



Resource Guide

Bridgeport/Norwalk/ Stamford

Revised 7/13/16



The CT BHP is a Partnership that consists of the Department of Children and Families (DCF), the Department of Social Services (DSS), the Department of Mental Health and Addiction Services (DMHAS), Beacon Health Options® and a legislatively mandated Oversight Council. Expanded in 2011 to include DMHAS, the contract is designed to create an integrated behavioral health service system for our members; Connecticut’s Medicaid populations, including children and families who are enrolled in HUSKY Health and DCF Limited Benefit programs. The primary goals of the Partnership are to provide access to and coordination of a more complete and effective system of behavioral health services and supports, and to improve overall member outcomes.

For more information on CT BHP member services, please view our Member Handbook by clicking on the following link: http://www.ctbhp.com/members/mbr_info.htm.

Links to State partners: DCF: www.ct.gov/DCF DMHAS: www.ct.gov/dmhas DSS: www.ct.gov/dss

Suggestions regarding this guide are welcome to emailed to ctbhp@beaconhealthoptions.com.

Important Phone Numbers for Medicaid Members in Connecticut

| | |
|--|--|
| Claims Address | Hewlett Packard Enterprise Systems (HP ES) Members - 1-866-409-8430 If you get a bill for services call the Connecticut Medical Assistance Program’s Client Assistance Center at (866) 409-8430 for someone to help research it for you. You can also remind your Provider that he or she will need to bill (HP ES). |
| Medical (Member) | Community Health Network - CT Husky Health (Medical Medicaid)1-800-859-9889, for Hearing Impaired: 711 Website: http://www.chnct.org |
| Medical (Provider) | Community Health Network - CT Husky Health (Medical Medicaid)1-800-440-5071 Website: http://www.chnct.org |
| Behavioral Health | Connecticut Behavioral Health Partnership (Behavioral Health Medicaid)1-877-552-8247Hearing Impaired: TDD/TTY - 1-866-218-0525 or 711Website: www.ctbhp.com (HUSKY D - Residential SA Treatment, & Behavioral Health Recovery Program - Advanced Behavioral Health) (ABH 1-800-606-3677 Website: www.abhct.com) |
| Non-Emergency Transportation(Not covered for HUSKY B members) | HUSKY A, HUSKY C, and HUSKY D = Logisticare: 1-888-248-9895, for Hearing Impaired: 711Website: https://www.logisticare.com |
| Pharmacy Services | Client Assistance Center: 1-866-409-8430 or 1-860-269-2031; Hearing Impaired TDD/TTY 1-866-604-3470 or 711 |
| | Prior Authorization Assistance Center: 1-866-409-8386 or 1-860-269-2030; DSS Website: www.ctdssmap.com |
| Dental Services | Dental Health Partnership/BeneCare: Mon - Fri 8:00 am to 5:00 pm. 1-855-283-3682; Hearing Impaired: 711; Website: www.ctdhp.com |
| Vision Services | Community Health Network - CHN1-800-859-9889 |
| CONNECT CARD | HUSKY A, contact DSS Eligibility Worker |
| | HUSKY B, contact HUSKY Enrollment Center: 1-800-656-6684; Hearing Impaired: 711 |
| DSS | CT Department of Social Services Benefits Center: 1 (855) 626-6632 / DSS Information Line: 1 (855) 578-4515 |
| DDS | CT Department of Developmental Services: 1 (866) 737-0330 |
| Medicare | Medicare: 1 (800) 633-4227 |
| Social Security | Social Security Administration: 1 (800) 772-1213 |
| Xerox Spenddown | Xerox - CT Medicaid Spenddown Line: 1 (877) 858-7012 |

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**RESOURCES FOR CHILDREN & ADOLESCENTS IN THE
BRIDGEPORT/ NORWALK/ STAMFORD AREA**

(*Medicaid Covered Service)

24-HOUR CRISIS HOTLINE

Emergency Mobile Crisis Services
Phone: 211

Outpatient Psychiatric Clinics for Children (DCF Licensed) - BRIDGEPORT *

http://www.dir.ct.gov/dcf/Licensed_Facilities/listing_OPCC.asp

Boys & Girls Village
Bridgeport Office
170 Bennett Street
Bridgeport, CT 06605
203-330-6790
www.bgvillage.org

Catholic Charities of Fairfield
238 Jewett Avenue
Bridgeport, CT 06606
203-416-1322
www.ccfairfield.org

Child and Family Guidance Center (*Enhanced Care Clinic*)
180 Fairfield Avenue
Bridgeport, CT 06604
203-394-6529
www.cgccb.org

Connecticut Renaissance, Inc.
350 Fairfield Avenue, Suite 701
Bridgeport, CT 06604
203-336-5225
www.ctrenaissance.com

Child and Family Guidance Center (*Enhanced Care Clinic*)
148 Beach Road
Fairfield, CT 06824
203-394-6529
www.cgccb.org

Child and Family Guidance Center (*Enhanced Care Clinic*)
80 Ferry Blvd.
Stratford, CT 06615
203-394-6529
www.cgccb.org

Jewish Family Services, Inc.
Bridgeport
325 Reef Road, Suite #210
Fairfield, CT 06824
203-366-5438

Jewish Family Services, Inc.
Stamford
733 Summer Street
Stamford, CT 06901
203-921-4161

LifeBridge Community Services Inc.
475 Clinton Avenue
Bridgeport, CT 06605
203-368-4291
www.lifebridgect.org

Outpatient Psychiatric Clinics for Children (DCF Licensed) – NORWALK *

http://www.dir.ct.gov/dcf/Licensed_Facilities/listing_OPCC.asp

Catholic Charities of Fairfield
Norwalk Clinic
120 East Avenue
Norwalk, CT 06851
203-750-9711
www.ccfairfield.org

Family & Children's Agency
9 Mott Avenue
Norwalk, CT 06850
203-855-8765
www.familyandchildrensagency.org

Mid-Fairfield Child Guidance (*Enhanced Care Clinic*)
100 East Avenue, Bldg. A
Norwalk, CT 06851
203-299-1315
www.childguidancemfct.org

St. Vincent's BHS
One Lois Street
Norwalk, CT 06851
203-341-4508
www.stvincentsbehavioralhealth.org

Outpatient Psychiatric Clinics for Children (DCF Licensed) - STAMFORD *

http://www.dir.ct.gov/dcf/Licensed_Facilities/listing_OPCC.asp

Catholic Charities of Fairfield
Stamford Clinic
30 Myano Lane, Suite 12
Stamford, CT 06902
203-323-1105
www.ccfairfield.org

Child Guidance Center of Southern Connecticut (*Enhanced Care Clinic*)
103 West Broad Street

Stamford, CT 06902
203-324-6127
www.childguidancect.org

Child Guidance Center of Southern Connecticut (*Enhanced Care Clinic*)
196 Grey Rock Place
Stamford, CT 06902
203-324-6127
www.childguidancect.org

Child Guidance Center of Southern Connecticut (*Enhanced Care Clinic*)
23 Benedict Place
Greenwich, CT 06830
203-324-6127
www.childguidancect.org

Child Guidance Center of Southern Connecticut (*Enhanced Care Clinic*)
972 Post Road
Darien, CT 06820
203-324-6127
www.childguidancect.org

Family Centers
60 Palmer's Hill Road
Stamford, CT 06902
203-324-3167
www.familycenters.org

Family Centers
40 Arch Street
Greenwich, CT 06830
203-869-4848
www.familycenters.org

OUTPATIENT TREATMENT PROGRAMS

Trauma Focused Cognitive Behavioral Therapy (TF-CBT) TF-CBT is a clinic-based, short-term treatment (16 to 20 sessions) for children, ages 4 to 18 who have significant behavioral and emotional problems that are related to traumatic life events, even if they do not meet full diagnostic criteria for post-traumatic stress disorder (PTSD).

Child Guidance Center of Southern Connecticut
196 Grey Rock Place
Stamford, CT 06902
203-324-6127
Consultation for specific information regarding TF-CBT program – 203-517-3311
www.childguidancect.org

Dialectical Behavioral Therapy (DBT) is designed to improve an individual's capacity to effectively manage his/her emotions and eliminate self-injurious/suicidal behavior.

DBT Center of Southern Connecticut
Karen H. Brody, MD, LLC
22 Fifth Street, Penthouse Suite

Stamford, CT 06905
203-359-6777
www.dbtcenter-soct.com
Adults and Adolescents

The Dialectical and Cognitive Behavioral Therapy Center
15 Powers Court
Westport, CT 06880
203-454-3070
www.behaviortherapyct.com
Adults and Adolescents

Wilkins Center for Eating Disorders
7 Riversville Road
Greenwich, CT 10530
203-531-1909
www.wilkinscenter.com
Adolescents with Eating Disorders

Private Practice - DBT

Anna Atkinson Karashik, LCSW
90 Grove Street, Suite 211
Ridgefield, CT 06877
203- 894-8966

Brad Bloom, LCSW
Silver Hill Hospital
208 Valley Road
New Canaan, CT 06840
203-801-2350

Ava Diamond, MSW, LCSW
58 Pine Street
New Canaan, CT 06840
203-671-4152
Email: ava@avadiamondlcsw.com
Adults and Adolescents

Donna Dyer, LCSW
58 Pine Street
New Canaan, CT 06840
203- 966-9997

Haleh Ghanizadeh, MD, MPH, LLC
P.O. Box 537
Ridgefield, CT 06877
203-438-2441
hghanizadeh@sbcglobal.net

Suzanne Mallouk, MD
554 Riverside Avenue
Westport, CT 06880
203-559-5281
www.drssuzannemallouk.com

suzannemallouk@hotmail.com

Johanna Wekar, LCSW
24 Bailey Avenue
Ridgefield, CT 06877
203-253-5930
JWekar@gmail.com
Adults and Adolescents

COMMUNITY & PREVENTION PROGRAMS

Community Based Life Skills (CBLS) - conducted for young people ages 15 – 21 with DCF involvement. The program is designed to provide educational and experiential opportunities that have a positive impact on their growing independence and transition to adulthood, assist them in establishing a workable knowledge of community resources and supports available to them and instill the positive values of confidence, competence, and self-sufficiency.

Greater Bridgeport Area Prevention Program (GBAPP)
156-158 Mill Hill Avenue
Bridgeport, CT 06610
203-366-8255
Fax: 203-367-9588

Focus on K.I.D.S Program- A program specially designed for parents in high-conflict separations and divorces. K.I.D.S stands for the knowledge and insight parents' gain that allows them to make good decisions that lead to real solutions that will be in the best interest of their child. KIDS CLUB is an eight week therapeutic group for children ages 7-11 which uses fun projects and games to reinforce weekly topics including expressing feelings, self-esteem, self-control, problem solving and practicing social skills.

Family Centers
60 Palmers Hill Road
Stamford, CT 06902
Betsy Coons
203-655-4693
bcoons@familycenters.org

Family and Children's Agency
9 Mott Avenue
Norwalk, CT 06850
Ingrid Kurensky
203-855-8765 x342
ikurensky@fcagency.org

Jewish Family Services Stamford
733 Summer Street
Stamford, CT 06901
Erika Garcia
203-921-4161
erikag@ctjfs.org

Adolescent Pregnancy Prevention/Young Parents Programs (APP/YPP) - focuses primarily on adolescents who are pregnant or parenting. Teens are linked with appropriate health, educational, employment, case management, pregnancy, parenting and social services through grants to community-based providers.

Bridgeport Hospital Young Parents Program - Social Work Department
267 Grand Street, P.O. Box 5000
Bridgeport, CT 06610
203-384-3000 x2143

Greater Bridgeport Area Prevention Program - Central Administration Office
200 Mill Hill Avenue
Bridgeport, CT 06610
203-384-3629

Stamford Young Parents Program - Family Centers, Inc.
60 Palmers Hill Road
Stamford, CT 06902-2195
203-324-3167

Gang Prevention Programs - Domus Project Hope - Outreach program works to reduce youth violence by helping connect disenfranchised or disengaged youth and young adults ages 15 through 24 to positive activities.

83 Lockwood Avenue
Stamford, CT 06902
203-324-4277
www.domuskids.org

INTENSIVE OUTPATIENT & PARTIAL HOSPITALIZATION PROGRAMS *

Bridgeport Hospital - REACH Adolescent Service
305 Boston Avenue
Stratford, CT 06614
203-384-3377
www.bridgeporthospital.org

CT Counseling Center
20 N. Main Street
Norwalk, CT 06854
203-838-6508
www.ctcounseling.org

Family & Children's Agency
9 Mott Avenue
Norwalk, CT 06850
203-855-8765
www.familyandchildrensagency.org

St. Vincent's Medical Center
2800 Main Street
Bridgeport CT 06606
203-362-3900
www.stvincentsbehavioralhealth.org

Silver Hill Hospital – DBT provider
208 Valley Road
New Canaan, CT 06840
www.silverhillhospital.org

EXTENDED DAY TREATMENT PROGRAMS *

Boys & Girls Village
170 Bennett Street
Bridgeport, CT 06605
203-330-6790
www.bgvillage.org

Mid-Fairfield Child Guidance
100 East Avenue
Norwalk, CT 06851
203-299-1315
<http://childguidancemfct.org/>

HOME BASED MENTAL HEALTH SERVICES

Care Coordination (CC) - Care Coordination is a family-focused, child-centered model that assists in managing multiple community services. Emphasis is placed on the current strengths and needs of the family.

Child and Family Guidance Center
180 Fairfield Avenue
Bridgeport, CT 06604
203-394-6529
www.cgccb.org

Child Guidance Center of Southern CT
103 West Broad Street
Stamford, CT 06902
203-324-6127
www.childguidancect.org

Mid Fairfield Child Guidance Center, Inc.
100 East Avenue
Norwalk, CT 06851
203-299-1315
www.childguidancemfct.org

Child First (CF) - innovative program that provides home-based therapeutic intervention and hands on connection to community resources for children ages birth to 5 years of age and their families.

Bridgeport Hospital
267 Grant Street
Bridgeport, CT 06610
203-384-3626

Child Guidance Center of Southern Connecticut
103 West Broad Street
Stamford, CT 06902

203-324-6127
www.childguidancect.org

Mid Fairfield Child Guidance Center, Inc.
100 East Avenue
Norwalk CT 06851
203-299-1315
www.childguidancemfct.org

Family Support Teams (FST) - offers intensive clinical services and support to children and youth returning from out-of-home care or who are at risk of requiring out-of-home care due to psychiatric, emotional, or behavioral difficulties. FST services are also provided to children and youth entering Therapeutic Foster Care. FST services are currently available only to children and families with DCF-involvement. Referrals to FST are made by the DCF Area Offices.

Boys & Girls Village
Bridgeport Office
170 Bennett Street
Bridgeport, CT 06605
203-330-6790
www.bgvillage.org

Functional Family Therapy (FFT) - manualized treatment model designed to prevent children and adolescents ages 11-17 from requiring psychiatric hospitalization or residential placement, or to support discharge from these out-of-home levels of care. It is designed to address both symptoms of serious emotional disturbance in the identified child as well as parenting practices and/or other family challenges that affect the child and family's ability to function.

Child and Family Guidance Center*
180 Fairfield Avenue
Bridgeport, CT 06604
203-394-6529
www.cgcb.org

Intensive In-Home Child and Adolescent Psychiatric Services (IICAPS) - IICAPS is an intensive, home-based service designed to address specific psychiatric disorders in the identified child, while remediating problematic parenting practices and/or addressing other family challenges that effect the child and family's ability to function. Efforts are also made within the service to improve the child's educational programming and to ameliorate any environmental factors that may contribute to the child's psychosocial adversity. IICAPS teams typically spend five hours per week working directly with children and their families and managing their care. Some flexibility in the number of hours of service per week is permitted but typically, for most weeks of service, no fewer than 4, or no more than 6 hours of direct care are provided.

Boys & Girls Village*
170 Bennett Street
Bridgeport, CT 06605
203-330-6790
www.bgvillage.org

Family & Children's Aid*
1470 Barnum Avenue
Bridgeport, CT 06610
203-275-5041

www.fcaweb.org

Family & Children's Agency*
9 Mott Avenue
Norwalk, CT 06850
203-855-8765
www.familyandchildrensagency.org

Multidimensional Family Therapy (MDFT) - Family-focused, ecologically oriented evidence-based model effective in the treatment of children/adolescents between the ages of 9 – 18 with substance abuse and/or dependence issues, or children/adolescents with disruptive behavior and/or co-morbid psychiatric issues who are at risk for substance abuse. MDFT is designed to reduce the influence of factors that place a child/adolescent at risk for substance abuse while strengthening the presence of protective factors, such as supporting a positive parent-child relationship. Eligibility for MDFT services does not require DCF-involvement.

Boys & Girls Village*
Bridgeport Office
170 Bennett Street
Bridgeport, CT 06605
203-330-6790
www.bgvillage.org

Child Guidance Center of Southern Connecticut*
103 West Broad Street
Stamford, CT 06902
203-324-6127
www.childguidancect.org

Connecticut Renaissance*
1120 Main Street
Bridgeport, CT 06601
203-367-7570
www.ctrenaissance.com

Family & Children's Aid*
1470 Barnum Avenue
Bridgeport, CT 06610
203- 275-5041
www.fcaweb.org

Multi-Systemic Therapy (MST) - evidence based treatment model designed to divert children and adolescents ages 11 to 17 from residential substance abuse and juvenile justice treatment systems or to support discharge from inpatient levels of care. While children/adolescents with disruptive behavioral and/or substance abuse symptoms are the focus of intervention, the model relies on ecological, family and systemic interventions to assist in the reduction of symptoms.

Child and Family Guidance Center*
180 Fairfield Avenue
Bridgeport, CT 06604
203-394-6529
www.cgcb.org

Connecticut Renaissance*
1120 Main Street
Bridgeport, CT 06601
203-367-7570
www.ctrenaissance.com

Youth Equipped for Success (YES!) - offered to adolescents and their families who are court involved and are struggling with substance use, anger management and/or family challenges. To address these concerns, the program implements Motivational Enhancement Therapy/Cognitive Behavioral Therapy 12, Family Support Network, Brief Strategic Family Therapy (BFST), Anger Replacement Training (ART) and VOICES. The YES! Programs utilize a variety of treatment modalities such as home based treatment, but is primarily center-based.

Connecticut Renaissance
17 High Street
Norwalk, CT 06851
203- 854-2915
www.ctrenaissance.com

Connecticut Renaissance
1120 Main Street
Bridgeport, CT 06601
203- 368-9755
www.ctrenaissance.com

SUBSTANCE ABUSE TREATMENT

CT Counseling Center*
20 N. Main Street
Norwalk, CT 06854
203-838-6508
www.ctcounseling.org

Connecticut Renaissance*
17 High Street
Norwalk, CT 06851
203-854-2915
www.ctrenaissance.com

Connecticut Renaissance*
1120 Main Street
Bridgeport, CT 06601
203-367-7570
www.ctrenaissance.com

Family Resource Associates*
3300 Main Street
Stratford, CT 06614
203-378-4514
www.familyresourceassociates.com

PSYCHIATRIC RESIDENTIAL TREATMENT FACILITY (PRTF) - Psychiatric Residential Treatment Facility (PRTF) is a community based inpatient facility that provides psychiatric and other therapeutic and clinically informed services to individuals under age 21, whose immediate treatment needs require a structured 24-hour inpatient residential setting that provides all required services (including schooling) on site while simultaneously preparing the child/adolescent and family for ongoing treatment in the community. There are currently four in the state.

www.ctbhp.com/providers/forms/PRTF_Referral_Form.pdf

Boys & Girls Village
528 Wheelers Farms Rd
Milford, CT 06461
203-877-0300
Fax: 203-876-0076

The Children's Center of Hamden
1400 Whitney Avenue
Hamden, CT 06517
203-248-2116
Fax: 203-248-2572

Solnit South Campus PRTF
915 River Road
Middletown, CT 06457
860-704-4015
Fax: 860-704-4260

The Village for Families & Children
1680 Albany Avenue
Hartford CT 06105
860-297-0585
Fax: 860-523-0346

RESIDENTIAL TREATMENT CENTERS (RTC) - A Residential Treatment Center (RTC) is a 24 hour facility licensed as such by the State of Connecticut or appropriately licensed by the state in which it is located, and not licensed as a hospital, that offers integrated therapeutic services, educational services and activities of daily living within the parameters of clinically informed milieu and based on a well-defined, individually tailored treatment plan. This level of care is reserved for those children/adolescents whose psychiatric and behavioral status warrants the structure and supervision afforded by a self-contained setting that has the ability to offer all necessary services including an on-site educational program, and provide line of sight supervision *when necessary*.

There are currently no Residential Treatment Centers located in Region 1

THERAPEUTIC GROUP HOMES (GH2.0) - A Level II Therapeutic Group Home (TGH) is a small, four- to- six bed, DCF or DMR licensed program located in a neighborhood setting with intensive staffing level and services offered within the context of a 24/7 home-like milieu. It is a highly structured treatment program that creates a physically, emotionally and psychologically safe environment for children and adolescents with complex behavioral health needs who need additional support and clinical intervention to succeed in either a family environment or in an independent living situation.

Community Residence Inc.
75 North Acre Place
Stratford, CT 06614
203-380-8426

Youth Continuum
Laurel House
657 Laurel Avenue
Bridgeport, CT 06605
203-333-2690

Youth Continuum
Harbor House
1108 Fairfield Avenue
Bridgeport CT 06605
203-562-3396

PASS GROUP HOMES (GH1.5) - A Level 1 Group Home is a moderately sized, approximately six to twelve bed program located in a neighborhood setting that is staffed with non-clinical paraprofessionals who provide specialized child-care services offered within the context of a 24/7 home-like milieu. It is a structured service program that creates a physically, emotionally and psychologically safe environment for adolescents (ages 12 –18) with mild to moderate behavioral health needs who are either too young or lack the skills necessary to move into a transitional living program or independent living situation.

Domus Foundation, Inc. - Domus House
225 Washington Blvd
Stamford, CT 06902
203-524-4160

Domus Foundation, Inc. - Passages
102 Clinton Avenue
Stamford, CT 06902
203-524-4160

Project Return
Westport GH
124 Compo Road
Westport, CT 06880
203-222-8129

Greater Bridgeport Adolescent Program – MI Casa - Maternity group home (GH1.0)
25 Ford Place
Bridgeport, CT 06610
203-579-4263

SUPPORT GROUPS

NAMI Fairfield
Friends & Family Support Group
First Congregational Church
148 Beach Rd., Fairfield
1st Wednesday - Speaker Meeting; 3rd Wednesday - Support Group
7:30-9:00pm
Judy 203-650-3463

NAMI Stamford Greenwich
Friends & Family Support Group
Tully Health Center

32 Strawberry Hill Court, Conf. Rm. B, Stamford
1st Wednesday, and 3rd Wed. Educational Meetings (call to see if scheduled)
7:30 – 9:00pm
Peter 203-322-3383
Lorraine 203-858-1477

New Canaan (program of NAMI Stamford Greenwich)
Silver Hill Hospital
208 Valley Road
Jurgenson Bldg. Group Room 1
2nd Tuesday, 7:00-8:30pm
Peter 203-322-3383
Lorraine 203-858-1477

Norwalk (program of NAMI Stamford Greenwich)
Norwalk Hospital, CP2 Conference Room
34 Maple Street, Norwalk, CT 06850
1st Tuesday, 6:30-8:30pm
Lucie 203-855-3530

Westport (program of NAMI Stamford Greenwich)
St. Vincent's Behavioral Health Services
(formerly Hall-Brooke Behavioral Health Services)
47 Long Lots Road, Community Room
Last Tuesday, 6:30-8:00 p.m.
Jenna 203-286-4697 or jrm6855@yahoo.com

Grandparents as Parents Support Groups (GAPS) - offers psycho-education and support for grandparents raising their grandchildren.

Child and Family Guidance Center
180 Fairfield Avenue
Bridgeport, CT 06604
203-394-6529 x3025
www.cgcb.org

Our Place. The Place to Be for Young Adults - The Kennedy Center offers this group for Young Adults ages 17-21 with special needs entering those transitional years into their 20s! Enjoy music, dancing, games, art, cooking, snacks and more! Our Place meets on the third Tuesday of each month from 7:00-9:00 p.m. There is a fee of \$10 per session, and registration is required.

The Kennedy Center, Senior Options Building,
30 Lindeman Drive
Trumbull, CT 06611
203-332-4535 ext. 223
Email: oppunlimited@kennedyctr.org.

Pizza Moms A support group of moms with special needs children in the Fairfield County Area.

Darien, 1st Tuesday of every month at 7:30pm
Post Corner Pizza Restaurant in Darien on Boston Post Road (across from the Firehouse)
Email: nanette618@gmail.com

Greenwich, Every 3rd Wednesday of the month at 7:00pm.
Bella Nonna in Cos Cob (371 East Putnam Avenue). Pizza, salad and beverages are served.

Email: angelmanmom@aol.com

Bridgeport Parents for Empowerment, Support & Training (BPEST) - The Bridgeport Parents for Empowerment, Support and Training
2nd Wednesdays at 6:00pm, 3rd Fridays at 9:30am, Spanish meetings are held the 1st Thursdays at 6:00pm
AnnaMarie Saez
203-337-4403 x336
ASaez@theparkproject.org

MENTORING

Big Brothers/Big Sisters of Southwester CT - CCC Youth Mentoring Program
2470 Fairfield Avenue
Bridgeport, CT 06605-2647
203-366-3766 or 800-240-7186
www.bbbsswct.org

Prime Time Intensive Mentoring Program
The Nehemiah Commission
1600 State Street
Bridgeport, CT 06605
203-384-6158

Cardinal Shehan Center
1494 Main Street
Bridgeport, CT 06604
203-336-4468
www.shehancenter.org

Casey Family Services – Bridgeport Division
777 Main Street
Bridgeport, CT 06604
800-332-6991 or 203-372-3722
www.caseyfamilyservices.orgview

Family Re-Entry -Bridgeport
126 Washington Avenue 3rd Floor
c/o First Baptist Church
Bridgeport, CT 06604
203-382-1190
www.familyreentry.org

Goodwill Industries of Western Connecticut
165 Ocean Terrace
Bridgeport, CT 06605
203- 581-5370
www.goodwillwct.org

Hall Neighborhood House
52 George E. Pipkin's Way
Bridgeport, CT 06608
203-345-2051
www.hallhouse.org

Jewish Family Services
2370 Park Avenue
Bridgeport, CT 06604
203-366-5438
www.jfsct.org

School Volunteer Association of Bridgeport
280 Tesiny Avenue
Bridgeport, CT 06606-2893
203- 275-1120
www.svabridgeport.org

Voluntary Action Center of Coastal Fairfield County
75 Washington Avenue
Bridgeport, CT 06604
203- 339-6310
www.givetimenow.org

First Tee Mentoring Program
c/o Fairchild Wheeler Golf Course
2390 Easton Turnpike
Fairfield, CT 06825
www.thefirstteemetny.org

Human Services Council
One Park Street
Norwalk, CT 06851
203-849-1111
www.hscct.org

Norwalk Coalition of Urban Youth Initiatives
70 South Main Street
Cornerstone Community Development Corp.
Norwalk, CT 06854
203-857-0698
cornerstonecdc@sbcglobal.net

Norwalk Housing Authority- Learning Center
20 West Avenue
Norwalk, CT 06854
203-838-8471
www.norwalkha.org

Norwalk Housing Authority – Colonial Village Learning Center
128 Scribner Avenue
Norwalk, CT 06854
203-831-8508
www.norwalkha.org

Norwalk Housing Authority – Meadow Gardens
Meadow Street
Norwalk, CT 06854
203-838-8471
www.norwalkha.org

Norwalk Housing Authority – Roodner Court Learning Center
261 Ely Avenue
Norwalk, CT 06854
203- 838-8471
www.norwalkha.org

Norwalk Housing Authority – Washington Village Learning Center
Raymond and Day Street
Norwalk, CT 06854
203- 838-8471
www.norwalkha.org

Voluntary Action Center of Coastal Fairfield County – Human Service Council Office
One Park Street
Norwalk, CT 06851
203-939-1601
www.givetimenow.org

Boys and Girls Club of Stamford
347 Stillwater Avenue
Stamford, CT 06902
203-324-0594
www.bgcastamford.org

Sikorsky Mentoring Program
6900 Main Street
Stratford, CT 06614
203- 386-5672

Families in Crisis- Boys and girls ages 6-14 that reside in Bridgeport, Hartford, New Britain, Norwalk, New Haven and Waterbury Connecticut and have a parent in prison are eligible for a mentoring program.
Phone: 203-573-8656

AFTER SCHOOL PROGRAMS

YMCA of Norwalk - after-school programs for elementary and middle school children
370 West Avenue
Norwalk, CT 06850
203-866-4425

Wilton YMCA - teen programs and a variety of sports and educational classes
404 Danbury Road
Wilton, CT 06897
203-762-8384

Boys and Girls Clubs of America - clubs operate in many Fairfield county locations including Fairfield, Southport, Bridgeport, Redding-Easton, Ridgefield, Stamford, Shelton, Greenwich offering a variety of programs including after-school clubs with homework Power Hour, science and arts classes, leadership and career preparation courses and a big selection of sports programs

Boys & Girls Club of Stamford, Inc.
Stamford, CT 06902
203-324-0594
www.bgcastamford.org

Wakeman Memorial Association, Inc.

Southport, CT 06890
203-259-4805
www.wakemanclub.com

Stratfield Unit
Fairfield, CT 06825
203-374-1108
www.wakemanclub.com

Greenwich Boys & Girls Club
Greenwich, CT 06830
203-869-3224
www.bgcg.org

Redding Extension - Jesse P. Sanford Boys & Girls Club of Redding
Redding, CT 06896
203-938-3166
www.rbgc.net

Wakeman Boys & Girls Club Smilow-Burroughs Clubhouse
Bridgeport, CT 06605
203-334-0293
www.wakemanclub.com

The Ridgefield Boys & Girls Club, Inc.
Ridgefield, CT 06877
203-438-8821
www.rbgclub.com

Jesse P. Sanford Boys & Girls Club of Redding, Inc.
Redding Ridge, CT 06876
203-938-3166
www.rbgc.net

Jerome Orcutt Boys & Girls Club
Bridgeport, CT 06608
203-384-1251

Youth Employment

Trafigura Work & Learn Business Center - Domus Community Center
83 Lockwood Avenue
Stamford, CT 06902
203-324-4277
www.info@domuskids.org

AUTISM SERVICES

Abilis L.I.F.E. - (Life Skills, Independence, Friendships, and Employment (L.I.F.E.) is designed to help its participants live independent lives and serves young adults 18-24, with a diagnosis of Autism, PDD, Asperger's Syndrome or a related disorder of social communication development.

Abilis Autism Program
Stamford, CT 06905
203-324-1880 X327

Dr. Susan Izeman
Email: izeman@abilis.us

<https://www.autismspeaks.org/family-services/grants/developing-curriculum-abilis-life-program>

CT Family Support Network - Support group for Parents of Children with Disabilities and/or Special Health Care Needs
Southwest Regional Coordinator: Karleen Craddock
203-400-0105
Email: kcraddock@ctfsn.org
<http://www.ctfsn.org>

Friends of Autistic People
974 North Street
Greenwich, CT 06831
203-661-8510
www.austisicadults.com

The Pilot House
240 Colony Street
Fairfield, Connecticut 06824
203-292-8452
Email: info@thepilothouse.org
www.thepilothouse.org

Kennedy Center – Lindeman site - Spanish speaking support group for parents of children with autism
39 Lindeman Drive
Trumbull, CT 06611
203-332-4535 or 800-300-8029
203- 365-8535 TTY
www.thekennedycenterinc.org

Academy for Young Minds - provides support to families in Bridgeport, Danbury, Darien, Easton, Fairfield, Milford, Monroe, New Canaan, New Haven, Newtown, Norwalk, Redding, Ridgefield, Stamford, Stratford, Trumbull, West Haven, Weston, Westport, and Wilton.
50 Washington Street, #502
Norwalk, CT 06854
888- 355-3255 x2003

Little Learners - provides support to families in Darien, Greenwich, and Stamford.
1150 Summer Street
Stamford, CT 06905
203-324-1880 x327

The Global and Regional Asperger Syndrome Partnership (GRASP) - Resources for people with Asperger & Autistic Spectrum Disorders in Connecticut
www.grasp.org

Maggie Casciato
PDD/Asperger Support Group - info related to mild end of autism/PDD spectrum
Fairfield Public Library
Pddct@hotmail.com
www.PDDAspergerSupportCT.org

Council on Developmental Disabilities
460 Capitol Avenue
Hartford CT 06106-1308
860-418-6160

maggie.carr@po.state.ct.us
www.state.ct.us/ctcdd

Office of Protection and Advocacy for Persons with Disabilities
60 B Weston Street
Hartford CT 06120-1551
860-297-4300 or 860-566-8714 or 800-842-7303 (in CT)
hn2571@handsnet.org
www.state.ct.us/opapd

The Asperger's Association of New England - ASD & Asperger Resources for Parents in Connecticut-AANE is committed to providing a supportive, understanding community for individuals, families and professionals throughout New England
www.aane.org

The Connecticut Autism Spectrum Resource Center
1978 Whitney Avenue
Hamden, CT 06517
203-248-5222
www.ct-asrc.org

ADDITIONAL RESOURCES

Alcoholics Anonymous® (AA) - fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership as it is self-supporting through own contributions.

Norwalk/Darien
Intergroup Association of Fairfield County
203-855-0075 or CT state-wide 866-783-7712
www.fairfieldcountyintergroup.com

Connecticut Community for Addiction Recovery (CCAR): organizes the recovery community (people in recovery, family members, friends and allies) by promoting recovery from alcohol and other drug addiction through advocacy, education and service.

Bridgeport Recovery Community Center, Recovery on the Sound
49 Cannon Street (rear)
Bridgeport, CT 06604
203-332-3303 or statewide 1-800-708-9145
Fax: 203-332-3306
Michael Askew michael@ccar.us
www.ccar.us

Connecticut Legal Services - Connecticut Legal Services provides special education representation to low income clients. Community education materials can be found at: www.larcc.org under publications of children with disabilities.

800-233-7619
Email: povertylaw@connlegalservices.org
www.connlegalservices.org

Connecticut Lifespan Respite Coalition (CLRC) - determines the need for respite care and the types of care needed in each part of the state, providing information to caregivers and providers about respite issues, needs and resources with an effective system for assuring that care is available to - and easily accessed by - every caregiver who needs it throughout the state.

2138 Silas Deane Highway

Rocky Hill, CT 06067
877-737-1966
Email: ctrespite@cox.net
www.ctrespite.org

Connecticut Medical Home Initiative for Children and Youth with Special Healthcare Needs - for youth ages 0 to 21 who have or are at increased risk for a chronic physical, developmental, behavioral or emotional condition and who also require health and related services of a type or amount beyond that required by children generally.

Stamford Health Systems
866-239-390

FAVOR - Family Advocacy- services include direct family advocacy, system advocacy, education and training, support, technical assistance and consultation.

2138 Silas Deane Highway
Rocky Hill, CT 06067
860-563-3232

Infoline- (211) - Connecticut's free information and referral service. Simply by dialing 2-1-1, a toll-free number throughout Connecticut, callers can reach knowledgeable, multilingual staff and get information, referrals or seek help in a crisis. 2-1-1 operates 24 hours a day, every day of the year.

The National Alliance on Mental Illness - Connecticut (NAMI-CT) is dedicated to the eradication of mental illness and to the improvement of the quality of life of those whose lives are affected by these diseases. The organization serves as an alliance of individuals, families, and friends of those with mental illness, of persons who have or have had mental illness, and of NAMI-CT local Affiliates and Associate members.

241 Main St., 5th floor
Hartford, CT 06106
1-800-215-3021

Hotlines

Al-Anon/Al-A-Teen: 1-888-425-2666

Alcohol/Drug Abuse Hotline: 1-800-662-HELP

Eating Disorders Hotline 1-888-236-1188

Gay, Lesbian, Bisexual and Transgender Youth Hotline: 1-800-850-8078

National Child Abuse Hotline: 1-800-422-4453

National Domestic Violence Hotline: 1-800-799-SAFE (7233)

National Runaway Switchboard: 1-800-621-4000

National Youth Crisis Hotline: 1-800-448-4663

Nine Line (Teens in Crisis): 1-800-999-9999

Planned Parenthood: 1-800-230-PLAN

Teen AIDS Hotline: 1-800-440-TEEN

RESOURCES FOR ADULTS IN THE BRIDGEPORT/NORWALK /STAMFORD AREA

(*Medicaid Covered Service)

CRISIS LINES

| | |
|--|---|
| Greater Bridgeport Community Mental Health Crisis: | 203-551-7507 (8am-6pm) 800-586-9903 (24 Hours) |
| F.S. DuBois Center Crisis: | 203-358-8500 (8am-6pm) |

LOCAL MENTAL HEALTH AUTHORITIES (LMHA)

Greater Bridgeport Community Mental Health Center
1635 Central Avenue
Bridgeport, CT 06610
203-551-7400

F.S. DuBois Center
780 Summer Street
Stamford, CT 06905
203-388-1600

Southwest CT Mental Health System
97 Middle Street
Bridgeport, CT 06604
203-579-7300

OUTPATIENT CLINICS *

Catholic Charities of Fairfield
238 Jewett Avenue
Bridgeport, CT 06606
203-416-1322
ccfairfield.org

LifeBridge Community Services Inc.
475 Clinton Ave
Bridgeport, CT 06605
203-368-4291
www.lifebridgect.org

Family Centers
60 Palmer's Hill Road
Stamford, CT 06902
203-324-3167
www.familycenters.org

Family Centers
40 Arch Street

Greenwich, CT 06830
203-869-4848
www.familycenters.org

Family Resource Associates, LLC
3300 Main Street
Stratford, CT 06614
203-378-4514
www.familyresourceassociates.com

Jewish Family Services
2370 Park Avenue
Bridgeport, CT 06604
203-366-5438
www.jfsct.org

Optimus Health Care
Bridgeport Community Health Center
471 Barnum Avenue
Bridgeport, CT 06608-2409
203-333-6864
www.optimushealthcare.org

Optimus Health Care
Ralphola Taylor Community Health Center
790 Central Avenue
Bridgeport, CT 06607
203-332-4567
www.optimushealthcare.org

Optimus Health Care
Optimus Washington Boulevard
1351 Washington Boulevard
Stamford, CT 06902
203-621-3700
www.optimushealthcare.org

St. Vincent's Medical Center
2400 Main Street
Bridgeport CT
203-362-3900
www.stvincentsbehavioralhealth.org

INTENSIVE OUTPATIENT PROGRAMS/PARTIAL HOSPITALIZATION PROGRAMS *

Bridgeport Hospital - REACH Adult and Older Adult Service
305 Boston Avenue
Stratford, CT 06614
203-384-3377
www.bridgeporthospital.org

Norwalk Hospital Association
24 Stevens Street
Norwalk, CT

203-852-2988

St. Vincent's Medical Center
2400 Main Street
Bridgeport CT
203-362-3900
www.stvincentsbehavioralhealth.org

St. Vincent's Medical Center
47 Long Lots Road
Westport, CT 06880
203-227-1251
www.stvincentsbehavioralhealth.org

SUBSTANCE ABUSE TREATMENT *

Regional Network of Programs - detox
425 Grant Street
Bridgeport, CT 06610
203-416-1915

Bridgeport Hospital - detox
267 Grant Street
Bridgeport, CT 06606
203-384-4138

St. Vincent's Medical Center – Behavioral Health
2800 Main Street
Bridgeport, CT 06606
203- 229-1251

CT Renaissance, Inc. - detox
350 Fairfield Avenue
Bridgeport, CT 06604
203-336-5225

Stamford Hospital - detox
30 Shelbourne Road
Stamford, CT 06902
203-325-7000

Greenwich Hospital - detox
5 Perryridge Road
Greenwich, CT 06830
203-863-3000

The Connection, Inc.
205 Orange Street
New Haven, CT 06510
203-776-9900

Connecticut Community for Addiction Recovery (CCAR) - organizes the recovery community (people in recovery, family members, friends and allies) by promoting recovery from alcohol and other drug addiction through advocacy, education and service. CCAR also provides **Telephone Recovery Support** to help people in recovery stay in recovery. A person new in recovery receives a weekly call from a trained person to check in and see how their recovery is going. On average, people receive calls for fourteen weeks, often times much longer. Recoverees can also enroll online.

Statewide: 1-800-708-9145

Bridgeport Recovery Community Center - Recovery on the Sound

49 Cannon Street

Bridgeport, CT 06604

203-332-3303

www.ccar.us

Pregnant Addict Care Programs - provides pre-natal evaluations, health care, patient education and post-partum care for pregnant narcotic addicts.

CT Counseling Center

20 N. Main Street

Norwalk, CT 06854

203-838-6508

www.ctcounseling.org

Al-Anon Family Groups - A Twelve Step fellowship of relatives and friends of alcoholics who share their experience, strength, and hope in order to solve their common problems

Connecticut Al-Anon/Alateen Toll Free Number: 1-888-8AL-ANON (1-888-825-2666)

www.ctalanon.org/

Narcotics Anonymous - NA is a Twelve Step fellowship of men and women for whom drugs had become a major problem. Membership is open to all drug addicts, regardless of the particular drug or combination of drugs used.

Statewide: 800-627-3543

www.ctna.org/

Women's Recovery Support Program - is a voluntary substance abuse recovery and supportive housing program for single women supporting substance abuse recovery and to provide safe, affordable housing in addition to offering opportunities for personal growth and development. The Program strives to help women become part of the community. The women build a support system by connecting with the resources they need to maintain their recovery, find a job, and housing. Through all the support services provided by the program, women are typically living independently within 6 to 18 months.

126 Washington Avenue

Bridgeport, CT 06604

203-330-9304

METHADONE MAINTENANCE *

Liberation Programs Inc.

399 Mill Hill Avenue

Bridgeport, CT 06610

203-384-9301

New Era Rehabilitation Center

3851 Main Street, 2nd floor

Bridgeport, CT 06610

203- 372-3333

Regional Network of Programs
2 Research Drive
Stratford, CT 06615
Phone: 203-386-8802

Regional Network of Programs
1438 Park Avenue
Bridgeport, CT 06604
203-335-2173

CT Counseling Center
20 North Main Street
Norwalk, CT 06854
203-838-6508

Liberation Programs, Inc.
117 Main Street
Stamford, CT 06901
203-356-1980

AMBULATORY DETOX *

CT Counseling Center
20 North Main Street
Norwalk, CT 06854
203-838-6508

Liberation Programs Inc.
12 Main Street
Stamford, CT 06901
203- 356-1980

PROBLEM GAMBLING SERVICES

Hotlines

CT Council on Problem Gambling Toll Free Help Line: 1-888-789-7777 or 1-800-346-6238
National Problem Gambling Helpline: 800-522-4700

Better Choice Programs - gambling-specific treatment programs funded by the State of Connecticut. Services are offered at more than 16 locations in Connecticut through community agencies. Most programs offer a variety of outpatient services including: individual, group, and budget counseling for both problem gamblers and family members, psychiatric evaluation for both gamblers and family members, and couples and family counseling.

Positive Directions
420 Post Road, West
Westport, CT 06880
203-227-7644 x126

Connecticut Renaissance
141 Franklin Commons
Stamford, CT 06901
203-866-2541 x3005

Regional Network of Programs
480 Bond Street
Bridgeport, CT 06610
203-366-5817 x100

CASA (Chemical Abuse Services Agency) – Spanish speaking services
203-339-4112

Gamblers Anonymous - fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from a gambling problem.
www.gamblersanonymous.org

Domestic Violence Services

Connecticut Coalition Against Domestic Violence - offers counseling services, support groups, and advocacy services, and will as help identify shelters, programs and other resources.
24-hour statewide domestic violence hotline: 888-774-2900
www.ctcadv.org

Rape Crisis Services
888-999-5545

The Center for Women and Families of Eastern Fairfield County, Inc.
753 Fairfield Avenue
Bridgeport, CT 06604
203-334-6154
www.cwfefc.org

YWCA Greenwich
259 East Putnam Avenue
Greenwich, CT 06830
203-869-6501
24 Hour Hotline 203-622-0003
greenwich@ywconnect.org

Domestic Violence Crisis Center
777 Summer Street, Suite 400
Stamford, CT 06901-1022
203-588-9100
<http://www.dvccct.org>

Domestic Violence Crisis Center
5 Eversley Avenue
Norwalk, CT 06851-5821
203-853-0418
24-Hour Hotline 1-888-774-2900
<http://www.dvccct.org>

Domestic Violence Services, Inc.
65 High Ridge Road, Suite 378
Stamford CT 06905
203-965-0049
Hotline: 203-357-8162
<http://www.dvccct.org>

WOMEN & CHILDREN PROGRAMS

Birthright of Norwalk
71 East Avenue, Suite E
Norwalk, CT 06851
203-853-4872 or toll free 800-550-4900

Birthright of Stamford
388 Summer Street
Stamford, CT 06901
203-348-4355 or toll free 800-550-4900

Hopeline Pregnancy Resource Center
Ransoms Walk, Unit 5
Stratford, CT 06615
203-383-4385

Hopeline Women's Center
4083 Main Street
Bridgeport, CT 06601
203-333-2618 or 800-203-4673

Hopeline Women's Center
500 Monroe Turnpike
Monroe, CT 06468
800-203-4673

Malta House
Linda Gabriele, Executive Director
5 Prowitt Street
East Norwalk, CT 06855
203 857-0088
Fax: 203 857-0018

EMPLOYMENT SERVICES

Bridgeport BRS
Administrative Office
1057 Broad Street
Bridgeport, CT 06604
203-551-5500

Stamford BRS
1642 Bedford Street
Stamford, CT 06905
203-251-9430

Bridgeport CT Works Center
2 Lafayette Square
Bridgeport, CT 06604
203-455-2700

The Kennedy Center
2440 Reservoir Avenue
Trumbull, CT 06611
203-365-8522

PEER SUPPORT SERVICES

DMHAS Warm Lines - telephone services staffed by people with psychiatric disabilities who offer phone support to their peers. These lines are **not** crisis lines and the hours of operation vary at each facility.

Soundview Warmline - Greater Bridgeport Community Mental Health Center
Bridgeport, CT 06610
1-800-921-0359
5pm to 10pm, 7 days a week

Laurel House
Stamford, CT 06902
203-363-7174
5pm to 9pm, 7 days a week

Advocacy Unlimited, Inc.- educates consumers of mental health services so that individuals can make informed choices about their own care and chart their own futures. The goal is to integrate all persons, regardless of identified disabilities, into the larger community. Advocacy Unlimited's vision is to create a network of advocates, strategically placed throughout the state, equipped with the skills necessary to produce a loud and unified consumer voice.

300 Russell Road
Wethersfield, CT 06109
800-573-6929 or 860-667-0460

Connecticut Community for Addiction Recovery (CCAR) - CCAR, a leading Recovery Community Organization (RCO), is a 501c3 non-profit that operates four Recovery Community Centers located in Hartford, Willimantic, Bridgeport and New London, CT. CCAR also offers the following programs: Telephone Recovery Support, Recovery Housing Project and Recovery Oriented Employment Services.

860-244-2227 or 1-800-708-9145

For-U Focus on Recovery-United, including Recovery University - A consumer run and operated DMHAS funded organization, a Center of Excellence, and a wonderful resource for CT adults who experience psychiatric symptoms, and for their families and their care givers.

100 Riverview Center, Suite 272
Middletown, CT 06457
860-704-0556
Toll free in CT: 1-866-255-5029
Fax: 860-704-0767
www.focusonrecovery.org

The National Alliance on Mental Illness - Connecticut (NAMI-CT) - dedicated to the eradication of mental illness and to the improvement of the quality of life of those whose lives are affected by these diseases. The

organization serves as an alliance of individuals, families, and friends of those with mental illness, of persons who have or have had mental illness, and of NAMI-CT local Affiliates and Associate members.

241 Main St., 5th floor
Hartford, CT 06106
1-800-215-3021

DMHAS SOCIAL CLUBS

Bridge House
880 Fairfield Avenue
Bridgeport, CT 06605
203-335-5339

Pathways, Inc.
175 Milbank Avenue
Greenwich, CT 06830
203- 869-5656

Keystone House
131 East Avenue
Norwalk, CT 06851
203-855-7920

Laurel House
1616 Washington Blvd.
Stamford, CT 06902
203-324-1816

ADDITIONAL RESOURCES

Acquired Brain Injury (ABI) Support

The Kennedy Center
2440 Reservoir Avenue
Trumbull, CT 06611
203- 365-8522

Southwest Regional Mental Health Board

1 Park Street
Norwalk, CT 06851
203-840-1187
www.swrmhb.org

BASIC NEEDS in the BRIDGEPORT/NORWALK/STAMFORD AREA

Infoline - (211) is Connecticut's free information and referral service. Simply by dialing 2-1-1, a toll-free number throughout Connecticut, callers can reach knowledgeable, multilingual staff and get information, referrals or seek help in a crisis. 2-1-1 operates 24 hours a day, every day of the year.

Advocacy & Legal

Advocacy Unlimited, Inc. - educates consumers of mental health services so that individuals can make informed choices about their own care and chart their own futures. The goal is to integrate all persons, regardless of identified disabilities, into the larger community with a vision to create a network of advocates, strategically placed throughout the state, equipped with the skills necessary to produce a loud and unified consumer voice.

300 Russell Road
Wethersfield, CT 06109
800-573-6929 or 860-667-0460

The Connecticut Legal Rights Project, Inc. (CLRP) - an independent, nonprofit legal service organization, separate from DMHAS or any hospital or provider agency. The advocates and lawyers of CLRP represent clients who receive services from DMHAS in Connecticut. They work with people to express their wishes and to get their needs met. They make every effort to ensure that clients are informed of their rights and options concerning treatment and other life choices.

P.O. Box 351, Silver Street
Middletown, CT 06457
Main Office at CVH: 860-262-5030
Toll Free Number: 877-402-2299

The Connecticut Military Support Program (MSP) - The CT Military Support Program (MSP) addresses a range of problems facing Reserve Component military personnel and their families as they prepare for deployment or return to civilian life.

1-866-251-2913

The National Alliance on Mental Illness - Connecticut (NAMI-CT) - dedicated to the eradication of mental illness and to the improvement of the quality of life of those whose lives are affected by these diseases. The organization serves as an alliance of individuals, families, and friends of those with mental illness, of persons who have or have had mental illness, and of NAMI-CT local Affiliates and Associate members.

241 Main Street, 5th floor
Hartford, CT 06106
1-800-215-3021

FEDERALLY QUALIFIED HEALTH CENTERS (FQHC)

Southwest Community Health Center, Inc.
968 Fairfield Avenue
Bridgeport, CT 06605

Optimus Health Center, Inc.
982 East Main Street
Bridgeport, CT 06608

TRANSPORTATION

Logisticare - 888-248-9895
Dial-A-Ride - 866-906-RIDE

HOUSING RESOURCES AND HOMELESS SERVICES

YMCA – Central Connecticut Coast-Alpha Community Services - Families in Transition emergency shelters for families. Call first to see if there is a waiting list. The shelters provide lunch and dinner and cold breakfast items.

Emergency Family Shelter, Brooks Street Site
309 Brooks Street
Bridgeport, CT 06608
203-367-5830
www.cccymca.org

21 Clinton Avenue
Bridgeport, CT 06604
203-367-5830
www.cccymca.org

Norwalk Emergency Shelter/Open Door Shelter Homeless Shelter - for single adults and families.

4 Merritt Street
Norwalk, CT 06854
203-866-1057
norwalkemergencyshester.org

Operation Hope of Fairfield - shelter for men, women and families, food pantry, affordable Housing and a soup kitchen.

50 Nichols Street
Fairfield, CT 06824
203-254-2935
www.operationhopect.org

Town Housing Authority - manages subsidized rental programs for income eligible families with children and/or low income housing projects for elderly ages 62+ and residents ages 18+ who have disabilities.

Bridgeport
150 Highland Avenue
Bridgeport, CT 06604
203-337-8900

Charter Oak Communities
22 Clinton Avenue
Stamford, CT 06901
203-977-1400

Darien
2 Renshaw Road
Darien, CT 06820-5397
203-655-0866

Fairfield
15 Pine Tree Lane
Fairfield, CT 06825
203-366-6578

Greenwich
249 Milbank Avenue
Greenwich, CT 06830
203-869-1138

Monroe Fairway Acres
358 Wheeler Road
Monroe, CT 06468
203-261-7685

Norwalk
24 1/2 Monroe Street
Norwalk, CT 06854
203-838-8471

Ridgefield
25 Gilbert Street
Ridgefield, CT 06877
203- 438-9845

Stratford
295 Everett Street
Stratford, CT 06615
203-375-4483

Westport
5 Canal Street
Westport, CT 06880
203- 227-4672

Recovery Network of Programs – Prospect House shelter and SROs
392 Prospect Street
Bridgeport, CT 06604
203-576-9041

Interfaith Housing Association – Homes with Hope of Westport – Weston-Gillespie Center and Hoskins Place (men and women’s shelter)
45 Jesup Road
Westport, CT 06880
203-226-1191
www.hwhct.org

CT Transitional Housing - provides supportive housing with drug and alcohol treatment for select locations.

Urban Model Initiative Supportive
410 Poplar Street
Bridgeport, CT 06604
203- 333-3445

Huntington House Transitional Home
74 Huntington Road
Bridgeport, CT 06608
203-366-7012

Iranistan House Transitional Housing
964 Iranistan Avenue
Bridgeport, CT 06605
203-367-0025

Bridgeport Rescue Mission
1088 Fairfield Avenue
Bridgeport, CT 06601
203-333-4087

Homes for the Brave (for Veterans)
655 Park Avenue
Bridgeport, CT 06604
203-336-4745

SOUP KITCHENS & FOOD PANTRIES

Operation Hope of Fairfield
50 Nichols Street
Fairfield, CT 06824
203-254-2935
www.operationhopect.org

Bridgeport Rescue Mission
1088 Fairfield Avenue
Bridgeport, CT 06605
203-333-4087
www.bridgeportrescuemission.org

Interfaith Housing Association of Westport/Weston
45 Jesup Road
Westport, CT 06880
203-226-1191

United Congregational Church
877 Park Avenue
Bridgeport, CT 06606
203-335-3107

Bridgeport Rescue Mission
1088 Fairfield Avenue
Bridgeport, CT 06601
203-333-4087

Bridgeport Tabernacle
717 Clinton Avenue
Bridgeport, CT 06604
203-522-8582

Cavalry Saint Georges
755 Clinton Avenue
Bridgeport, CT 06604
203-333-5116 ext. 150

East End Tabernacle Baptist Church
548 Central Avenue
Bridgeport, CT 06607
203-333-3036

Golden Hill United Methodist Church
210 Elm Street
Bridgeport, CT 06604
203- 336-0152

Sterling House Community Center
2283 Main Street
Stratford, CT 06615
203-378-2606

Norwalk Emergency Shelter – Manna House of Hospitality
4 Merritt Street
Norwalk, CT 06854
203-866-1057
www.norwalkemergencyshester.org

New Covenant House of Hospitality
90 Fairfield Avenue
Stamford, CT 06902-5021
203-964-8228