noon  
860-456-9476

Women's Center of Southeast CT  
16 Jay Street  
New London, CT 06320  
860-447-0366  
New London Court 860-443-3959  
Norwich Court 860-889-2271

Child and Family Agency of Southeast CT  
591 Poquonnock Road  
Groton, CT 06340  
860-449-8217  
[www.cfapress.org](http://www.cfapress.org)

The Connection Counseling Center  
542 Long Hill Road  
Groton, CT 06340  
860-448-4993  
To schedule an appointment 1-877-205-6359

## **EMPLOYMENT SERVICES**

### **Middlesex**

CT Works One Stop Career Center  
645 South Main Street  
Middletown, CT 06457  
860-754-5000 or 860-754-5199 or 860-754-5168  
[www.ctdol.state.ct.us/ContactInfo/Default.htm](http://www.ctdol.state.ct.us/ContactInfo/Default.htm)

John J Driscoll United Labor Agency  
100 Riverview Center Unit 270  
Middletown, CT 06457  
860-347-8060  
[www.ctula.org](http://www.ctula.org)

Ryan Woods Autism Foundation  
Riverview Center (Behind Police Station)  
100 Riverview Center, Suite 102  
Middletown, CT 06457  
860-346-8777  
[www.ryanwoodsautismfoundation.org](http://www.ryanwoodsautismfoundation.org)

### **Northeast**

CT Works One Stop Career Center  
95 Wescott Road  
Danielson, CT 06239  
860-412-7000 or 860-412-7034 or 860-779-5847  
[www.ctdol.state.ct.us/ContactInfo/CTWorks/DANLSN\\_Info.htm](http://www.ctdol.state.ct.us/ContactInfo/CTWorks/DANLSN_Info.htm)

Goodwill Industries of Western and Northern CT  
161 Main Street  
Danielson, CT 06239  
860-774-0085

Eastern CT Workforce Investment Board  
108 New Park Avenue  
Franklin, CT 06254  
860-859-4100  
<http://www.ewib.org>

EASTCONN  
376 Hartford Turnpike  
Hampton, CT 06247  
860-455-1572  
[www.eastconn.org](http://www.eastconn.org)

CT Works One Stop Career Center  
1320 Main Street  
Tyler Square #1  
Willimantic, CT 06226  
860-786-6200 or 860-465-3164 or 860-450-7527  
[www.ctdol.state.ct.us/ContactInfo/CTWorks/WLLMNTC\\_Info.htm](http://www.ctdol.state.ct.us/ContactInfo/CTWorks/WLLMNTC_Info.htm)

## Southeast

Navy Fleet and Support Center  
Naval Submarine Base Box 93, Building 83  
Groton, CT 06349  
860-694-3383

Seabird Enterprises  
169 Thames Street  
Groton, CT 06340  
860-446-0882 x206  
860-446-1910 TTY  
<http://www.seabirdenterprises.net>  
[seabird@seabirdenterprises.org](mailto:seabird@seabirdenterprises.org)

Centro De La Comunidad  
109 Blinman Street  
New London, CT 06320  
860-442-4463  
[www.centrocomunidad.org](http://www.centrocomunidad.org)

CT Works One Stop Career Center  
Shaw's Cove Six  
New London, CT 06320  
860-439-7400  
860-439-7414 TTY  
[www.ctdol.state.ct.us/ContactInfo/CTWorks/NLNDN\\_Info.htm](http://www.ctdol.state.ct.us/ContactInfo/CTWorks/NLNDN_Info.htm)

CT Works One Stop Career Center  
113 Salem Turnpike, Suite 200  
Norwich, CT 06360  
860-859-5600  
860-859-5613 TTY  
[www.ctdol.state.ct.us/ContactInfo/CTWorks/NRWCH\\_Info.htm](http://www.ctdol.state.ct.us/ContactInfo/CTWorks/NRWCH_Info.htm)

Norwich Human Services  
80 Broadway  
City Hall Annex  
Norwich, CT 06360  
860-823-3778 or 860-823-3753  
[www.norwichct.org](http://www.norwichct.org)  
[nhs@cityofnorwich.org](mailto:nhs@cityofnorwich.org)

Thames Valley Council for Community Action  
401 West Thames Street Unit 201  
Norwich, CT 06360-7155  
860-425-6603  
[www.tvcca.org](http://www.tvcca.org)  
Stonington Human Services  
166 South Broad Street  
Pawcatuck, CT 06379  
860-535-5015  
[www.townofstonington.com](http://www.townofstonington.com)  
[humanservices2@stonington-ct.gov](mailto:humanservices2@stonington-ct.gov)

## **PEER SUPPORT SERVICES**

**DMHAS Warm Lines** - telephone services staffed by people with psychiatric disabilities who offer phone support to their peers. These lines are **not** crisis lines and the hours of operation vary at each facility.

Common Thread Warm Line (River Valley Services)  
Middletown, CT  
1-800-316-9145  
5pm to 10pm 7 days a week

Shareline  
401 West Thames Street  
Norwich, CT 06360  
860-885-7274  
12 p.m.-4 p.m. Monday thru Friday

**Advocacy Unlimited, Inc.**- educates consumers of mental health services so that individuals can make informed choices about their own care and chart their own futures. The goal is to integrate all persons, regardless of identified disabilities, into the larger community. Advocacy Unlimited's vision is to create a network of advocates, strategically placed throughout the state, equipped with the skills necessary to produce a loud and unified consumer voice.

300 Russell Road  
Wethersfield, CT 06109  
800-573-6929 or 860-667-0460

**Connecticut Communities for Addiction Recovery (CCAR)** - an independent, grass-roots level, statewide network made up recovering people, their significant others, families and friends working together towards ensuring that our society will see addiction treatment and recovery as a positive effort in the future. CCAR also offers **Telephone Recovery Support**, helping people in recovery stay in recovery. Sometimes just a phone call can make the recipient feel wanted, included and cared about. A person new in recovery receives a weekly call from a trained person to check in and see how their recovery is going. On average, people receive calls for fourteen weeks, often times much longer. Recoverees can also enroll online.

198 Wethersfield Avenue  
Hartford, CT 06114  
1-800-708-9145  
[www.ccar.us](http://www.ccar.us)

**For-U Focus on Recovery-United, including Recovery University** - A consumer run and operated DMHAS funded organization, a Center of Excellence, and a wonderful resource for CT adults who experience psychiatric symptoms, and for their families and their care givers.

100 Riverview Center, Suite 272  
Middletown, CT 06457  
860-704-0556  
Toll free in CT: 1-866-255-5029  
Fax: 860-704-0767  
[www.focusonrecovery.org](http://www.focusonrecovery.org)

**The National Alliance on Mental Illness - Connecticut (NAMI-CT)** - dedicated to the eradication of mental illness and to the improvement of the quality of life of those whose lives are affected by these diseases. The organization serves as an alliance of individuals, families, and friends of those with mental illness, of persons who have or have had mental illness, and of NAMI-CT local Affiliates and Associate members.

241 Main Street, 5th floor  
Hartford, CT 06106  
1-800-215-3021

### **DMHAS SOCIAL CLUBS**

Gilead Social Club  
31 DeJohn Drive  
Middletown, CT 06457  
860-343-5310

Oasis Center (Sound Community Services)  
932 Bank Street  
New London, CT 06320  
860-442-0605

Reliance House Inc.  
40 Broadway  
Norwich, CT 06360  
860-887-6536

Teamworks  
124 Laurel Hill Avenue  
Norwich, CT 06360  
860-885-1834

Welcome Arms  
79 Woodstock Avenue  
Putnam, CT 06260  
860-928-6130

Lighthouse Willimantic  
47 Arnolds Lane  
Willimantic, CT 06226  
860-423-7791

### **ADDITIONAL RESOURCES**

**The Connecticut Military Support Program (MSP)** - addresses a range of problems facing Reserve Component military personnel and their families as they prepare for deployment or return to civilian life.  
1-866-251-2913

**The National Alliance on Mental Illness - Connecticut (NAMI-CT)** - dedicated to the eradication of mental illness and to the improvement of the quality of life of those whose lives are affected by these diseases. The organization serves as an alliance of individuals, families, and friends of those with mental illness, of persons who have or have had mental illness, and of NAMI-CT local Affiliates and Associate members.

241 Main St., 5th floor  
Hartford, CT 06106  
1-800-215-3021



## **BASIC NEEDS RESOURCES in the MIDDLETOWN/WILLIMANTIC/NORWICH AREA**

**Infoline** (211) - Connecticut's free information and referral service. Simply by dialing 2-1-1, a toll-free number throughout Connecticut, callers can reach knowledgeable, multilingual staff and get information, referrals or seek help in a crisis. 2-1-1 operates 24 hours a day, every day of the year.

### **ADVOCACY & LEGAL**

**Advocacy Unlimited, Inc.**- educate consumers of mental health services so they may make informed choices about their own care and chart their own futures. The goal is to integrate all persons, regardless of identified disabilities, into the larger community. Advocacy Unlimited's vision is to create a network of advocates, strategically placed throughout the state, equipped with the skills necessary to produce a loud and unified consumer voice.

300 Russell Road  
Wethersfield, CT 06109  
800-573-6929 or 860-667-0460

**Connecticut Legal Rights Project, Inc (CLRP)** - The CLRP is an independent, nonprofit legal service organization, entirely separate from DMHAS or any hospital or provider agency. The advocates and lawyers of CLRP represent clients who receive services from DMHAS in Connecticut. They work with people to express their wishes and to get their needs met. They make every effort to ensure that clients are informed of their rights and options concerning treatment and other life choices.

P O Box 351, Silver Street  
Middletown, CT 06457  
Main Office at CVH: 860-262-5030  
Toll Free Number: 877-402-2299

**Connecticut Legal Services** - provides special education representation to low income clients. Community education materials can be found at: [www.larcc.org](http://www.larcc.org) under publications of children with disabilities.

1-800-233-7619  
[povertylaw@connlegalservices.org](mailto:povertylaw@connlegalservices.org)  
[www.connlegalservices.org](http://www.connlegalservices.org)

**FAVOR - Family Advocacy**- Services include direct family advocacy, system advocacy, education and training, support, technical assistance and consultation

2138 Silas Deane Highway  
Rocky Hill, CT 06067  
860-563-3232

### **FEDERALLY QUALIFIED HEALTH CENTERS (FOHC)**

Generations Family Health Center  
40 Mansfield Avenue  
Willimantic, CT 0622  
860-450-7471

Generations Family Health Center  
54 Reynolds Street  
Danielson, CT  
860-774-7501

Generations Family Health Center  
W. W. Backus Medical Office Building  
330 Washington Street – Suite 510  
Norwich, CT 06360  
860-885-1308

Generations Family Health Center  
37C Kennedy Drive  
Putnam, CT 06260  
860-963-7917

## **TRANSPORTATION**

**Logisticare** - 888-248-9895

**Dial-A-Ride** – 866-906-RIDE

**Northwest Transit District Inter-Regional Service** - 860-489-2535

### **Eastern CT Transportation Consortium**

18 Meridian Street  
New London, CT 06320  
860-439-1207

<http://www.ectcinc.com>

## **HOUSING RESOURCES AND HOMELESS SERVICES**

**Homeless services** - provided by DMHAS to homeless individuals who are suffering from a serious mental illness, or who are suffering from a serious mental illness and have a substance use disorder. It consists of assertive outreach to clients, building a trusting relationship, engagement, and referral to case management services.

Gilead Community Services  
681 Saybrook Road  
Middletown, CT 06457  
860-343-5300

River Valley Services  
P.O. Box 351  
Middletown, CT 06457  
860-262-5306

Sound Community Services, Inc.  
P.O. Box 2170  
New London, CT 06320  
860-859-4755

Reliance House, Inc.  
40 Broadway  
Norwich, CT 06360  
860-859-4647

Southeastern Mental Health Authority  
401 W. Thames Street, Bldg. 301  
Norwich, CT 06360  
860-859-4649

**Homelessness Prevention and Rapid Re-Housing Program (HPRP)** – provides homelessness prevention assistance to households who would otherwise become homeless and to quickly re-house those already without a home. Whether applicants are suffering from the effects of the current economic crisis or from other long-term or chronic problems, their needs will be addressed. Individual and family clients of HPRP will be re-housed in a more stable location where they no longer have to worry about being without a place to live. Services to clients include security deposits, rental assistance, utility deposits, utility assistance and hotel or motel vouchers for relocation. HPRP also provides case management, coordinates services and conducts outreach and engagement to let more people know about this supportive program. They also guide the housing search and placement activities, offer legal services related to housing and assist with credit counseling.

For more information, call Thames Valley Community Action Council at 860-425-6545 for the Eastern Region and Mercy Housing & Shelter Corp.,Inc. at 860-808-2040 for Middlesex

**Housing Assistance Fund** - Program funded by the State that provides rental assistance to persons with serious mental illness and substance abuse disorders on a temporary basis while an individual/family is on a waiting list for permanent state and/or federal subsidy. Services are provided by the local system of care on an in-kind basis.

Sound Community Services, Inc.  
P.O. Box 2170  
New London, CT 06320  
860-859-4755

Reliance House, Inc.  
40 Broadway  
Norwich, CT 06360  
860-859-4647

Southeastern Mental Health Authority  
401 W. Thames Street, Bldg. 301  
Norwich, CT 06360  
860-859-4649

Gilead Community Services  
681 Saybrook Road  
Middletown, CT 06457  
860-343-5300

River Valley Services  
P.O. Box 351  
Middletown, CT 06457  
860-262-5306

**Housing Initiative- Pilots & Next Step Supportive Housing Initiative** - A public/private collaborative effort to foster the development of long-term solutions to the housing and service needs of families and individuals, coping with psychiatric disabilities and/or chemical dependency who are facing homelessness.

The Connection, Inc.  
955 South Main Street  
Middletown, CT 06457  
860-344-0682 x103

St. Vincent DePaul Society  
617 Main Street, P.O. Box 398  
Middletown, CT 06457  
860-344-0097 x11

The Access Agency, Inc.  
1315 Main Street  
Willimantic, CT 06226  
860-774-0418 x3606

Sound Community Services  
P.O. Box 2170  
New London, CT 06320  
860-859-4648 or 860-859-4776

Reliance House, Inc.  
40 Broadway  
Norwich, CT 06360  
860-887-6536

United Services, Inc.  
132 Mansfield Avenue  
Willimantic, CT 06226  
860-456-2261

Thames Valley Council for Community Action, Inc.  
401 W. Thames Street  
Norwich, CT 063560  
860-425-6545

Thames River Community Service Inc.  
One Thames River Place  
Norwich, CT 06360  
860-887-3288

Alliance for Living (persons living with AIDS)  
154 Broad Street  
New London, CT 06320  
860-447-0884

**PATH** - Through the federally funded Projects for Assistant in Transition from Homelessness, DMHAS and other agencies provide research for persons who are homeless or at risk of homelessness and have serious mental health needs

Community Health Center  
635 Main Street  
Middletown, CT 06457  
860-347-6971

Reliance House  
40 Broadway  
Norwich, CT 06360  
860-887-6536 x266

Sound Community Services  
P.O. Box 2170  
New London, CT 06320  
860-443-0036 x185

Perception Program, Inc.  
45 North Street  
PO Box 407  
Willimantic, CT 06226  
860-450-0151 x11

**Access Agency - Beyond Shelter** - Beyond Shelter CT provides assistance to homeless families or individuals reuniting with their children. Comprehensive case management is provided for approximately one year to ensure participants maintain an appropriate living situation. Once eligible families and single adults that are homeless, residing within shelters or transitional living programs obtain permanent housing, they are given support through individual service plans. All customers receive home-based support and limited transportation to maintain housing stability. Referrals for energy assistance, educational workshops, food, health care, mental health and substance abuse treatment are made to service providers and community partners. Housing Coordinators provide education/training to shelter residents which include budgeting, life skills, tenant/landlord rights, and legal advocacy. Beyond Shelter CT provides outreach within Windham and Tolland counties in an effort to develop cohesive community collaboration and increase referral partnerships.

Access Agency  
1315 Main Street, Suite 2  
Willimantic, CT 06226  
860 450-7400

**Shelter Plus Care** - Program funded through HUD that provides rental assistance and supportive services for homeless individuals, who have a serious mental illness, a substance abuse disorder, or HIV/AIDS. DMHAS administers this program for many communities in the State.

United Services, Inc  
132 Mansfield Avenue  
Willimantic, CT 06226  
860-456-2261  
Fax: 860-450-1357

Southeaster Mental Health Authority  
401 West Thames Street, Bldg. 301  
Norwich, CT 06360  
860-859-4649  
Fax: 860-859-4659

River Valley Services  
P.O. Box 315  
Middletown, CT 06457  
860-262-5306  
Fax: 860-262-5359

## **SHELTERS**

Mercy Housing and Shelter Corporation - Shepherd Home Middletown - Transitional Housing  
112 Bow Lane  
Middletown, CT 06457  
860-344-0766

American Red Cross - American Red Cross Family Shelter  
117 Daddario Road  
Middletown, CT 06457  
860-347-8686

Access Community Agency Emergency Shelter  
51 Reynolds Street  
Danielson, CT 06239  
860-774-4977

Columbus House  
126 Daddario Road  
Middletown, CT 06457  
860-347-8686

The Connection Eddy Shelter  
One Labella Circle  
Middletown, CT 06457  
860-343-5520

Covenant Center of New London  
42 Jay Street  
New London, CT 06320  
860-443-0537

Holy Family  
88 Jackson Street  
Willimantic, CT 06226  
860-423-7719

New London Homeless Hospitality Center - St. James Shelter  
76 Federal Street  
New London, CT 06320  
860-439-1573

Thames Valley Council for Community Action, Inc.  
401 W. Thames Street  
Norwich, CT 063560  
860-425-6545

Sound Community Services, Inc.  
P.O. Box 2170  
New London, CT 06320  
860-859-4755

Outreach for the Unreached Ministry/No Freeze Shelter  
12 Inchcliffe Drive  
Gales Ferry, CT 06335  
860-464-6222

Reliance House, Inc.  
40 Broadway  
Norwich, CT 06360  
860-859-4647

Martin House  
401 W. Thames St., Building 700  
Norwich, CT 06360  
860-889-6150

Southeastern Mental Health Authority  
401 W. Thames Street, Bldg. 301  
Norwich, CT 06360  
860-859-4649

Gilead Community Services  
681 Saybrook Road  
Middletown, CT 06457  
860-343-5300

River Valley Services  
P.O. Box 351  
Middletown, CT 06457  
860-262-5306

The Connection - Supportive Housing for Families  
955 South Main Street  
Middletown, CT 06457  
860-343-5500

Community Health Center  
675 Main Street  
Middletown, CT 06457  
860-347-6971

Middlefield CT Housing Authority - Elderly and Disabled Housing  
1 Sugarloaf Terrace  
Middlefield, CT 06481  
860-344-9933

Deep River CT Housing Authority  
60 Main Street  
Deep River, CT 06417  
860-526-5119

Essex CT Housing Authority - affordable public housing complex established for elderly and disabled residents  
16 Main Street  
Essex, CT 06409

860-767-1250

Middletown Housing Authority - Public Housing, Section 8, Low Income Housing  
40 Broad Street  
Middletown, CT 06457  
860-346-8671

## **SOUP KITCHENS & FOOD PANTRIES**

Community Kitchens of Northeast CT  
United Methodist Church  
9 Spring Street  
Danielson, CT 06239  
860-230-7204

Shoreline Soup Kitchens and Pantries  
24 River Street  
Deep River, CT 06417  
860-388-1988

10 Prospect Street  
Essex, CT 06426  
860-388-1988

23 Main Street  
Essex, CT 06426  
860-388-1988

2 Ferry Road  
Old Lyme, CT 06371  
860-388-1988

Care and Share Soup Kitchen  
Pleasant Valley Community of Prayer  
20 Grove Avenue  
Groton, CT 06340  
860-446-1616

Saint Vincent De Paul  
617 Main Street  
Middletown, CT 06457  
860-344-0097

AND  
120 Cliff Street  
Norwich, CT 06360  
860-889-7374

Community Kitchens of Northeast CT  
All Hallows Church  
130 Prospect Street  
Moosup, CT 06354  
860-230-7204



Central Baptist Church Soup Kitchen  
2 Union Street  
Norwich, CT 06360  
860-889-8313

Interfaith Community Luncheon  
C/o St. Mark's Lutheran Church  
248 Broadway  
Norwich, CT 06360  
860-887-6826

Salvation Army Norwich Corps Community Center  
262 Main Street  
Norwich, CT 06360  
860-889-2329

Pawcatuck Neighborhood Center  
27 Chase Street  
Pawcatuck, CT 06379  
860-599-3285

Community Kitchens of Northeast CT  
United Methodist Church  
51 Grove Street  
Putnam, CT 06260  
860-230-7204

Community Kitchens of Northeast CT  
United Methodist Church  
Route 12, Riverside Drive  
Thompson, CT 06255  
860-230-7204

Covenant Soup Kitchen  
220 Valley Street  
Windham, CT 06226  
860-423-1643

New London Community Meal Center  
12 Montauk Avenue  
New London, CT 06320  
860-444-7745

Salvation Army Willimantic Community Center  
316 Pleasant Street  
Willimantic, CT 06226  
860-423-0977

Access Community Action Agency  
1315 Main Street Suite 2  
Willimantic, CT 06226  
860-450-7400

Catholic Charities Diocese of Norwich  
88 Jackson Street  
Windham, CT 06226  
860-423-7065

Catholic Charities Diocese of Norwich  
331 Main Street  
Norwich, CT 06360  
860-889-8346

Covenant Soup Kitchen  
220 Valley Street  
Windham, CT 06226  
860-423-1643

Salvation Army Norwich Corp Community Center  
262 Main Street  
Norwich, CT 06360  
860-889-2329

Central Baptist Church Soup Kitchen  
2 Union Street  
Norwich, CT 06360  
860-889-8313

Saint Vincent De Paul Place Norwich  
120 Cliff Street  
Norwich, CT 06360  
860-889-7374

Preston City Congregational Church  
321 Route 164  
Preston, CT 06365  
860-887-6452 or 860-887-4647 or 860-889-0238

Alliance for Living  
154 Broad Street  
New London, CT 06320  
860-447-0884  
[www.allianceforliving.org](http://www.allianceforliving.org)  
[alliance.for.living@snet.net](mailto:alliance.for.living@snet.net)

Shiloh Baptist Church  
346 Butternut Street  
Middletown, CT 06457  
860-346-8295

Zion First Baptist Church  
16 James A. Moses Avenue  
Middletown, CT 06457  
860-347-5074

Saint Vincent De Paul Middletown  
16 Stack Street  
Middletown, CT 06457

860-347-3222  
[www.stvincentdepaulplace.org](http://www.stvincentdepaulplace.org)

Town of Pomfret Elderly/Senior Center  
207 Mashamoquet Road  
Pomfret Center, CT 06259  
860-928-7459

First Haitian Baptist Church Food Pantry  
356 Central Avenue  
Norwich, CT 06360  
860-367-7413

Saint Mary's Church Food Pantry  
34 North Main Street  
Jewett City, CT 06351  
860-376-2044

Town of Bozrah  
1 River Road  
Bozrah, CT 06334  
860-889-2689

Mobile Foodshare Sites- Willington Senior Center  
60 Old Farms Road  
Willington, CT 06279  
860-429-8321

Town of Eastford Food Pantry  
16 Westford Road  
Eastford, CT 06242  
860-974-0133

East Haddam Youth and Family Services Food Pantry  
One Plains Road  
Moodus, CT 06469  
860-873-3296

Town of Montville Social and Senior Services Food Pantry  
12 Maple Avenue  
Uncasville, CT 06382  
860-848-8820

Project Northeast Food Pantry  
81 Church Street  
Putnam, CT 06260  
860-928-4078

Daily Bread- United Methodist Church Food Pantry  
53 Grove Street  
Putnam, CT 06260  
860-928-0169

Town of Ledyard Youth and Family Services Food Pantry  
741 Colonel Ledyard Highway  
Ledyard, CT 06339  
860-464-3254

Adventist Community Services of CT  
152 Bloomingdale Road  
Waterford, CT 06375  
860-442-7258

Amazing Grace Food Pantry  
16 Stack Street  
Middletown, CT 06457  
(860) 347-3222

Portland Food Bank  
7 Waverly Avenue  
Portland, CT 06480  
860-342-6795

Town of Cromwell Human Services  
41 West Street  
Cromwell, CT 06416  
860-632-3476

Town of Durham  
30 Townhouse Road  
Durham, CT 06422  
860-349-3153

Middletown Parks & Recreation - Middletown Senior Center  
150 Williams Street  
Middletown, CT 06457  
860-343-6620

City of Middletown Senior Center  
150 William Street  
Middletown, CT 06457  
860-344-3513